



## 2018 – 2019

**Name of the Department/Society:** Society of General Awareness

**Name of the Event 2:** Happiness week

**Date of the Event:** 5th Sept, 2018

On embarking its voyage of Happiness Week, SGA Hansraj conducted a seminar on Stress Management on 5th Sept, 2018 which was the first day of its Happiness week. We had a successful [#bethatsmile](#) campaign on the second day of our Happiness Week, with an overwhelming response the 'Art-o-thon' contest conducted on the third day proved to be a massive hit.

On the fourth day of our Happiness week we posted 5 essential elements of Happiness, creating maximum awareness about it. Concluding the week, on the final day, we hosted a movie screening session of the movie 'Mr Bean's Holiday' and witnessed utter joy in the laughter of the viewers.

We are grateful to each one of you for being a part of our Happiness Week and making it successful! With this, SGA Hansraj urges you all to consciously choose to be Happy and live every moment to the fullest!







**हंसराज कॉलेज**  
— दिल्ली विश्वविद्यालय —

**HANSRAJ COLLEGE**  
University Of Delhi  
NAAC Grade A+ with CGPA 3.62

