



NAAC ACCREDITED 'A++' GRADE COLLEGE

2025-2026

Name of the Event: AAGAZ

Organised by: UDAAN: THE MOTIVATIONAL SOCIETY

Date of the Event: 8th September, 2025

Duration/Event Timing: 1:30 P.M.- 4:00 P.M.

Venue of the Event: Multi-Purpose Hall, Hansraj College

Name of Coordinator: Adarsh Singh (President) and Himanshi Sangwan (Vice President)

Name of Convener: Dr. Vikash Singh

Description:

UDAAN – The Motivational Society of Hansraj College, University of Delhi, organized its event Aagaz at the Multi-purpose Hall, C-Block. **Themed around RESILIENCE, CONSISTENCY, and THE POWER OF RISING AFTER SETBACKS**, the event aimed to inspire students through the journeys of three distinguished personalities **IPS Kuhoo Garg, Miss Poorva Choudhary, Miss Nandini Sharma**

The event commenced with a warm welcome and an introduction to our distinguished guests, highlighting their journey and contributions to society. This was followed by the lamp-lighting ceremony, symbolizing knowledge and enlightenment. To honor their presence and invaluable wisdom, a **felicitation ceremony** was held, **IPS Kuhoo Garg, Miss Poorva Choudhary, & Miss Nandini Sharma** was presented with a token of appreciation.

The session was first led by **IPS Kuhoo Garg (AIR 178, UPSC CSE 2023)**, an alumna of SRCC, Delhi University. Before entering civil services, she had an illustrious 15-year career as a badminton player who once held the rank of India's No. 1 in Mixed Doubles and World No. 34. **Speaking on the theme "Consistency: Where Dreams Meet Reality"** having trained at the Gopichand Academy and won gold and bronze medals at the South Asian Games. She shared how injuries and the challenges during the COVID-19 pandemic led her to shift focus from sports to



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academics, dedicating herself to the Civil Services Examination. Drawing inspiration from her father, she emphasized that success in UPSC requires strategy, consistency, and resilience. Through her journey, she conveyed the importance of balancing education with passion, and inspired students to face setbacks with courage and determination. Her experiences reflected the importance of discipline and perseverance in the face of challenges, leaving the audience inspired. She spoke about the challenges of the UPSC journey, calling it a lone path filled with both hope and fear. As someone used to competing internationally, she was no stranger to pressure, yet she emphasized that the exam requires strategic planning. Sharing how she once achieved 23rd rank in 2019, she underlined that consistent efforts, even through the “bad days,” build the courage to persist. Her message to the students was clear: **success is not just about results but about the resilience to rise again and again, and to find hope in every challenge.**

Then the session was addressed by **Ms. Poorva Choudhary, educator, career coach, and founder of Human-at-Ease.** With her background in law (LLB, pursuing LLM) and her experience of mentoring thousands of students, speaking on the theme **“RESILIENCE: HOW TO RISE EVERY TIME YOU FALL”**, she offered practical guidance on career building and personal branding. She emphasized perseverance, adaptability, and the courage to keep moving forward despite difficulties. She began by sharing her personal journey, recalling how she missed admission into Hansraj College by just 0.4% and today she was here to inspire students, an experience that motivated her to redefine her path.

During the 2020 lockdown, she turned her restlessness into purpose and launched her YouTube channel on 20th September 2020, consistently posting educational content including NCERT-based series and detailed notes. Within six months, her efforts gained momentum, bringing her a following of 5,000 subscribers and her first job with a salary of ₹30,000. She emphasized that intrinsic motivation and taking the first step are crucial for growth, and stressed the importance of visibility and personal branding, noting that those who come forward and share their ideas attract greater opportunities. Choosing to pursue her channel over a conventional job, she highlighted that excuses and complaints hold people back, whereas results and authenticity build credibility. Ms. Choudhury also narrated the story of the “elephant and the rope,” explaining how fear and past experiences act as traps, but **success lies in breaking free and bouncing**



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back stronger from challenges. She concluded by encouraging students to start early, remain consistent, and focus on creating opportunities rather than waiting for them.

The session was finally led by **Ms. Nandini Sharma, Founder & CEO of The Invincible Academy (TIA)**, acclaimed educator, content creator, and entrepreneur, delivered an engaging talk on **“Resilience: How to Rise Every Time You Fall.”** Through personal stories and professional insights, she highlighted the role of resilience in turning failures into stepping stones. Her words resonated strongly with the students, encouraging them to view setbacks as opportunities for growth. She shared her academic journey from being the Humanities topper in Class 10 to pursuing B.Sc. Electronics at Keshav Mahavidyalaya, and later securing AIR 21 in CUET-PG with M.Sc. Informatics at DU South Campus, where she also earned a gold medal. Despite challenges such as PCOD and the personal loss of her mother during COVID, she continued to excel, even clearing GATE with a top score. She also used to make vlogs under “JANHIT MEIN JAARI”, during the lockdown, she began creating educational content with her first video crossing one million views and gaining 10,000 followers in a week. From there, she expanded her work, establishing the Municipal Academy, building a media house, and founding a charitable foundation in her mother’s name. **She emphasized that life is never easy, especially for women, but resilience and self-belief make the difference.** She inspired students to face difficulties with courage and turn challenges into opportunities.

The sessions by these three personalities at Aagaz 2025 were marked by stories of **resilience, discipline, and self-belief, reminding students that challenges are opportunities in disguise and consistency is the true key to success.** The session was followed by an **engaging Q&A round**, where students raised thoughtful questions to the speakers. From challenges faced during UPSC preparation to coping with anxiety, balancing academics with competitive exams, and managing setbacks, the discussion covered a wide spectrum of concerns relevant to young aspirants. Our Guests highlighted the importance of self-confidence, consistency, and staying motivated despite obstacles, while also stressing the need to prioritize health and maintain discipline.

The speakers collectively **encouraged students to view difficulties as part of the journey, adopt positive strategies such as breathing exercises and focus management, and remain committed to their goals.** The interactive exchange made



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the session more relatable and left the audience with practical insights alongside inspiration.

The three distinguished speakers at Aagaz 2025, IPS Kuhoo Garg, Ms. Purva Choudhury, and Ms. Nandini Sharma, brought with them unique journeys that blended personal struggles, professional achievements, and inspiring life lessons.

Each of them, in their own way, highlighted the importance of resilience, consistency, and self-belief. Their experiences showed that **setbacks can be stepping stones, discipline is the foundation of success, and opportunities come to those who take initiative.** Collectively, their sessions left the audience motivated to pursue their goals with courage and determination, making the event both enriching and memorable.

Aagaz 2025 proved to be more than just a speaker series, it was a **celebration of perseverance, resilience, and the spirit of continuous learning.** The insights shared by the three distinguished speakers not only inspired the students but also offered them practical guidance to face challenges with courage and determination. The event concluded on a note of optimism, leaving the audience motivated to embrace consistency, believe in their potential, and work towards creating a meaningful impact in society.

As the event came to a close, **President Adarsh Singh delivered a heartfelt thank-you address, expressing his gratitude for IPS Kuhoo Garg, Miss Poorva Choudhary, & Miss Nandini Sharma** for their valuable time and the inspiration. **The session concluded with a standing ovation, a true testament to the profound words had on everyone present.** This session was not just an event—it was an experience, an emotion, and a journey through resilience and consistency.

Five Geo-tagged Pictures:

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Attach Attendance Sheet:

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Geetesh Kumar	BA program Economics+History	9128248972
Fiza Naithani	BSc Hons Chemistry	9172430702
Mo Shadab	Bsc Chemistry Hons	7818079793
Rocky kumar	B.A program	8800945182
Karan Singh	Bsc chemistry hons	7056836397
Mehbis	B.A. English Honours	9958665379
Tanya Tanisha Mohanty	BA Honors English	9668751276
Rashmi Kumari	B.A(Hons.) Hindi	8540075275
Sourabh	Bcom hons	7065203102
Swarangi	BSc H Anthropology	8175098991
Simran	Ba programme	6378670104
Aditya chaturvedi	BA program	8532801546
Kunal Gulyani	BA Program	7838662590
Saloni	Ba program (Sanskrit+philosophy)	8295444625
Basukinath jha	BA (H) Sanskrit	6202765626
Bhagyavardhan	B.com(Hons).	8375061732
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Sachin Kanwar	BA PROGRAM	8091743503
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Surendar korra	PARKASH	Hansraj College
Hanika	B.com hons	9971916114
Shubham Shinde	Ba programme Philosophy Sanskrit	9322577235
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Raushan	Sanskrit honours	9801481091
Ginni Malia	English Hons	8860712067
Sandeep	Anthropology	7878955385
Pradnya Jadhav	Ba programme (economics+Buddhist studies)	8767678758
Suneel Kumar	English Hons	9301693179
Kirti Singh	Ba Program	6299087225
Mihika Karwa	Bsc Hons computer science	8595652445
Neha	Ba program	9153919773
Harshita	Ba programme	9319345773
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Rahul Tailor	BSc Physical Science	9587217660
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