



NAAC ACCREDITED 'A++' GRADE COLLEGE

2025-2026

Name of the Event: PRAVAHINI

Organised by: UDAAN: The Motivational Society

Date of the Event: 10th March, 2026

Duration/Event Timing: 12:40 PM to 3:00 PM

Venue of the Event: Library Auditorium, Hansraj College

Name of Coordinator: Adarsh Singh(President) and Himanshi Sangwan (Vice President)

Name of Convener: Dr. Vikash Singh

Description:

On the **occasion of International Women's Day, UDAAN, in collaboration with Shakti and Nishtha, organised PRAVAHINI**, a panel discussion and student interactive session aimed at encouraging reflection on the role of women in shaping society and preserving the cultural and intellectual ethos of the nation.

The event began with a warm welcome to the distinguished guests and attendees. The gathering introduced the central theme of the discussion, "**Stree as Sanskriti: The Living Constitution of Bharatiya Civilization**," which emphasised the idea that women have always been vital carriers of cultural values, knowledge, and social continuity.

Following the introduction, the Convenor of Shakti – Hansraj, Dr. Gyaneshwari, addressed the audience and shared her inspiring thoughts on the significance of celebrating women's contributions within both society and academia.

Honouring the rich traditions of Indian culture, the program then commenced with the ceremonial lighting of the lamp, symbolising knowledge, wisdom, and the triumph of light over darkness. The ceremony was performed by Principal Prof. Dr. Rama, along with the convenors and representatives of the organising societies.

After the lamp lighting ceremony, Dr. Gyaneshwari presented a brief overview of the initiatives and work undertaken by Shakti – Hansraj through a video presentation, highlighting the society's efforts in promoting dialogue, awareness, and empowerment among students.

The audience was then introduced to the **distinguished panel of speakers for the session, which included Dr. Seema Kaul Singh, Prof. Geeta Singh, Ms. Neha Shalini Dua, Dr. Deepali Preeti, Dr. Anupama Chakraborty, and Maa Rajalaxmi Manda**. As a gesture of appreciation and respect, the presidents and convenors of the organising societies presented mementos to the honoured guests.

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The panel discussion that followed offered a thoughtful exploration of the theme. The speakers reflected on the evolving role of women in society and emphasised their contributions as pillars of cultural preservation, intellectual development, and social transformation.

During the discussion, Dr. Deepali Preeti highlighted the importance of education, awareness, and collective responsibility in empowering women and fostering a more inclusive and progressive society. The panelists also addressed the challenges faced by women today and encouraged young individuals to actively contribute towards creating an environment of equality, dignity, and opportunity.

The event further included an engaging interactive session, during which students actively participated by asking questions and sharing their perspectives. The interaction created a dynamic exchange of ideas and allowed the audience to connect more deeply with the insights shared by the speakers.

A special video presentation highlighting the work and contributions of Maa Rajalaxmi Manda was also showcased during the program and was warmly appreciated by the audience.

The event concluded with a **Vote of Thanks** delivered by Dr. Gyaneshwari, expressing sincere gratitude to the distinguished guests, the Principal, faculty members, and all participants who contributed to the success of the session.

The occasion was finally commemorated with a group photograph with the honoured guests, followed by refreshments for the attendees.

PRAVAHINI served as a meaningful platform for dialogue and reflection, celebrating the strength, wisdom, and cultural significance of women while inspiring students to contribute towards a more inclusive and empowered society.

Five Geo-tagged Pictures:

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Attach Attendance Sheet:

Name	Course	Contact Number
Muhammed Thanveer	Ba program	7012998539
Anu Garg	Physical science with chemistry	8302967239
Adarsh Sengar	Bsc physical sciences	8115197588
Akhil Nayak	BA Prog	8700101115
Aditya	Bcom hons	7497813117
Aditi Pandey	Bba	9953540793
Harsh Gupta	B.Com Hons	7518033447
Arnav Tyagi	Bcom hons	9650593171
Shikha Gupta	B.com hons	9971536761

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Manik kumar	Philosophy	9507340224
Yash Pratap	B.Sc.(Honours) Chemistry	7037175132
Charvi Dosi	BA Program	09664214382
Gunjan Pareek	Ba programme	6378670104
Ashish meena	BSC life science	9289845610
Shivanki	Bsc(H) Anthropology	7006271270
Sudhanshu Dubey	B.com(H)	7291855735
Pema chonzom	Bsc anthropology	7628095769
Aman	B.com (Hons)	8901241375
SADANAND PATEL	MSc.Geology	8933883069
Meena	B.A hons economics	9911386346
Harshit upadhayay	B.sc chemistry hons	9956574389
DEVANSH SINGH	B.com honours	7065108221
Prateek Gupta	Bcom Hon	9319128813
Padma Landol	B.Com hons	7051795880
Deepak Gupta	Bsc hons. Chemistry	9084692877
Sahil Kumar	B.Sc Physical Science	8570992240
Achintya Rai	BA Programme	9795677000
Vivek Jain	B.A. Programme(Philosophy+Sanskrit)	7011632071
Ankur	Bcom hons	9582048580
Hanika	Bcom hons	9971916114
Aanchal	B.A. (H) English	7011500311
Aashutosh Singh Dangi	Ba hindi honors	6262964155
Deepika	B. Sc. Zoology hons	9531909175
Pradeep Singh	B.A Programme (Economics + History)	7297928967
Pradnya Deeliprao Jadhav	BA programme (economics+ Buddhist studies)	8767678758
Shubham Shinde	Ba program	9322577235
Pradnya Deeliprao Jadhav	BA programme (economics+Buddhist studies)	8767678758
Rocky kumar	B.A program	8800945182
Mahi Rana	B com hons	9828303074

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Shubham Shinde	Ba program	9322577235
Mercy	B.Com (Honours)	7085596920
Pulkit Yadav	Bsc chemistry hons	8595608816
R	G	8595608816
Fiza Naithani	BSc Hons Chemistry	9172430702
Prince Malik	Bsc(H) chemistry	7206160544
Kunal Gulyani	BA Prog	7838662590
Khushal Kumar ravi	Ba programme (Economics+ History)	7982265647
Priti kumari	BA Hons. History	6350370090
Vanshika Nandal	B.A. program	8950661696
Akhil Raj Yadav	BA Hons Philosophy	8604670885
Arpita kumari	Hindi honours	8797052002
Arpita kumari	Hindi honours	8797052002
Rohit	Hindi hons	8383070933
Sushil Gurjar	Ba program	7748820992
Divyam	Bsc geology (hons)	9667249395
Sajal Mittal	BSc Hons Computer Science	7877363073
Ayush Baloda	BA Economics Hons	9667147747
Meenal Gautam	Bsc hons anthropology	6393039838
Arun Rawat	B.A. Hindi Honours	9302071872
Satyam Kumar Singh	B.A(H)Philosophy	9931497194
Anuj Negi	English hons	8929492083
Ashish Kumar	BA hons History	7461061503
Shubhank bagri	BA Programme	8827464408
Akash kumar verma	BA programme	9616821817
Akhil Sharma	Physical science	8126606354
Aayush	Bcom hons	9310074955
Abhisekh Dwibedi	BCOM Hons	8375027946
Tanish Chimaniya	B.com(Hons)	7898177019
Suraj Jaiswal	B.Sc.Hons Chemistry	8429542160

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Ronak Seth	Bsc(h) Computer Science	7060419690
Himanshi	B.A. (Hons) Economics	8851985829
Krishna P M	BA English Honours	9544710642
Aman Tibrewal	Bcom Hons	8709277737
Ekta Pandey	Chemistry honours	8287826821
Khushi singhal	BCom(hons)	8800732620
Ritu Chaudhary	B.Sc	6396540006
Deepak Sharma	Ba program(Sanskrit and philosophy)	8840317037
	Bcom	9667437087
Durva Jangra	economics honors	7428532608
ABHISHEK YADAV	BA hons political science	8765785758
Karan Singh	Chemistry hons	07056836397
Tanushree verma	Zoology hons	9650383694
Ranjana Singh Gurenia	BA program	7055487822
Anjali	Ba program	9289036916
Khushi	B.A English Hons.	8860223032
Simran	Ba programme	8882916974
Abhimanyu Singh Bora	Ba Programme	7838226780