

हंसराज महाविद्यालय

दिल्ली विश्वविद्यालय

महात्मा हंसराज मार्ग,

मलकागंज, दिल्ली - 110007

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HANSRAJ COLLEGE

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NAAC ACCREDITED 'A++' GRADE COLLEGE

2025-2026

Name of the Event: Speaker Session on Indian Art and Culture & Reprogram Yourself: The Geeta Way

Organised by: समन्वय – The B.A. Programme Society

Date of the Event: October 15, 2025

Duration/Event Timing: 1:00 pm – 4:00 pm

Venue of the Event: Old Seminar Hall, Hansraj College

Name of Coordinator: Not mentioned

Name of Convener: Dr. Preeti Rani

Description:

समन्वय – The B.A. Programme Society of Hansraj College successfully organised a speaker session on the topics “Indian Art and Culture” and “Reprogram Yourself: The Geeta Way.” The session featured Ms. Shailja Sharma, a content creator popularly known as “Nerd with a Bindi,” and Ms. Nikita Tyagi, a TEDx speaker and social media influencer. Both speakers shared valuable insights and engaged meaningfully with the audience.

The event commenced with the felicitation of both speakers by the Society Convener, Dr. Preeti Rani, who presented them with mementos and a tulsi plant. This was followed by the ceremonial lamp lighting, marking the formal beginning of the session. Ms. Shailja Sharma, the first speaker, shared her journey as a content creator and provided deep insights into the nuances of Indian art and culture. She elaborated on the richness and diversity of cultural traditions, making the session informative and engaging.

Following her, Ms. Nikita Tyagi addressed the audience on the theme “Reprogram Yourself: The Geeta Way.” She explained the significance of the teachings of the Bhagavad Gita in modern life and encouraged students to adopt a positive and mindful approach towards personal growth. Her session was interactive and resonated strongly with the students.

The session witnessed active participation from students, many of whom asked thoughtful and insightful questions. The speakers patiently addressed all queries, fostering an engaging and intellectually stimulating environment. The feedback from the participants was highly positive, with many describing the session as enriching and thought-provoking.

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The event concluded with a vote of thanks by Dr. Preeti Rani, who appreciated the presence of the speakers and the enthusiastic participation of the students. Overall, the session proved to be a meaningful and inspiring experience for everyone involved.

Five Geo-tagged Pictures:



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Attach Attendance Sheet:

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| 27 | Tyot Prakash | gulariyotprakash@gmail.com | 7988159812 | Nice session |
| 28 | Shreya | shreya24med@gmail.com | 7973836511 | Session full of knowledge |
| 29 | Priyansh | taibspriyansh39@gmail.com | 8770451798 | |
| 30 | Meghanshi Bhatnagar | meghanshibhatnagar123@gmail.com | 8619372819 | Emergent Session |
| 31 | Kumar Sonu | kumarsonu1234@gmail.com | 9140698084 | Cool Session |
| 32 | Shreya Jaiswal | shreya.jaiswal206@gmail.com | 9939313852 | Nice |

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