



**हंसराज कॉलेज**  
— दिल्ली विश्वविद्यालय —

**HANSRAJ COLLEGE**  
**University Of Delhi**  
**NAAC Grade A++ with CGPA 3.71**

## **NSS Unit**

### **Art therapy session for Padhaku kids**

**(7th February, 2025)**

**Name of the Event:** Art Therapy Session for Padhaku kids

**Name of Society:** NSS Unit, Hansraj College

**Convenor of Society:** Dr. Apoorva Gupta, NSS Programme Officer

**NSS Unit of Hansraj College conducted an Art Therapy Session for Padhaku kids in collaboration with the Counselling Unit, Hansraj College.**

**Date of Activity:** 7 February, 2025

**Objective of the Event:** This event's objective was to encourage emotional well being and mindfulness of Padhaku kids

**Counselling Psychologists:** Mehar Pruthi and Rachel Alice

**Reporting Time:** 3:00 p.m.

**Event Venue:** Yagyashala, Hansraj College

**Target Audience:** Padhaku Students

#### **Description of Activity Conducted:**

- It was held in collaboration with the Counselling unit of Hansraj College.
- Various expressional activities were performed by the Padhaku kids
- The kids were made to draw a figurine of things they associate themselves with and write a few lines for someone they admire on it.
- Chocolates were distributed among the students as a token of appreciation.



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Poster of the Activity:



Selected images:







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**NSS Students involved: 10**

**Naveen Patel**

**Bamang**

**Shivangi Priya**

**Shivam Kumar**

**Yogesh-RDSE**

**Aniket Patel**

**Sujal kumar-RDSE**

Ayush Aman

Shivani

Vansh