

हंसराज महाविद्यालय

दिल्ली विश्वविद्यालय
महात्मा हंसराज मार्ग,
मलकागंज, दिल्ली - 110007
दूरभाष : 011-27667458, 27667747
ई-मेल : principal_hrc@yahoo.com
वेबसाइट : www.hansrajcollege.ac.in



HANSRAJ COLLEGE

UNIVERSITY OF DELHI
Mahatma Hansraj Marg
Malkaganj, Delhi – 110007
Tel.: 011-27667458, 27667747
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Website: www.hansrajcollege.ac.in

NAAC ACCREDITED 'A++' GRADE COLLEGE

2022-2023

Name of the Department/Society: Srishti Chetna-The Zoological Society

Name of the Event: Expressive Arts Therapy

Date of the Event: 29th March 2023

Srishti Chetna, the Zoological Society of Hansraj College organized a therapeutic session on "Expressive Arts Therapy" on 29th March 2023 at Old Seminar Room, HansRaj college. The session was conducted by Mrs Pavni Chopra, a counselling psychologist and a certified art therapist and hosted by Surbhi.

It started with Saraswati Vandana and lamp-lighting ceremony. Society convener, Dr. Mansi Verma introduced Mrs Pavni. The session started with all the participants using arts to express their negative emotions and anxieties. Then step-by-step participants were taught to get rid of their worries.

The session was truly a stressbuster for students and teachers alike.

SRISHTI CHETNA - THE ZOOLOGICAL SOCIETY
Hansraj College, University Of Delhi
Presents

Expressive Art Therapy

Are you looking for a unique way to express your thoughts and emotions?

Join **Pavni Chopra** in our upcoming expressive art therapy session!

Keynote Therapist :
Pavni Chopra

Specializations :

- Graduation in Psychology
- Masters in Clinical Psychology
- Certified Art Therapist

March 29, 2023
Hansraj College

SCAN OR CLICK ME

@ srishtichetna_hrc Zoology.hansraj Srishti chetna

PROF. (DR.) RAMA DR. KAVERI CHAKRABARTY DR. MANSI VERMA MR. NIRAJ KUMAR
PRINCIPAL TEACHER-IN-CHARGE CONVENER AND PRESIDENT
AND EVENT ORGANIZER EVENT ORGANIZER

HAVING DOUBTS CONTACT US - ANKIT 6003429754, DIVYANSHU 9389017149

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ATTENDANCE SHEET

S. No	Name	College
1	Rishika Jain	Hansraj College
2	Vivek kumar	Hansraj College
3	Smriti verma	Hansraj college
4	Shilpa	Hansraj
5	Riny Maheshwari	Hansraj College
6	Puneet Gupta	Hansraj College
7	Shashi	Hansraj College
8	Aditya Sah	Hansraj college
9	Linthoi Khomdram	Hansraj college
10	Esha Sharma	Hansraj College
11	Aditi Gupta	Hansraj college
12	Akanksha Singh	Hansraj Clg
13	Sonu Kumar	Hansraj College
14	Diksha pal	Hansraj College
15	Kashish	Hansraj College
16	Yash Kumar	Hansraj College
17	Tanisha bhati	Hansraj
18	Anshika kumari	Hansraj College
19	Ayush Shakya	Hansraj College
20	Sumit kumar chaurasia	Hansraj
21	Ayush Shakya	Hansraj College
22	Priyanka Choudhary	Hansraj
23	Pooja	Hansraj College
24	Akshat Mishra	Hansraj
25	Keshav Kumar	HansRaj College
26	Shakshi Sharma	Hansraj college
27	Palak saini	Hansraj College
28	Azra parveen	Hansraj College
29	RAVNEET	Hansraj College
30	RAVNEET	Hansraj College
31	Kanishka	Hansraj college
32	Alok Suman	Hansraj college

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33	Tanisha Tanya	Hansraj college
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35	Harjot kaur	Hansraj college
36	Ankit kumar	Hansraj college
37	Fiza Naithani	Hansraj College
38	Sneha Longani	Hansraj College
39	Abhishek Parashar	Hansraj College
40	RAVNEET	Hansraj College
41	ANJANEYA SHUKLA	Hansraj College
42	Nikhil Poswal	Hansraj College
43	Ishita Chadha	Hansraj
44	Shreya Pandey	Hansraj College
45	Mishthi Khurana	Hansraj College
46	Ganesh Bansal	Hansraj College
47	Ashish Verma	Hansraj College
48	Gargi	Hansraj College
49	Ridhi	Hansraj
50	Kasturi Saha	Hansraj College
51	Lakshay vijayi	Shivaji College
52	Priyanka kumari	Hansraj college
53	Ayushi Aryan	Hansraj College
54	Krishan Kant	Hansraj College
55	Palak Malhotra	Hansraj College
56	Ronak	Hansraj College
57	Aditya yadav	Hansraj college
58	Disha Gupta	Hansraj College
59	Aditya Kumar Tripathi	Hansraj College
60	Vinti Nanda	Hansraj College
61	sivank sharma	hansraj college
62	Shamaila Mustaqeem	Hansraj College
63	Silky Srivastava	Hansraj College
64	Ashima Chand	Hansraj College
65	Vani Jhalani	Hansraj College
66	Sameeksha R	Hansraj college

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67	Bikirina Borah	Hansraj College
68	SAURAV	Hansraj
69	Rohit Kumar	Hansraj
70	Ayush Thawait	Hansraj College
71	Anshika kumari	Hansraj College
72	Sahil	Hansraj College
73	Megha	Hansraj College
74	Kirti	Hansraj College
75	kanak	Hansraj college
76	Ifrah Sadaf	Hansraj College
77	Ekta Pandey	Hansraj College
78	Arshiya Shan	Indraprastha college for women
79	Kanishka	Hansraj college
80	Sukanya Singh	Hansraj College
81	Shivaangi	Shri Ram College of Commerce