

Extra-Curricular Activities (ECA)

About the Society: Extra Curricular Activity, ECA is the core component in the holistic development of students. The fundamental notion ingrained in the idea of ECA is that students possess prowess beyond the conventional curriculum. A common recurring theme that Hansraj college looks for in its students is depth of experience for which the college has ECA quota under which meritorious students have a chance to secure their seat in the college through centralized ECA trials. ECA activities of the college include dance, music, drama, debate and yoga which enhances students' personality. The college has among its alumni many luminaries. These activities help sharpen students' mind and add to inculcating soft skills necessary for survival in today's world. It provides opportunities to students to express themselves in creative ways. It constantly pushes one outside their comfort zone and inculcates a strive to be better. It is a burning passion which helps students learn to maintain a work-enjoyment balance. The importance of ECA stretches beyond just performing an activity, often shaping the creative outlets that students have, bringing in different perspectives and processes of thought that help students navigate problems in the most holistic way possible. When done in teams, it additionally encourages collaborative effort and develop team spirit allowing students to become more adept. Since these skills are transferable, it allows students to gain more confidence in other areas of life, often using the lessons they pick up while practicing. It also encourages students to network and build connections. Since it is often associated with performing, it also allows students to tackle issues of stage fear allowing them to showcase their talent without having a fear of judgement. Students get opportunities to participate in various intra-college, inter-college and inter-university competitions and getting accolades is like adding feather in the hat. Academics with ECA enhances students' resume which helps them in multiple ways in the later stages of their education or in the steps they will take post-education. Honing their talents, ECA aids in the development of self-esteem, time management skills, problem solving and communication skills making them versatile.

Convener name: Dr. Shweta Rastogi

Co-conveners and members (from the faculty), if any

Dr. Kopal Aggarwal (Co-convener)

Dr. Hema Chutani (Co-convener)

Dr. Poonam Rani (Member)

Dr. Sharma Bhanu Bhupendra (Member)

Mr. Ashutosh Yadav (Member)

Ms. Deepshikha Yadav (Member)

ECA comprises of broadly three societies for which the convener and members are as follows:

Music & Dance Society: Dr. Jaya Issar (Convener)

Committee members:

Dr. Pratibha Pant

Dr. Nidhi Rawat

Mr. Saleem Chauhan

Mr. Ashutosh Yadav

Ms. Deepshikha Yadav

Debate (English & Hindi) Society: Dr. Prabhanshu Ojha (Convener)

Committee members:

Mr. Dashrath Meena

Dr. Sonal Gupta

Dr. Sonu Kumar

Dr. Farhat Jahan

Dr. Kiran Varun

Dr. Ruchi Sharma

Dramatics Society: Dr. Mahendra Prajapti (Convener)

Committee members:

Dr. Sonu Kumar

Ms. Garima Jindal

Dr. Sonia Yogi

Report of EVERY EVENT/workshop/seminar organized/participated in the Academic Year 20-21 (Chronology: latest to oldest) in the following lay out:

Event 1: 72nd Republic Day was celebrated on 25th January 2021 in blended mode (offline cum online) with live streaming on Facebook. March past by the students of NCC, Hansraj college with flag hoisting in the college premises was followed by online cultural program on Zoom platform by the students of Music & Dance Society. Various dance activities serve as vehicle for ushering in cultural harmony with the feeling of harmony and unity in diversity of India. This helps in ensuring internalisation of quality culture among student. This not only helps in inculcating value system among students but also fosters sense of belongingness for our country.

Event 2: Incumbents were also given an extended welcome to the Hansraj family on the occasion of Orientation Day which was celebrated with great zeal on 17th November 2020. Freshers were given a virtual tour of the college with mesmerizing virtual cultural performances by students. The day was celebrated with the opportunity to Know Your College and have “KYC” by understanding the rules and regulations of the college with the mission and vision of institution.

Event 3: A nation which has patriotic citizens is inherently contributing to national development. Following the institution practice even in the pandemic times, the college was at the forefront when 74th Independence Day Program was celebrated online / virtually on 15th Aug 2020 with the patriotic spirit to pay tribute to freedom fighters for their sacrifices.

Event 4: Each year at the beginning of a new session, Hansraj college celebrates its Foundation Day with utmost cheer. This year too, refusing to let the pandemic come in our way of annual celebration of founding father, the Foundation day was celebrated with great cheer on 26th July 2021 with proud privilege to virtual gathering from the comfort of our home. This day gives us an opportunity to celebrate our proud history with the community of students, alumni and staff.

Awards and achievements in the academic year 2020-21: Students from various societies under ECA: Music & Dance Society, Drama and Debate English & Hindi participated in various online competitions at inter- and intra- University level and won prizes too. The details of Music & Dance Society report, Debate (English & Hindi) Society report and Dramatics Society report are uploaded separately by the respective society conveners.

Photos



