



NAAC ACCREDITED 'A++' GRADE COLLEGE

2024-2025

**Name of the Event: Anti-Addiction Awareness Programme by ETHICCRAFT
Hansraj Chapter**

Organised by: ETHICCRAFT Hansraj Chapter

Date of the Event: 01.10.2024

Duration/Event Timing: 1.00 PM to 3.00 PM

Venue of the Event: Multi-Purpose Hall, C-block, Hansraj College

Name of Coordinator(s): Dr Pooja Jha Maity, Dr Parul Pant

Student Coordinators: Mr Vivek and Mr Manik

Name of Convener: Dr Apoorva Gupta (NSS)

Event Description (About 250 Words)

On October 1st, ETHICCRAFT Hansraj Chapter and NSS organized an impactful Anti-addiction Awareness Programme at the Multi-Purpose Hall in Hansraj College. Led by faculty and student coordinators, this sensitization event addressed the growing concern of addiction and its far-reaching effects on individuals and society. Distinguished guests Mr. Atul, HG Aravindaksa Madhav Prabhu were present to emphasize the importance of educating youth on the perils of addiction. The programme highlighted how addiction can isolate individuals, leading to severe consequences such as loneliness, depression, and even suicide. Key factors driving addiction were discussed, including psychological influences (such as trauma and emotional instability), social pressures (like peer pressure and lack of a supportive community), environmental triggers, and the lure of media and anti-social elements. Lack of education, limited job opportunities, and the desire to enhance personal performance were also cited as contributing factors, especially among youth seeking meaning and novelty in life.

The session elaborated on addiction's impact at personal, family, and social levels. Addiction hampers decision-making abilities, leading to a sense of helplessness and loss of purpose. Families experience stress and broken relationships, while society faces challenges from rising crime rates and diminishing productivity.



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To counteract addiction, the programme advocated for strong support systems, engaging in constructive hobbies, seeking professional counseling, meditation, mantra chanting and building self-awareness to overcome temptations. The ETHICCRAFT Hansraj Chapter's Anti-Addiction Awareness Programme effectively reinforced the need for proactive measures, enabling attendees to recognize the gravity of addiction and equipping them with tools to combat it.

Five Geo-tagged Pictures:



हंसराज महाविद्यालय

दिल्ली विश्वविद्यालय

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Attach Attendance Sheet

1st October Anti-Drug Session

S.No.	Name	Contact No.
1	Oiashwa Kumar	8795335845
2	Ayush Anand	9430553296
3	Anwasha Borah	7086343085
4	Aastha Garq	7457836870
5	Akshita	9971482991
6	Satish Kumar	9266873351
7	Dinesh	7073175155
8	Siya Chandana	8447103730
9	Shruti Singh	7827505981
10	Deepanshu Bairwa	9582265302
11	Chiranjeeb Mishra	7978210373
12	Juhi Kumari	7464016209
13	Kumkum Singh	8588018433
14	Shaitanram	7878343382
15	Raunak Sharma	9654586182
16	Bhawana	8168931658
17	Shreya Sharma	7827848029
18	Muskan Verma	8306393714
19	Sneha Dey	8918491577
20	Vidit Tandon	6393811799
21	Nikky Kumari	9958297305
22	kanishka	9643960231
23	Sambhavi	9758944974
24	Kunal Kumar	6202530301
25	Muskan Dharwal	9815500007
26	Mridul Kumar	9310681976

27	Kumar Nishant	9939661304
28	Rajveer Goyal	9424140296
29	Ankita Singh	9258327808
30	Sana Sethi	9873069291
31	Priyanshu Dubey	6394272429
32	Shashwat Dharia	8604777064
33	Amandeep Singh	7006712859
34	Nawang Kunphen	8278752866
36	Harsh Saroj	9794473747
37	Anjaneya shukla	9140920804
38	Ritesh Khandekar	9399580081
39	Manish Kumar Yadav	8577970263
40	Mohammad Aazam	9616658239
41	Bhumika rajesh dahiya	9315749571
42	Mohammad Jansheen alar	7985634339
43	Vishisht Dubey	8840553195
44	Gauri Dubey	7017848703
45	Ashutosh Pandey	7808238787
46	Siddharth Balaji	6303998613
47	Ankesh Anjana Gopal	7457831660
48	Aditya Kumar	9810546380
49	Mohit Chauhan	9711644306
50	Ailah Layaqat	9906010822
51	Zarfishan	7678532633