



हंसराज कॉलेज  
— दिल्ली विश्वविद्यालय —

HANSRAJ COLLEGE  
University Of Delhi  
NAAC Grade A+ with CGPA 3.62

**2021-2022**

**Name of the Department/Society:** Hansraj Sports Society

**Name of the Event 4:** Basic Life Support Training Session

**Date of the Event:** 24<sup>th</sup> September 2021

On the 24th of September 2021, Hansraj Sports Society organized a 'Basic Life Training Session' with Dr. Vinu Varghese, Head of Training(N) of BKL Super specialty Hospital, New Delhi as our Guest Speaker, in Hansraj College Campus. The session began with the introduction of the guest and a welcome speech by Ds. Rama, the principal of the college. More than 130 students were a part of the session. Mr. Varghese had an intriguing talk about all the basic life-saving techniques in a very lucid and interactive way. He taught how to save a person's life in different situations with simple and sensible actions. Students and teachers also got a chance to clear their doubts and burst myths that were surfing in the society about the techniques of saving a life. Before the session ends, some students got an opportunity to perform how to save a life on a dummy body. The audience had an interactive session and learned the basic step to be followed in case of an emergency.

HANSRAJ COLLEGE  
University of Delhi

BLK-MAX  
Super Speciality Hospital

Department of Physical Education and Sports  
in collaboration with  
BLK - MAX Super Speciality Hospital  
presents

**BLS Training- Basic Life Support**  
For all teachers, students and non-teaching staff

All the attendees will be getting certificates from Hansraj College

Dr. M.P. Sharma  
Teacher Incharge

Dr. Rama  
Principal

Time: 11:00 AM - 12:00 Noon      Date: 24<sup>th</sup> September  
Venue: Hansraj College Auditorium