



SOCIETY OF GENERAL AWARENESS

About the society-

Society of General Awareness aims to educate students about the various events and happenings around the world. Society also raises the general awareness about various issues of social importance such as cleanliness, drug addiction, safety rules, health issues etc. Besides these, society also organizes different sessions on career counseling of students where experts from different fields are invited to give the talks. Society organizes various events like photography, writing, creative arts, quiz, communication skills etc. which bring involvement of students across different colleges and universities. Society also collaborates with other societies for a larger participation of students. The society is known for the most awaited annual Quiz 'Inquivesta' and its annual festival 'Adbhudh Mela' which is unique and one of its kind.

Society Convener-

Dr. Shalini Kaushik Love

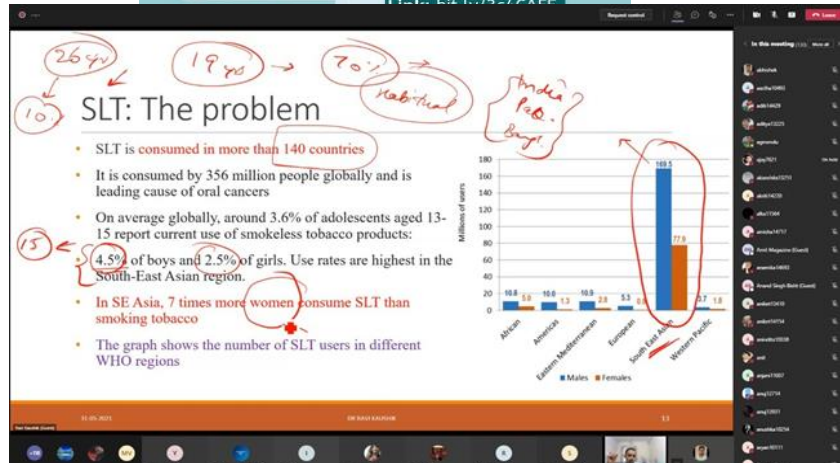
Student core members-

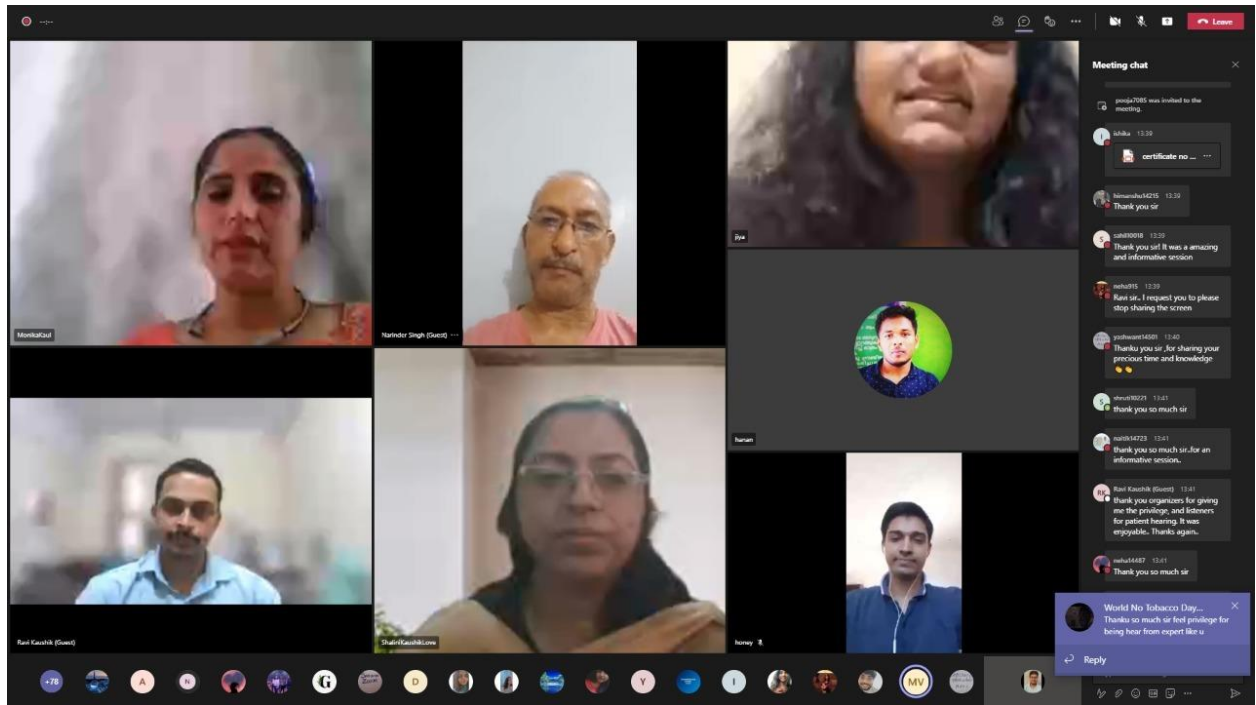
- PRESIDENT- ABHISHEK KUMAR
- VICE PRESIDENT – RIDHIMA MAHAJAN
- VICE PRESIDENT – AMAN ANAND
- GEN SECRETARY – YASHWARDHAN PANDE
- JOINT SECRETARY – VISHESH PATODIYA
- TREASURER – PRIYANSHI SARRAF

REPORT OF EVENTS ORGANISED IN 2020-21:

1. WEBINAR ON WORLD NO TOBACCO DAY:

Society of General Awareness, Hansraj College in collaboration with another college society, NSS Hansraj hosted the webinar- 'Commit to Quit' on the occasion of World No Tobacco Day 2021. Dr Ravi Kaushik, Assistant Professor of Physiology at Maulana Azad Medical College, member of the faculty at the National Resource Centre for Tobacco Control was invited for the talk. Dr Kaushik took us through the long term physiological and mental effects of consuming tobacco and ways to escape its addiction. The purpose of the webinar was to raise awareness among people regarding the harmful effects of tobacco on health. The campaign also urged people to have a healthy lifestyle amidst the COVID-19 pandemic. The various diseases caused by tobacco, such as lung diseases, tuberculosis, and cancers; were brought to light and people were informed about the ill effects of consuming this substance.





2. ADBUDH MELA 2021: 24th April 2021

The annual flagship event of SGA, Adbhud Mela was organised on April 24, 2021. It was filled with exciting games, fun events and breath-taking performances. An 'Open Mic Session' and 'Games Castle' were part of this event which was attended by many students from different Universities.

The open mic consisted of performances of various types; including but not limited to poems, stories, songs. This session is known for giving the platform for the young minds to express themselves. In Games Castle, we organized two different games, one of them being 'Treasure Hunt', which was as the name suggests, a game of treasure hunt including various clues, riddles, puzzles, hints and tips designed to tickle brain cells. Our other game in this event was 'Voice-o-mania' where the participants had to listen to a set of voice clips and identify the person(s) behind those clips! It was an extremely fun event and had fierce competition from all those involved.

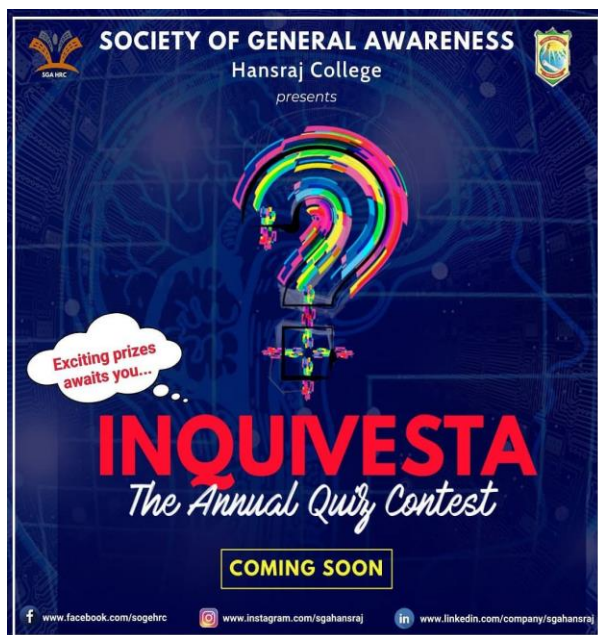


3. INQUIVESTA 2021: 10th April 2021

Society of General Awareness, Hansraj College organised its most anticipated event of session, annual quiz competition - "INQUIVESTA - 2021". Held just before Adbudh Mela, it was a nice peek into what our society had planned for all its followers.

More of an intellectual event, some might even call it a 'game of mind', the quiz had some challenging questions from various fields in three exciting rounds. We had people participating alone as lone wolves and in teams.

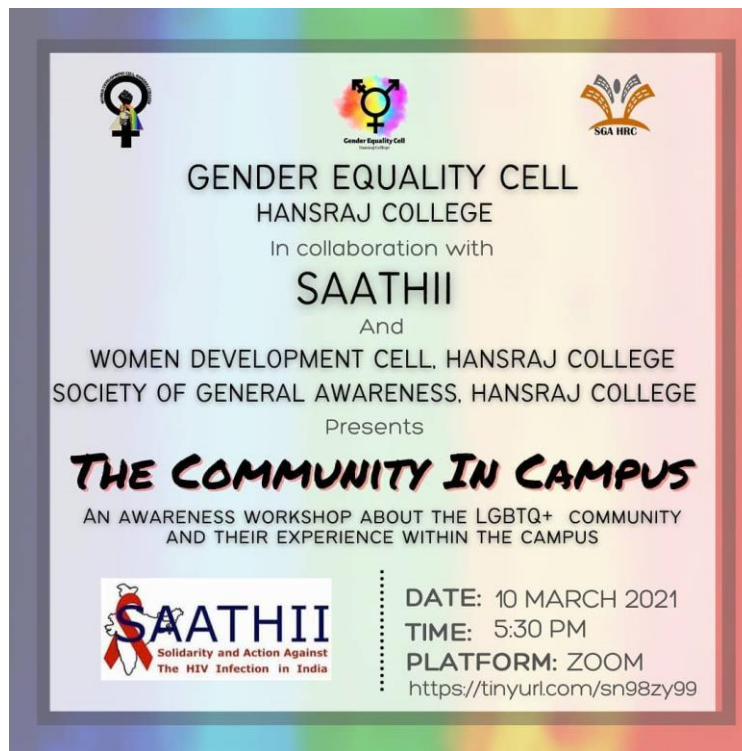
The first round of the event was carried out through a google form with a set timer. The teams who made it past the first round had to endure the 'rapid fire' in the penultimate round. The third and final round had less than 5 teams which fought against each other to win the coveted first position. This round also consisted of multiple questions that wracked the brains of all our participants. Each team was given some time to answer their questions and were able to discuss with each other throughout the duration of this round.



4. WEBINAR ON - THE COMMUNITY IN CAMPUS - AN AWARENESS WORKSHOP ABOUT THE LGBTQ+ COMMUNITY: 10th March 2021

We collaborated with **SAATHII** (Solidarity and Action Against the HIV Infection in India) and **Gender Equality Cell (GEC)** Hansraj as well as **Women Development Cell (WDC)** Hansraj to conduct a workshop about

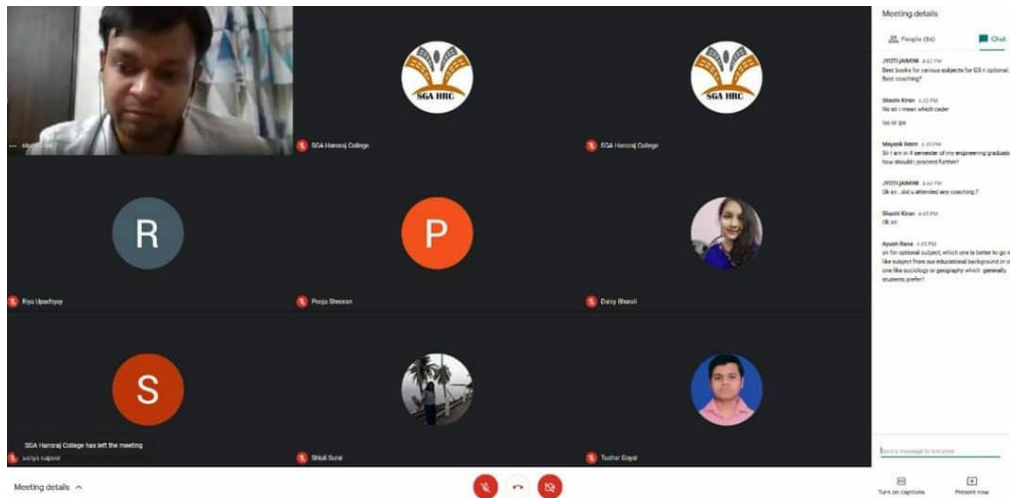
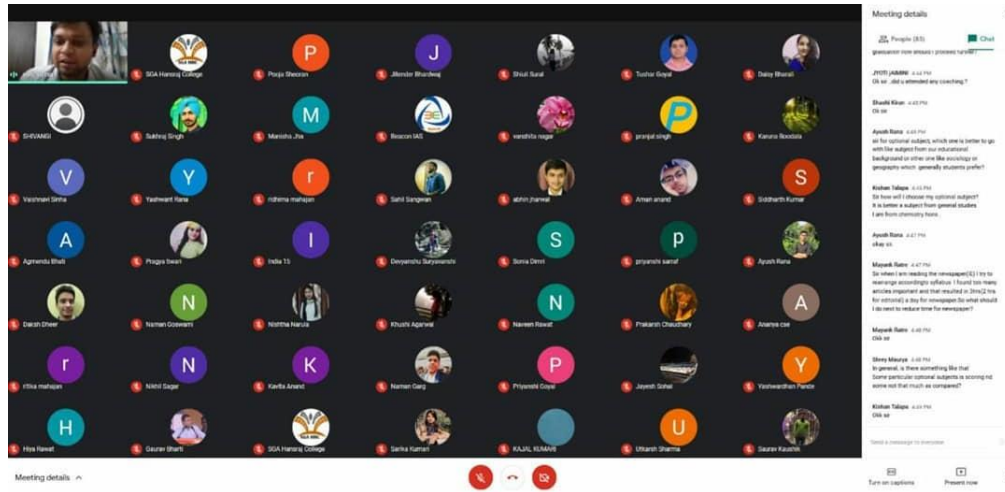
the LGBTQ+ Community. The webinar cum workshop was titled 'Community in Campus', and highlighted some of the ways in which we can become allies of the LGBTQ+ community and ensure a safe space for them, devoid of queerphobia and discrimination. It was a unique experience for a lot of the attendees and they learnt many new things, which they couldn't have otherwise.



5. WEBINAR ON STRATEGIES FOR UNDERGRADUATE STUDENTS TO CRACK CIVIL SERVICES EXAMINATION: 6th March 2021

SGA Hansraj College took the initiative of organising a webinar - "Strategies for undergraduate students to crack civil services examination" in collaboration with Beacon IAS, on 6th March 2021. Our guest speaker was Mr Neeraj Kumar, teaching faculty at one of the premier IAS coaching institutes Beacon IAS (Hansraj College). He had been a part of IDAS (2012) batch and had done B.Tech from IIT-BHU and M.A. in Public Administration from IGNOU to add to his long list of qualifications. With his experience and vast share of knowledge he enlightened the audience about the right approach to prepare for upcoming CSE.

It was an informative session and interactive session and the class size & students' participation illustrated the importance of the topic. Around 125 participants attended the event.



6. WEBINAR ON WRITE YOUR OWN SUCCESS – CONTENT WRITING AND RESUME MAKING: 27th February 2021

We organized yet another webinar titled 'Write Your Own Success' - a workshop on resume making and content writing. Our guest speaker Dr Shivangi Aggarwal, content writing coach and founder at Writerena told us all about framing our resumes and the common mistakes that people

make while drafting one. Be it reports, proposals, marketing copies, or presentations that one has to draft regularly as a part of your work responsibilities, or the very first step to applying for a job: resume or CV; everything was covered. She also discussed various aspects of content writing.

That being said, resume making is one of the very basic soft skill one should have. It is important for making the transition from college to workforce.

It was an informative and practical session that helped a lot of students in formulating their resumes for internships and other work experience. Many came out praising the fast-paced, pragmatic and to-the-point presentation of the event.

The poster is for a webinar titled "WRITE YOUR OWN SUCCESS" by Shivangi Aggrawal. It features a blue background with a central circular image of a desk with a laptop, pens, and a coffee cup. The text includes the Society of General Awareness logo, the date and time of the webinar (27 February, 2021, 5 PM Onwards), and the Google Meet link. Social media links for Facebook, Instagram, and LinkedIn are provided at the bottom.

SOCIETY OF GENERAL AWARENESS
Hansraj College

WEBINAR

WRITE YOUR OWN SUCCESS

A Workshop on Resume Making & Content Writing

SHIVANGI AGGRAWAL

Content Writing Coach,
Founder at Writereena

27 February, 2021
5 PM Onwards

Google Meet

www.facebook.com/sogehrc www.instagram.com/sgahansraj www.linkedin.com/company/sgahansraj

7. WEBINAR ON PATHWAY TO MBA ENTRANCES: January 27, 2021

On January 27, Society of General Awareness successfully hosted a webinar on 'Pathway to MBA entrances'. We had with us Mr. Raviteja Mahavadi (IIM Kashipur Alumni), who is a category manager at the faculty of the prestigious MBA coaching institute, Career Launcher. He gave us important information regarding MBA examinations.

The session was thoroughly engaging, with constant interaction between our esteemed speaker and the audience. We got to know about various MBA entrances with special emphasis on CAT. The speaker also shed light on the arduous preparation process for these challenging exams. The selection procedures of different colleges were also explained in detail.

It was a very informative session which was a great help to all our MBA aspirants.



Common queries that arise in an aspirants mind -

- Should I opt for a Masters degree ? MBA ? MS? MTech ? Job?
- Which college should I join ?
- Should I take a shot at CAT & other Indian MBA entrance exams ?
- Should I consider MIM from abroad ?
- Should I drop a year for preparation ?

The slide features a cartoon character in a graduation cap looking at a signpost with arrows pointing to 'MBA', 'SSC', 'Bank', 'GRE', and 'GMAT'.



Pathway to an MBA Career
(Understanding CAT 2020)

Raviteja Mahavadi

Career Launcher logo is visible in the top right corner.

8. WEBINAR ON HOW TO BUILD HEALTHY INTERPERSONAL RELATIONSHIP: 30th October 2020

We successfully conducted a webinar on "How to maintain healthy Interpersonal Relationships". We had with us Ms. Roshni Grover, Counselling psychologist and Relationship expert. She discussed the importance of maintaining healthy relationship and highlighted the role of effective communication in this. She also enlightened the audience about various kinds of relationship aspects along with the boundaries we can take care of to overcome the hurdles within a relationship.

Throughout the session, students were highly engaged in the discussion with the speaker, and continuously asked their queries and doubts related to the topic and speaker resolved each of the query asked with much enthusiasm. Main area of concern throughout the session revolved around the role of a good communication between the communicators whether being in love, friendly or a professional relationship.

Overall, the webinar was highly enriching for all the attendees, from learning about different parts and aspects of a relationship to measures one can take care of to make each part of these relationships strong and healthy, so that it won't trouble them in long run and will allow them to live in a healthy mental and physical space which is of prime importance.

SOCIETY OF GENERAL AWARENESS
Hansraj College

HOW TO BUILD HEALTHY INTERPERSONAL RELATIONSHIPS

OCTOBER 30, 2020 • 4-5 PM

ROSHNI GROVER
Counselling Psychologist and Relationship Expert,
Masters in Counselling Psychology

LIVE WEBINAR

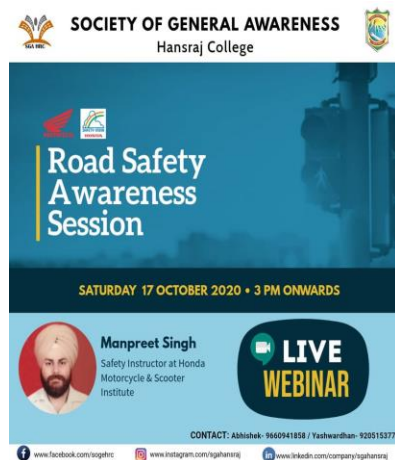
CONTACT:
Abhishek- 9660941858
Yashwardhan- 9205153770

www.facebook.com/sogehrc
www.instagram.com/sghansraj
www.linkedin.com/company/sghansraj

9. WEBINAR ON ROAD SAFETY AWARENESS SESSION: 17th October 2020

Keeping in view the importance of the common yet sensitive topic of road accidents, the society organized an online seminar on “Road Safety Awareness”. This session was in collaboration with Honda Motorcycle & Scooter India Pvt Ltd. Our guest speaker Mr. Manpreet Singh, Safety Instructor at Honda Motorcycle & Scooter Institute discussed about various traffic protocols along with the safe riding tips and techniques is the most unfavourable and distressful thing to happen to a road user, though they happen quite often.

Most of the road users are quite well aware of the general rules and safety measures while using roads but it is only the laxity on part of road users, which cause accidents and crashes. The internet seminar focused on the measures undertaken in order to prevent road accidents and ensure safety for all on roads.



The poster is for a webinar titled "Road Safety Awareness Session". It is organized by the Society of General Awareness at Hansraj College. The event is scheduled for Saturday, 17 October 2020, starting at 3 PM onwards. The guest speaker is Manpreet Singh, a Safety Instructor at Honda Motorcycle & Scooter Institute. The webinar is a live session. Contact information is provided for Abhishek (9660941858) and Yashwardhan (9205153770). Social media links for Facebook, Instagram, and LinkedIn are also included.

SOCIETY OF GENERAL AWARENESS
Hansraj College

Road Safety Awareness Session

SATURDAY 17 OCTOBER 2020 • 3 PM ONWARDS

Manpreet Singh
Safety Instructor at Honda Motorcycle & Scooter Institute

LIVE WEBINAR

CONTACT: Abhishek- 9660941858 / Yashwardhan- 9205153770

www.facebook.com/sgetrc www.instagram.com/sghahmrj www.linkedin.com/company/sghahmrj

10. **WEBINAR ON MENTAL HEALTH AWARENESS AND SECRETS TO HAPPINESS: 12th September 2020**

We conducted a live webinar on September 12 as a part of our ongoing "Happiness Week". Particularly due to Covid-19, along with being physically distanced from others everyone is getting socially and emotionally distanced too. We always seem to ignore our mental health and take it very casually and our continuous ignorance leads to its deterioration. Happiness has confined itself merely to the domains of the dictionary. Keeping this in mind, we had with us Pranati Kapoor, counsellor, psychologist, and co-founder of 'Mansikmind Mental Health Services'. The topic of discussion was "Mental health Awareness and Secrets to Happiness". This session was entirely devoted to the domain of mental healthcare and ways to tackle its related issues.

The poster is for a live webinar titled "Happiness Week" presented by the Society of General Awareness at Hansraj College. It is Event 3, held on 12 September. The topic is "Mental Health Awareness & Secrets to Happiness" featuring Pranati Kapoor, Co-Founder & Counselling Psychologist at Mansikmind Mental Health Services. She has a Master's in Clinical Psychology and is a PhD Psychology scholar. The webinar is at 4:00 PM GMT on 12 September 2020. Contact information for Celia, Arpan, and Ayush is provided at the bottom, along with social media links for Facebook, Instagram, and LinkedIn.

SOCIETY OF GENERAL AWARENESS
Hansraj College
P R E S E N T S
Happiness Week
EVENT 3
12 September | **LIVE WEBINAR** Meet
**MENTAL HEALTH AWARENESS
& SECRETS TO HAPPINESS**
PRANATI KAPOOR
Co-Founder & Counselling
Psychologist,
Mansikmind Mental Health Services
Master's in Clinical Psychology,
PhD Psychology scholar
4:00PM GMT
12 September, 2020 | Link to be announced a
day before the webinar
Celia - 9996906342
Arpan - 9953263728
Ayush - 8800385840
www.facebook.com/Sogehrc
www.instagram.com/sgahansraj
www.linkedin.com/company/sgahansraj

11. **DONATION DRIVE: 7th-15th September 2020**

Society of General Awareness organised its annual 'Happiness Week'. It focused on bringing happiness to people from different walks

of life and we're delighted so many people chimed in. Events were held from 7-13 September. The event was a donation drive where we collected a total sum of ₹2000. Each food packet consisted of a proper meal. The money was given to an NGO, MCKS Food for the Hungry Foundation, which then used it to distribute about a 100 food packets to needy people in and around the city, in times of the Covid-19 crisis, where many people suffered economically. We got entries from multiple people of all age groups, and received great appreciation for our philanthropic efforts.



12. **TARANG:** 15th August 2020

Independence Day is one of the most significant day in Indian history because on this day we commemorate our independence from British rule and its birth as a sovereign nation. It reminds every Indian about the dawn of a new beginning and so we celebrate this day with as much gusto and patriotic ethos as we can muster. Keeping up with the patriotic fervour, Society of General Awareness, Hansraj College marked the 74th Independence Day by organising an online Drawing and Poetry competition "***TARANG***".

The theme of the event was Jashn-e-Azadi and we received several wonderful entries.

Awards and Achievements:

TARANG:

First Position: Anamika Paul

Second Position: Jasneet Kalra

Third Position: Moin Ansari

Inquivesta:

First Position: Sanya Kapoor, Priyanka Chopra

Second Position: Laxya Lohan

Third Position: Shrey Maurya

Open Mic:

Performer of the day: Sandhya Chauhan

Games Castle:

Winner: Shiva Singh







Social Media handles:

Instagram - https://instagram.com/sgahansraj?utm_medium=copy_link

Facebook - <https://www.facebook.com/sogehrc/>

LinkedIn - <https://www.linkedin.com/company/sgahansraj>