



## **2017-2018**

**Name of the Department/Society:** **Equal Opportunity Cell and Enabling Unit**

**Name of the Event 1:** Awareness on Cerebral Palsy

**Date of the Event:** 5<sup>th</sup> October 2017

To spread awareness on Cerebral Palsy, Equal opportunity cell and Enabling unit of Hansraj College organized a one day event in which they have invited great personalities who have become an inspiration for the society. Vinayana khurana, Maghna kaoopr, and Shorya Sood were the chief guests of this event. They shared their testimonies which gave a lot of encouragement to the audiences.

Meghna Kapoor: She was diagnosed with cerebral palsy when she was 4 or 5 years old and she can't walk properly, she faced many challenges due to this but she overcame her fear and became an inspiration for so many people.

Vinayaka Khurana: This inspirational woman also suffered a lot due to cerebral palsy. Her limbs and elbows were not moving but she didn't give up, she learned so many things in life. Learned to walk, and swim and her poetry writing skills are commendable.

Cerebral Palsy became a hurdle for Shorya's good too, but like our both supper women he also didn't stop there, he thankfully got recovered and became an efficient politician. These are those people who inspire our society to keep moving and face challenges strongly.



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**Name of the Department/Society:** **Equal Opportunity Cell and Enabling Unit**

**Name of the Event 2:** World Sight Day

**Date of the Event:** 12<sup>th</sup> October 2017

On the auspicious event of **World Sight Day**, Equal opportunity cell and Enabling unit of Hansraj College organized a General Quiz competition by radio Udaan and we had invited the Honorable Vikram Dutt- Who is a former editor of the Indian Journal of Disability and Rehabilitation & also the author of over 250 publications. He worked as a Board Member & Consultant with UDAYA CARE. And the second guest was Honorable Preeti Monga- whose visual disability was first diagnosed when she was just 6 years old, now in her 50's she runs her organization Silver Linings Foundation that motivates, trains and counsels people with disability.

This event began with Lamp lightning followed by quiz competition. Many talented people have participated in this competition and they showed their potential. This event is followed by Dr.Vikram Dutt motivational speech for the participants and students. At the end Mrs. Preeti Monga had shown that Disabilities can't stop us if we have strong willpower. Omkar and Alka, members of Enabling Unit expressed their inspirational views on challenges faced by a specially-abled student. People got motivation as well as a great experience which made the event a great successful.



**EQUAL OPPORTUNITY CELL  
&  
ENABLING UNIT**  
HANSRAJ COLLEGE  
Celebrates  
**WORLD SIGHT DAY**





**Prof. Vikram Dutt**  
President,  
Manovikas Charitable Society

**12th October | 12:40 Onwards**  
**Venue: Seminar Room**  
**Informative & Inspirational Talk**  
**General Quiz Competition**  
**(On-desk Registration)**



**Mrs. Preeti Monga**  
CEO,  
Silver Linings

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**Name of the Department/Society:** **Equal Opportunity Cell and Enabling Unit**

**Name of the Event 3:** World Polio Day and World White Cane Awareness Day

**Date of the Event:** 24<sup>th</sup> October 2017

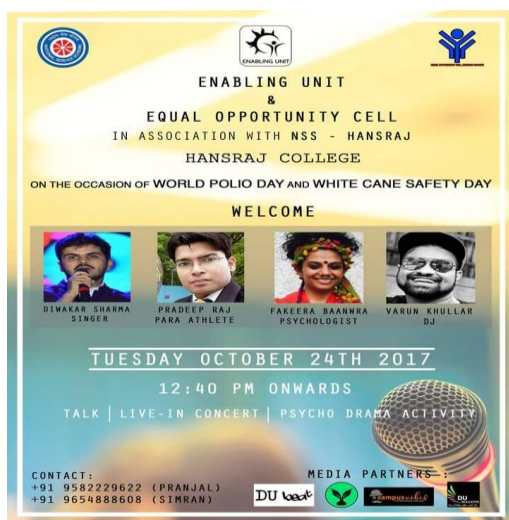
On the occasion of World Polio Day and World White Cane Awareness Day, Enabling unit and Equal opportunity cell in association with NSS, Hansraj College came up with an event in which we have invited Mr. Varun Khullar, Mr. Pradeep Raj, Mr. Diwakar Sharma, and Ms. Fakeera Baanwra. This event includes motivational talk, Musical sessions, and psycho-dramatic activity.

In the speaker's session, Mr. Varun Khullar and Mr. Pradeep Raj shared their motivational real-life experiences and challenges. Mr. Varun Khullar is popularly known as DJ Aamish Underground. A self-starter and learner, and he did an online course from Point Blank Music in London and later ILM Academy in Gurugram. Very soon he planned to make his music shows as well. He shared his struggles and how he achieved victory over struggles and challenges.

Mr. Pradeep Raj was honored by the President of India with the National Youth Award International para-athlete. As an infant, he was infected by polio in both of his legs, but his limited ability didn't hinder the inner strength of his spirit. He is the founder of "The Para Sports Foundation" and also the general secretary of "Association for Disabled People". He too shared his experience in reaching to this high level.

In the musical session Mr. Diwakar Sharma, a visually impaired singer, Saraswati Samman awardee, SaReGaMaPa Little Champs runners-up, and a CBSE topper, presented his melodious performance and inspired everyone a lot.

Last but not least Psychodramatic activities by Ms. Fakeera Baanwra, a psychologist by profession who's also a certified movement therapist spoke about breaking inhibitions and conditioning oneself without being a rebel. This entire session was power-packed and a huge success as well.







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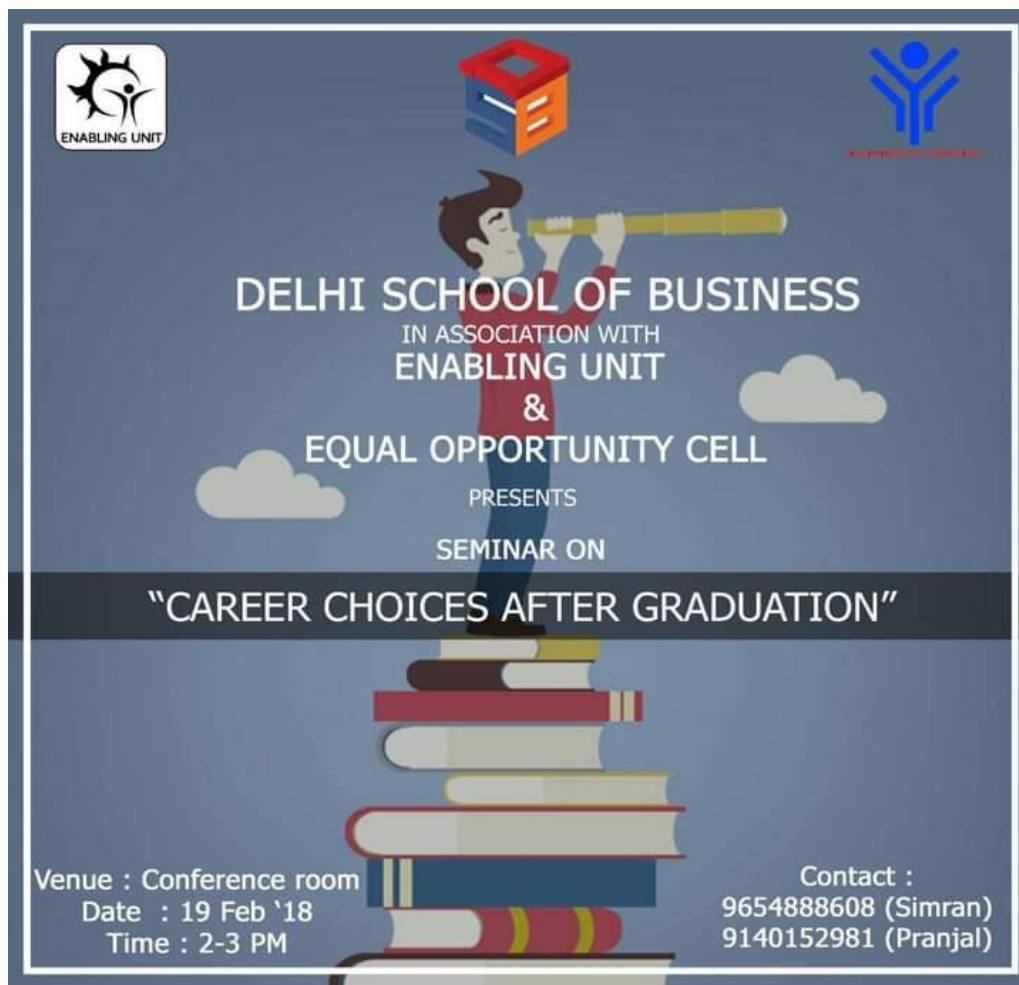
**Name of the Department/Society:** **Equal Opportunity Cell and Enabling Unit**

**Name of the Event 4:** Career Opportunities after Graduation

**Date of the Event:** 19<sup>th</sup> February 2018

Becoming self-independent is necessary for everyone and hence Delhi School of Business in association with Equal Opportunity Cell and Enabling Unit, Hans Raj College organized a seminar on, "Career Opportunities After Graduation".

It's an era where people are struggling a lot to just find their dream jobs, and generally students who are pursuing graduation are usually worried about their career and future. A graduation degree is really important but only this might not be helpful for a person to become a successful human. As it can be achieved by professional guidance, a seminar on carrier guidance is held with the experts and the doubts of students about their career were clarified. The experts showed the students a way to achieve their goals in life. This session was very fruitful.





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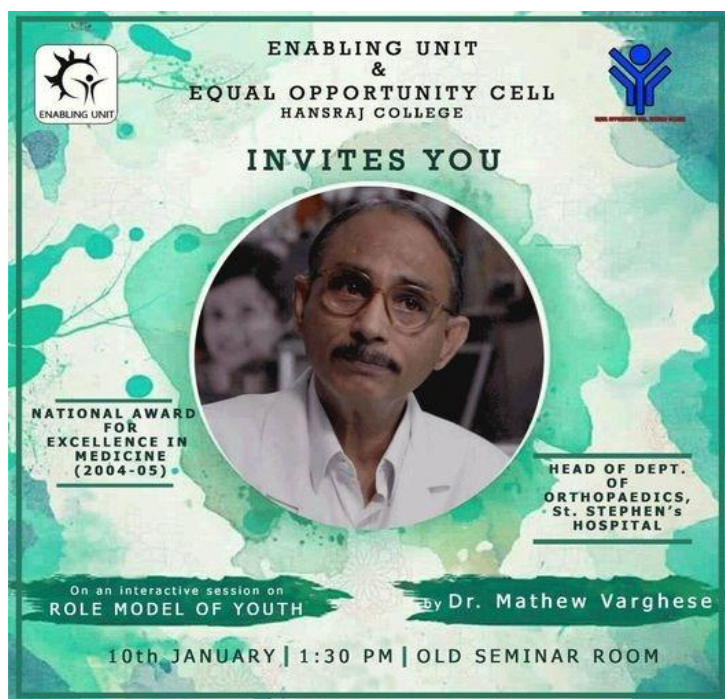
**Name of the Event 5:** Motivational Session with Dr. Mathew Varghese

**Date of the Event:** 10<sup>th</sup> January 2018

Equal Opportunity Cell and Enabling Unit, invited Dr. Mathew Varghese a graduate and post-graduate in Orthopedic Surgery from Maulana Azad Medical College, and the Head of Department of Orthopaedics, St. Stephens Hospital for this motivational session.

The event has begun with lamp lightning by all the dignitaries. Dr. Matthew's speech, was heart touching and the work he has done for the welfare of society is remarkable. A video clipping was also shown consisting of his commendable research work and treatment for the patients with clubfoot and helping them to walk again. Followed by, Ms. Gunjan Kalra sharing her experience about how she got rid of this crippling disease through the help of Dr. Mathew Varghese. And Ms. Meghna Kapoor as well showed her gratitude to him as he is the cause for her to walk independently.

A last vote of thanks was given to our honorable guest, audience, and everyone who made this event a huge success. Every person sitting in the audience felt so motivated after listening to Dr. Mathew Varghese speech.







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**Name of the Department/Society:** **Equal Opportunity Cell and Enabling Unit**

**Name of the Event 6:** PAHAL (Annual Fest)

**Date of the Event:** 13<sup>th</sup> and 14<sup>th</sup> March 2018

Pahal, the annual fest is a step towards maintaining inclusiveness amongst abled and specially-abled people. It was organized in two days with exciting competitions, music, fun, and whatnot. The event started with lamp lighting by guests and judges. The first day was organised in the beautifully decorated auditorium of Hansraj College. Elder Barry Hubbard, Sister Jennifer Hubbard, Mr. Satya Prakash, Meenu Sharma, Dr. Vikram Dutt were the dignitaries and Mr. Abhinav Chaudhary was the judge. On Day 1, competitions like Talent hunt and Fashion walk were held. Several students presented their performances very beautifully. DJ Evening with India's first-ever Disable DJ, Mr. Varun Khullar was also held on 13<sup>th</sup> of March.

The second day of began with "Inclusion Day-Out" including Nazm-e-Vakif (Slam-Poetry), Vaad-Vivid (Open-Mic), and Coloured Tales Events. This was a great opportunity for PWD students. The second half was a mix of fun games such as Lemon race, One Hand Golf, One-Eye Dart, Lip-Sync, and One-Leg Golgappa Eating Competition.

This two day fest brought happiness and laughter to many faces.





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