



**2020-2021**

**Name of the Department/Society: Enactus**

**Name of the Event 3: Covid-19 Awareness Campaign**

**Date of the Event: 25<sup>th</sup> March, 2021**

During the pandemic time, it was very crucial that some workshop or session is provided to the entire team and their acquaintances for the betterment and not to create chaos. In this, we not only insisted on how an individual can remain calm but we also provided some ayurvedic tips to strengthen the immunity of the body. Moreover, some benefits of organic things and the importance of practising yoga were also discussed.

