



**हंसराज कॉलेज**  
— दिल्ली विश्वविद्यालय —

**HANSRAJ COLLEGE**  
**University Of Delhi**  
**NAAC Grade A++ with CGPA 3.71**

## **NSS UNIT**

### **SPEAKER SESSION** **(27th February, 2025)**

**Name of the Event:** Speaker Session

**Name of Society:** NSS Unit, Hansraj College

**Convenor of Society:** Dr. Apoorva Gupta, NSS Programme Officer

**NSS Unit of Hansraj College conducted a personal hygiene development workshop in collaboration with “Right Side Story” on 24th February, 2025 to promote the importance of hygiene among the students.**

**Date of Activity:** 24th February, 2025

**Objective of the Event:** The educational session is to teach students the value of maintaining proper personal hygiene and how it affects general wellbeing.

**Speaker:** Komal, Psychologist and well-being expert

**Reporting Time:** 1:00 p.m.

**Event Venue:** Hansraj College

**Target Audience:** College students

#### **Description of Activity Conducted:**

- Personal Hygiene Development Workshop in collaboration with Proctor & Gamble - Right Side Story was conducted on 24th February, 2025.
- Psychologist Komal, a renowned expert on youth wellbeing, shared her knowledge and thoughts on the topic



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- Insights about how personal hygiene is crucial for maintaining physical and mental well-being and prevents illnesses, boosts confidence, and maintains physical health were shared..
- Goodies which included razors for males and sanitary napkins for females were given to the attendees

#### Poster of the Activity:

The poster is for a 'Personal Hygiene Development Workshop' organized by the National Service Scheme (NSS) at Hansraj College, in association with Procter & Gamble (P&G). It features a circular portrait of Komal, a psychologist and well-being expert. The event details are: Date: 24 February, 2025; Time: 1 PM; Venue: Multipurpose Hall, C Block, Hansraj College. There are two QR codes for females and males to scan for free goodies. Contact information for Sanjeev (70818 41694) and Kanav (85957 58037) is provided. The poster also lists Prof. (Dr.) Rama as Principal, Dr. Apoorva Gupta as Convener, and Dr. Mansi Verma and Dr. Beena Bhandari as Event Coordinators.

**NATIONAL SERVICE SCHEME**  
HANSRAJ COLLEGE  
in association with  
**PROCTER & GAMBLE**  
ORGANISES

**Personal Hygiene Development Workshop**

**Date : 24 February , 2025**  
**Time : 1 PM**  
**Venue : Multipurpose Hall, C Block , Hansraj College**

**Komal**  
Psychologist and Well being Expert

**For Females**  
**For Males**

**Scan QR for Free Goodies**

**CONTACT US**  
Sanjeev : 70818 41694  
Kanav : 85957 58037

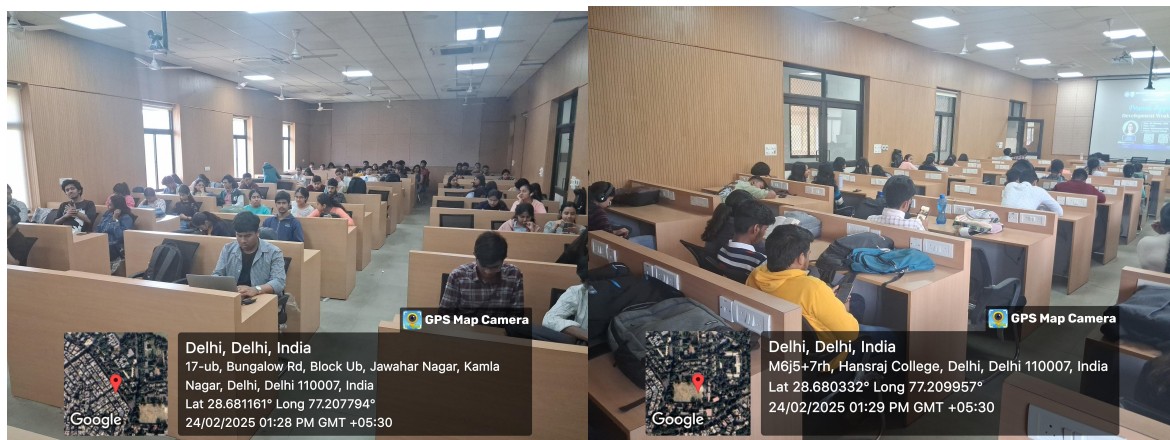
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**Prof. (Dr.) Rama**  
Principal  
Hansraj College

**Dr. Apoorva Gupta**  
Convener  
National Service Scheme

**Dr. Mansi Verma**  
**Dr. Beena Bhandari**  
Event Coordinators

#### Selected images:





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#### **NSS Students involved: 56**

Yashpal garg

Praveen Verma

janvi

Divya Prabhat

Payasvani Raina

Ananya Yadav

Nidhi Khuranna

Khushi

Himanshi

Deepika

Vasundhara

Bhumika

Mohammad Ajam

Divya

Himanshi Aggarwal

Ayush Anand

Anushka Singh

Anjali

Ritesh



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Priyanshu

Arushi singh

Bhargav

Jayant gupta

Risha konda

Sidhi

Bharti

Ankit

Diya

Sujal

Navdeep

Umra faiz

Ruchi

Manik

Shri ram

Ojashwa

Jagruti

Bamang

Shriya yadav

Triparna dasgupt

Gulshan

Gudia

Priyanshu

Khyati

Sana

Amandeep

Akshay

Yogesh

Prashant

Arvind

Harshit



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Samarth

Sneha

Poonam

Paras

Abhishek Goswami

Abhijeet