

# हंसराज

## महाविद्यालय

दिल्ली विश्वविद्यालय

महात्मा हंसराज मार्ग,

मलकागंज, दिल्ली -110007

दूरभाष : 011-27667458, 27667747

ई-मेल : principal\_hrc@yahoo.com

वेबसाइट : www.hansrajcollege.ac.in



## HANSRAJ COLLEGE

UNIVERSITY OF DELHI

Mahatma Hansraj Marg

Malkaganj, Delhi – 110007

Tel.: 011-27667458, 27667747

E-mail: principal\_hrc@yahoo.com

Website: www.hansrajcollege.ac.in

### NAAC ACCREDITED 'A++' GRADE COLLEGE

### 2024-2025

**Name of the Event:** Celebration of International Day for Yoga

**Organised by:** NSS Unit, Hansraj College

**Date of the Event:** 21<sup>st</sup> June 2024

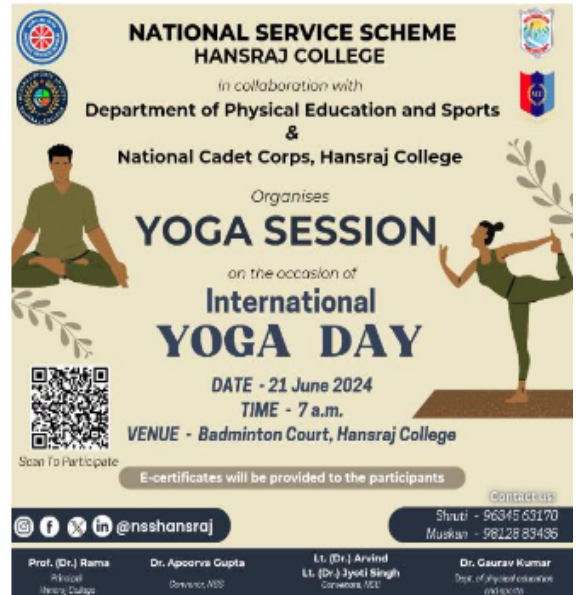
**Name of Convener:** Dr. Apoorva Gupta

#### Event Description:

**Activity:** Organization of Yoga Day Session at Hansraj College

**Yoga Instructor:** Priyanka Khurana

A yoga session was conducted at Hansraj College on 21 June, 2024 at 7 a.m. by an experienced yoga instructor Miss Priyanka Khurana. The session promoted the various benefits of doing Yoga and taught the participants the yoga asanas which can lead to a healthy and better lifestyle.



#### Pictures:



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### Attendance:

Neha

Karina

Mamta

Neha kumari

Rozikahtoon

Ritu

Sanjana

Akshita

Kashish

Shruti Gupta

Aditya Chaturvedi

Jaya Narang

Prof Dr Rama

Brahmjot Singh Hira

Ranjeet Singh Rana

AKSHITA

Tarun

Santoshi Bhawani Mishra

Muskan Yadav

Sanyam Gupta

Sanjeev Shukla

Rozi khatoom

Mamta

Mansi Gupta

Dorin Dina Mazumdar

Sadanand Patel

Chandan

Ajay Sharma

Deepasha rani

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**NAAC ACCREDITED 'A++' GRADE COLLEGE**

Apoorva Gupta

Sonakshi Bhageshwar

Suman

Mohan Sharma

Dishant kumar

Shradha

Golu Kumar

Gaurav Kumar

**Total Number of participants: 35**