

हंसराज कॉलेज

दिल्ली विश्वविद्यालय
महात्मा हंसराज मार्ग,
मलकागंज, दिल्ली-110007
दूरभाष : 011-27667458, 27667747
ई-मेल : principal_hrc@yahoo.com
वेबसाइट : www.hansrajcollege.ac.in



HANS RAJ COLLEGE

UNIVERSITY OF DELHI
Mahatma Hansraj Marg
Malkaganj, Delhi – 110007
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E-mail: principal_hrc@yahoo.com
Website: www.hansrajcollege.ac.in

NAAC ACCREDITED 'A++' GRADE COLLEGE

Gender Equality Cell

Open Mic: April 9, 2026

Name of the Event: Catharsis '26 – Open Mic Event

Organised by: Gender Equality Cell, Hansraj College (in collaboration with Ahavana and Counselling unit)

Date of the Event: 09-04-2026

Event mode: Offline

Name of Coordinator(s): GEC Members, Ahvana members and Counselling unit members

Name of Convener: Dr. Apoorva Gupta

Description of the Event:

The Gender Equality Cell, in its 2025–26 session, organized Catharsis '26, an open mic event aimed at providing a platform for creative expression and emotional release. The event was held offline at the MPH, C Block, and witnessed enthusiastic participation from 50+ students.

Participants showcased their talents through various forms such as poetry, music, storytelling, and comedy, each performance reflecting personal experiences, thoughts, and emotions. The event encouraged individuals to step forward, express themselves freely, and engage with a supportive and inclusive audience. The 2 judges were Ms. Rachael Alice (Psychotherapist) and Mr. Swastik Sawhney (Hansraj Alumni)

The event received an overwhelming response, with participants bringing diverse perspectives and creative energy to the stage. Each performance was limited to five minutes, ensuring a dynamic and engaging flow throughout the session. The top three performers were awarded prizes in recognition of their exceptional presentations. Overall, Catharsis '26 successfully fostered a sense of community, emotional openness, and artistic expression, making it a meaningful and memorable experience for all attendees.

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Poster of the Event:

CONFLUENS' 26
In collaboration with
Ahvana, Gender Equality Cell and Counselling unit
Hansraj College, University of Delhi
presents
Catharsis
AN OPEN MIC SESSION

Exciting prizes for first 3 winners

Venue : Multipurpose Hall C BLOCK
Date : April 9
Time : 10 AM Onwards

TO REGISTER



Contact for more queries and details
Anshika : 96430 33910
Vinayak : 81939 28516

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Geotag Images:



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List of Participants: 71

firstName	lastName	email	college	phone	rollNumber	course
0	Ritik	Gupta	devit3900@gma	Hansraj College	7488858506	245703429 B.Sc. (H) Comp
1	Shreya	Sharma	shreyasharma11	Hansraj	7827848029	245703446 bsc cs hono
2	Dishika	Rohilla	rohiladilya4@gm	Hansraj	9462314119	245703446 Bsc cs hono
3	K. P.	Sangeerthana	kpsangeerthana	Hansraj	9080432552	245563172 B.Sc. (H) Botany
4	Shereshtha	Verma	shereshthaverm	Hansraj	7033506083	245583555 B.Sc. (H) Electri
5	Anshika	N/A	aahvana.hrc@g	Hansraj College	9643033910	13110 B.Sc. (H) Botany
6	Hritik	Rathore	hrk.since.2005@	Hansraj College	7982155780	10917 B.A. (H) Econom
7	Nikita	Jakhar	nikijakhar142@c	Hansraj College	7339834544	245563177 Bsc botany Hons
8	Bhavna	Khatri	belenwilson55@	Hansraj college	9654407786	245563144 Bsc botany hono
9	Mukesh	Kumar	profession9947@	Hansraj College	7297052445	245703443 BSc Hons Comp
10	Piyush	Mittal	piyushmittal422	Hansraj	7208329237	245694095 B.Sc. (H) Zoolo
11	Yashika	Panchal	yashikapanchal4	Shivaji College	9871729305	23/43025 B.A honours Sa
12	SHRIYANSH	KAUSHAL	shriyanshkaush	HANSRAJ COLL	9826424034	25504231 B.COM HONS
13	Krishna	Agarwal	ka225200@gma	Sri aurobindo co	9528037897	3013 Bcom hono
14	Adarsh	Anand	yoursadarshana	Swami Shradddh	6287124656	45 Ba prog
15	Kunal	Ratnawat	kunalratnawat46	Hansraj College	8269043461	245101271 B.A. (H) Econom
16	Krishna	Yadav	krishnazone21@	Hansraj College	9981259466	245040072 Bcom Honours
17	Harshit	Sharma	harshitpraveens	Satyawati eve	9044002025	25bcp109 Bcom
18	Aditya	raj	adichamorvinci@	Hansraj	8252448032	245834259 B.Sc. Life Scienc
19	Medha	Sharma	medha.sharma2	Hansraj collage	7042939762	5037 B.A program
20	Ankit	Kumar	gmsk9934930@D	Dalhi School of	6292501151	DSJ/07 BA Journalism
21	ADITYA	SHARMA	adityasharma1aif	Jagan Institute o	8178938878	514021623 B.A. Hons Econ
22	Singh	Singh	angelsingh1206	Hansraj College	9311149229	5233 BA (Prog)
23	Daljeet	Singh	daljeet.singh222	Hansraj College	8587853435	25504058 B.Com. (H)
24	Krishna	Murari	krishnamurari@	Ram Lal Anand	7061788001	2028 Political science
25	Riya	Jha	rj3965454@gme	Mata Sundri coll	8851354462	Bap/22/236 Ba program
26	Kumar	Shubham	shubhamworld.0	Nil	7654350046	30013253502 Nil
27	sujal	pal	palsujal35@gme	Swami Shradddh	7428693214	1076 B. A. Honours E
28	Neha	N/A	neha859596@g	Lakshmbai Coll	8595968589	25503230 Bcom programm
29	Akshay	Mishra	akshaypratapmit	Sgtb Khalsa Coll	9140964244	2025BHS1091 BA Programme
30	Divyanshi	Shukla	shukla.divyanshi	Miranda House C	945014094	2024/1005 Geography hono
31	Vivek	Chauhan	vivek8081@gm	Dyal Singh Colle	8081316148	22B/CB035 Bcom(H)
32	Sameen	Khan	sameen366khan	Hansraj	9873893313	23331501263 Ba programme (
33	Khubika	Sagar	sagarkhubika@	Lakshmbai Coll	9084675301	25503189 B.com program
34	Raushan	Kumar	raushankumarr1	Department of P	8709715501	49 MA Philosophy
35	Nieel	Praveen	nieelpraveen@g	Hansraj College	8851119719	nieelpraveen@g B.A. (H) Econom
36	Aditi	Dwivedi	aditidwivedi@	Sri Aurobindo cc	8887934291	6021 Political science
37	Karim	N/A	karimjayed6633	KMC	7703915462	2212146 B.A(Hon's) Hind
38	MAHI	MISHRA	shewritesaheadt	Kamala nehru cc	9711905900	24/348 Journalism hono
39	Piyush	kumar	piyushk8945@g	Satyawati colleg	6287152604	847 BA program
40	Anusha	Thakur	010athakur@gm	Swami Shradddh	6207509515	6019 B.Sc. Botany ho
41	Muskan	N/A	muskanpandey2	Hansraj	7827293012	4536 BA program
42	Aaditya	Singh	hero8_team@gm	Atma Ram Sana	8860080998	34502 B.Sc. (prog) Phy
43	Priyanshi	Sinha	priyanshisinha1	Hansraj college	8709757395	245563160 B.Sc.(Hons.) Bo
44	Janvi	Gupta	janvigupta72784	Hansraj College	8810499784	10183 B.Com (hons)
45	Aditi	Nigam	nigamaditi34@g	Hansraj	8586026146	14216 Bsc program Lif
46	Aina	Pal Singh	annapalsinghpal	Satyawati colleg	9911006278	7006 B.A Political scie
47	Prakhar	Sahu	ashasahu973@	Sri Aurobindo Ct	7582931490	1084 Ba Program Pol
48	Shagun	Garg	shagunn175@g	Shaheed Rajagu	7453956478	2024434 BIO MEDICAL S
49	Kunal	Chaturvedi	kunalchaturvedi	Hansraj College	8433261266	25511037 B.A English Hon
50	Smriti	Singh	smritisingh0206	Dyal Singh Colle	9926963782	25/113039 Bcom Hons
51	Nidhi	Kumari	nidhi192005@gm	Hansraj college	8810515733	12519 B.A Programme
52	Diya	Chugh	pulkitsaachdeva	Sgtbimit	9818350044	690288823 Bcom honours
53	kushagra	shukla	kushagramusic0	Ggsipu	9811906436	1296502724 btech tse
54	Vikash	Tiwari	vikashrajdhani4	Rajdhani college	9565547493	4424 BSC prog physit
55	Rani	Khan	raizykhano0@gm	Maitreyi college	8076035511	23-4-01-006208 BA program
56	Satyam	Verma	satyam.ver1487	Hansraj	7011422582	25501041 Ba econo
57	Himanshi	Mehta	mehta.himanshi	Indraprastha coll	8630070573	25/CS/20 Bsc h computer
58	Saurav	Saurav	thesaurav2004@	Aryabhata colle	7827412986	BAP/23/87 BA psychology
59	Sonu Kumar	Singh	www.sonuku230	Pandit nekiram C	7999092970	1250692085 Ba political scier
60	Aditya	Deo	adityadeo410@	SRI Venkateshw	8235493858	1425044 Botany
61	Narvneet Singh	Lekhaansh	writerlekhaansh	Hansraj	8738005484	245101727 B.A. (H) Hindi
62	Riya	Sharma	ra911608@gmai	NIMC	8869024407	NIMC/2025/2515 BJMC
63	Neharika	N/A	neharika88261@	Hansraj College	9318448620	245101336 Eco hono
64	ABHINAV	KUMAR	abhijhamal@gm	kcc institue of te	9643618657	2404921530005 btech
65	Gopal	Kumar	itigopala0@gmai	Sri guru Tegh bh	9234529596	2023BHS1061 Ba programme
66	Sourabh	Upadhyay	sourabhkup07@	DU-SOL	8178630887	244146982S Political Science
67	Mukesh	Maurya	mauryamukesh1	Rajdhani college	8303413468	4411 BSC prog physit
68	Sundram	Keshari	sundramraaz14	Hansraj	9234990114	25510123 B.A. (H) Econom
69	Yogesh	Khanna	clipcast0825@g	Du sol	7959684899	8699 Bcom

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