



**हंसराज कॉलेज**  
— दिल्ली विश्वविद्यालय —

**HANSRAJ COLLEGE**  
**University Of Delhi**  
**NAAC Grade A++ with CGPA 3.71**

## **NSS UNIT**

### **Celebration of International Women's Day (8th March, 2025)**

**Name of the Event:** International Women's Day

**Name of Society:** NSS Unit, Hansraj College

**Convenor of Society:** Dr. Apoorva Gupta, NSS Programme Officer

**NSS Unit of Hansraj College circulated inspirational stories of women on 8th March, 2025 on the occasion of International Women's Day to promote women empowerment and encourage everyone to respect women.**

**Date of Activity:** 8th March, 2025

**Objective of the Event:** To promote women empowerment and invoke a sense of respect among everyone for all the inspirational women in their lives.

**Event Venue:** Social Media Handles

**Target Audience:** Youth

#### **Description of Activity Conducted:**

- **On the occasion of International Women's Day, we posted inspirational stories of Indian Women on our social media handles.**
- **The posters showed stories of Indian women who never lost hope and reached new heights of success.**
- **It promoted women empowerment and a sense of respect for every woman.**



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### Poster of the Activity:

**NATIONAL SERVICE SCHEME**  
**HANSRAJ COLLEGE**  
**TALES OF CHANGE**

**“**

**Inspiring Stories Of Indian Women**

Happy International Women's Day

### MALINI AWASTHI

She was born on 15 October, 1966 in Kannauj, Uttar Pradesh. She learnt folk music under several renowned masters such as Shrimati Girija Devi of Banaras Gharana, Shri Rahat Ali Khan of Rampur Gharana and Shri Shujat Hussain Khan of Patiala Gharana. She also received a postgraduate in Hindustani Classical Music in Bhatkhande Music Institute, Lucknow. She started as an artist for Akashvani at a very young age and went on to become an 'A' grade artist for Doordarshan and All India Radio.



She is a visiting professor in esteemed cultural institutions such as Banaras Hindu University and Jawaharlal Nehru University. She has also performed in several Bollywood films like 'Dum laga ke Haisha', has appeared in reality shows such as 'Sa Re Ga Ma Pa', and has numerous recordings to her name. She received the Uttar Pradesh Sangeet Natak Akademi Award in 2017 and the Sangeet Natak Akademi Award in 2018. Her book 'Chandan Kivaad' tells the story of millions of women living in our villages, whose voices are often unheard. She has worked incessantly to take Indian folk music and culture to an international level and has succeeded in reviving the prominence of Indian folklore in the modern Era. She was awarded the Padma Shri in 2016 for her immense contribution.

### ANANDI GOPAL JOSHI

Known by many as the 'First Indian Woman to become a Doctor', Anandi was born on 31st March, 1865 in Kalyan in the Bombay Presidency. Originally named Yamuna, she was married at the very young age of 9 to Gopalrao Joshi, a widower and 20 years her senior, who renamed her Anandi. The hurdles she faced in her early life only motivated her further to become a Doctor, a dream which was strongly supported by her husband. With the help of Royal Wilder, an American missionary, Anandi was able to publish a paper in Princeton's Missionary Review. Impressed with her theory, Theodicia Carpenter, a New York resident, offered her accommodation in America.



She graduated as a Doctor of Medicine on 11 March 1896, from the Medical College of Pennsylvania. Upon her graduation, Queen Victoria herself sent her a congratulatory message. She returned to India in the same year and was appointed Physician-in-charge at the Albert Edward Hospital at Kolhapur. However, she passed away at a young age of 22 from Tuberculosis. Her death was mourned internationally as the loss of a great mind and a great soul. A crater on Venus has been named the Joshee Crater in her honour.

### ARUNIMA SINHA

Born in 1988, Arunima grew up with a passion for sports and excelled as a national level volleyball player. However, her life drastically changed, when in 2011, she was attacked by robbers on a train journey from Delhi to Lucknow. Upon resisting, they pushed her from the moving train which resulted in serious injuries involving multiple spine fractures and a crushed leg which had to be amputated below the knee.



Despite such a major setback, she refused to give up and took on the seemingly impossible vow to climb Mount Everest. With the help of Bachendri Pal, India's first woman to climb Mount Everest, she undertook rigorous training under the Tata Steel Adventure Foundation. In May 2013, after months of relentless preparation, she became the First Female amputee to climb Mount Everest! She later went on to conquer the highest peaks of all seven continents including Mount Vinson in Antarctica. She was awarded the Padma Shri in 2015. She is also the recipient of the Tenzing Norgay National Adventure Award, along with being the author of 'Born Again on the Mountain'. Her life continues to be an awe-inspiring story of resilience, determination and courage.



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## DEEPA MALIK

A lady who inspired many with her courageous will and determined personality. She is a pioneering woman in Indian Sport and an inspiration to people all over the world. She teaches us abilities go beyond disabilities. When doctors told her she would never walk again her tears fell from her eyes but the aspirations in her heart never faded.



In the Rio 2016 Paralympics, almost one and a half decades later after getting diagnosed with a spinal tumour, Malik created history by becoming the first Indian woman to win a medal in the Paralympic Games. She found success in shot put.

She is the only Indian woman to win medals in three consecutive Asian Para Games in 2010, 2014 and 2018. Deepa was the first Indian female para-athlete to win an Asian Games medal in athletics as well as the first female World Championship medal, inspiring millions.