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2024-2025

Name of the Event: Speaker Session on "The Soulful Hustle: Hustle in Harmony"

Organised by: Ethiccraft: Hansraj Chapter

Date of the Event: 18.02.2025

Duration/Event Timing: 1 PM to 4 PM

Venue of the Event: Old Seminar Room

Name of Coordinator(s): Mr Atul (Ethiccraft)

Student Coordinator(s): Mr Vivek and Mr Manik

Name of Convener (s): Dr Pooja Jha Maity and Dr Parul Pant

Event Description (About 250 Words)

The Ethiccraft: Hansraj Chapter organized an insightful Speaker Session on 18th February 2025 at the Old Seminar Room, Hansraj College. The event featured HG Amogh Lila Prabhu, a senior preacher of ISKCON, as the guest speaker. HG Madhav Prabhu Ji graced the event as the Guest of Honour. The session revolved around the theme "The Soulful Hustle: Hustle in Harmony", emphasizing balance between personal growth and spiritual well-being.

HG Amogh Lila Prabhu shared profound insights on **procrastination**, identifying its root causes as attachment to comfort zones, lack of clarity, fear of failure, absence of a conducive environment, and negative interpretation of life events. He advised overcoming procrastination by **tracking progress**, **taking small yet consistent steps**, **seeking guidance**, **and creating a positive environment**. He emphasized the importance of learning from failures, cultivating an action-oriented mindset, and **transforming jealousy into inspiration**.

The session also highlighted the need for **daily self-improvement by at least 1%**, maintaining flexibility in attitude, avoiding distractions, and reinforcing positive thoughts. He suggested that for relaxation, students should engage in physical activities

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like brisk walking and playing badminton. His words, "Efforts and prayers make everything possible," deeply resonated with the audience.

The event also included engaging elements such as a **live quiz, Mantra Rock performance, and return gifts** for participants. The session successfully provided valuable takeaways for students, encouraging them to cultivate discipline, resilience, and a growth-oriented mindset in their daily lives.

Pictures:



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Attach Attendance Sheet



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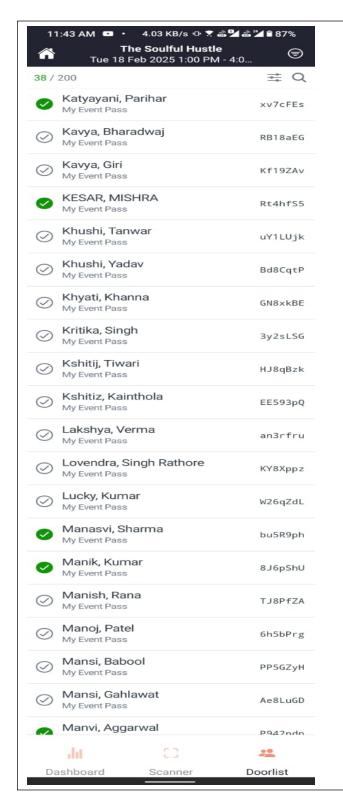
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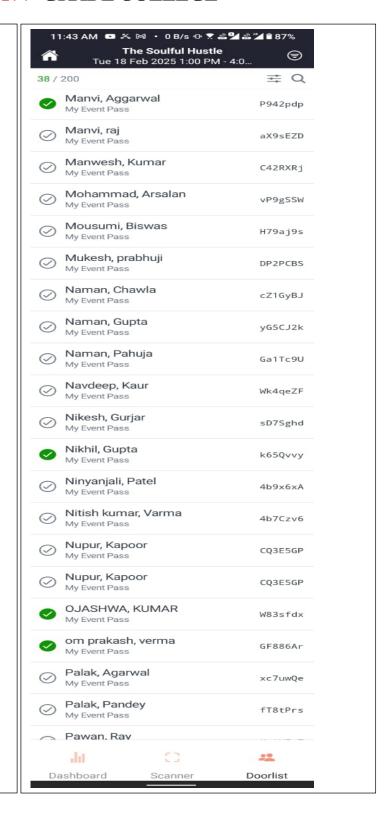
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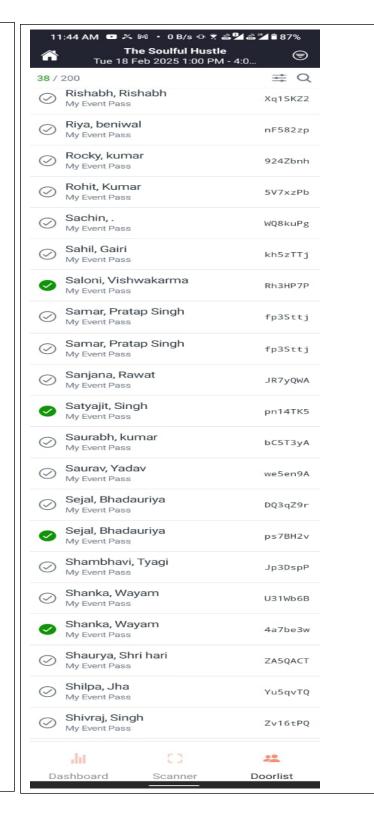
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