



हंसराज कॉलेज
— दिल्ली विश्वविद्यालय —

HANSRAJ COLLEGE
University Of Delhi
NAAC Grade A+ with CGPA 3.62

2018-2019

Name of the Department/Society: National Cadets Corps (NCC)

Name of the Event 1: International Yoga day

Date of the Event: 21 June 2018

Yoga is the journey of the self, through the self, to the self. I'm standing on my own altar, the poses are my prayers. NCC Hansraj celebrated the International yoga day on 21 June 2018 in Badminton Court. All the cadets participated and showcased different yoga poses and pledged to live a healthy and peaceful life. 30 cadets performed some of the very essential yoga poses reflecting their agility.

