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#### HANSRAJ COLLEGE

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#### **NAAC** ACCREDITED 'A++' GRADE COLLEGE

2024-2025

Name of the Event: A Free Health Camp by Fortis hospital

Organised by: Srishti Chetna- The Zoological Society of Hansraj College

Date of the Event: 9th October, 2024

**Duration/Event Timing: 12pm onwards** 

Venue of the Event: Yoga room

Name of the Teacher-In-Charge: Dr. Beena Bhandari

Name of Coordinator(s): Dr. Pooja Arora

Name of Convener: Dr. Pooja Arora, Dr. Vandana K. Singh

**Event Description (About 250 Words)** 

In an effort to promote health and wellness within the college community, Srishti Chetna, organized by the Zoological Department of Hansraj College, Delhi University, held a comprehensive health camp on 9<sup>th</sup> October 2024. The event, conducted in collaboration with Fortis Hospital, took place in the college yoga room from twelve p.m. to four p.m. and saw participation from over 100 attendees.

The camp featured a range of health services, including dental examinations, Body Mass Index (BMI) measurements, blood pressure and blood sugar screenings, and ECG tests. Additionally, discount coupons for mammography screenings were made available to participants, encouraging broader health awareness.

Supervised by a general physician, the camp was supported by five specialized teams dedicated to various health assessments. Each team operated with notable efficiency,

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providing attendees with thorough checkups, personalized recommendations, and tailored remedies as needed.

This initiative offered an invaluable opportunity for members of the college community to gain insight into their personal health. By addressing individual health concerns and providing preventive care advice, the camp highlighted the importance of regular health evaluations.

In conclusion, the health camp was a well-organized and impactful event, fostering a sense of health awareness and encouraging proactive care among students and faculty.

#### **Five Geo-tagged Pictures:**

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**Attach Attendance Sheet** 

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