

हंसराज कॉलेज

दिल्ली विश्वविद्यालय
महात्मा हंसराज मार्ग,
मलकागंज, दिल्ली-110007
दूरभाष : 011-27667458, 27667747
ई-मेल : principal_hrc@yahoo.com
वेबसाइट : www.hansrajcollege.ac.in



HANS RAJ COLLEGE

UNIVERSITY OF DELHI
Mahatma Hansraj Marg
Malkaganj, Delhi – 110007
Tel.: 011-27667458, 27667747
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Women's Development Cell

Basic Life Support Session: 1 October, 2025

Name of Activity: Awareness Program and Basic life support training.

Name of Society: Women's development Cell, Hansraj college.

Date of Activity: 1 October, 2025

Convenor of Society: Dr. Apoorva Gupta.

Collaboration : National Service Scheme, Hansraj college.

Convenor of NSS : Dr. Apoorva Gupta.

Student In-charge of the Event: Unnati

Coordinator : Dr. Parul VPCI (Vallabbhai patel chest institute)

Venue : Library Auditorium, Hansraj College

Timings : 12 pm onwards

Description of Activity Conducted:

The Women's Development cell of Hansraj college organized **Swasth Nari Shashakt Abhiyan — Healthy Women**, Empowered Mission, a campaign dedicated to spreading awareness about women's health, empowerment, and holistic well-being.

The multi-day initiative aimed to emphasize that a healthy woman is not only an individual asset but the foundation of a healthy society.

1) **Women's Health and Empowerment:** The sessions stressed the need for awareness programs that view female health as central to community well-being.

2) **Mental and Holistic Health:** An enlightening talk by Dr. Raj Kumar explored how education, meditation, and music can strengthen both mental and physical wellness.

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3) *Public Health Awareness*: Discussions on tobacco and nicotine addiction addressed myths, media misrepresentation, and the need for cessation programs.

4) *Emergency Response Training*: The campaign concluded with hands-on learning in Basic Life Support (BLS), equipping students with life-saving skills.

The event beautifully reflected WDC's mission — to create a space where awareness meets action, and empowerment begins with well-being.

Poster of the Event:

WOMEN'S DEVELOPMENT CELL
in collaboration with
NATIONAL SERVICE SCHEME
HANSRAJ COLLEGE, UNIVERSITY OF DELHI

स्वस्थ नारी सशक्त परिवार अभियान
**AWARENESS PROGRAM
AND BASIC LIFE SUPPORT TRAINING!**
organised by
VALLABHAI PATEL CHEST INSTITUTE

HIGHLIGHTS:

- Smoking Cessation Session
- Nukkad Natak: Hazards of Passive Smoking
- Celebrity Interaction
- Awareness of Lung health and Spirometry
- BLS Training

REGISTER NOW!

SPECIAL ATTRACTION:

Blow in and test your lung health, free gifts, hydrate yourself!
E-certificates

1 October 2025

12:00 P.M. onwards

Library Auditorium

UNNAT BHARAT ABHIYAN

Prof. Dr. Rama Principal Hansraj College
Dr. Apoorva Gupta Convenor WDC, NSS
Dr. Parul Coordinator VPCI
Unnati Jha President WDC
Archita President NSS, Hansraj

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Geo tagged photos:



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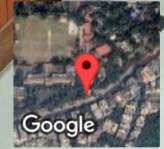
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110007, India
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01/10/2025 12:56 PM GMT +05:30

GPS Map Camera

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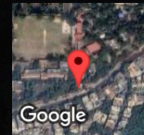
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LIST OF STUDENTS PARTICIPATED :

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Name	Course	Year
1) Aditi	Bcom Hons	3rd year
2) Kashish	BA (Eng.) Hons.	3rd year
3) Unnati	BA (Eng.) Hons.	3rd year
4) Netra Chaudhary	BA (History) Hons	3rd year
5) Anjali Bhatnagar	BA Program	3rd year
6) Kushneel Vaidyanath	BA philosophy	3rd year
7) Snehal	BA prog.	3rd yr
8) Abhinav Rajawat	B.A (Philosophy) Hons	3rd yr
9) Krishna Sharma	B.A (Philosophy) Hons	3rd yr
10) Nishita Jain	Bcom Hons	3rd yr
11) Jyoti Prakash Gulati	B.A. Program	3rd year
12) Aaradhana	B.A. Program	3rd year
13) Chanchal	B.com Hons	3rd year
14) Rohan Yadav	B.com Hons	3rd year
15) Lucky	B.com Hons	3rd year
16) Rehani	BA Eco Hons	3rd year
17) Saksham	B.com Hons	3rd year
18) Divyanshu	B.com Hons	3rd year
19) Yash	BA programme	3rd year
20) Aman	BA Eng Hons	3rd year
21) Mihir	B.com Hons	3rd year
22) Anush	BA Eco Hons	3rd year
23) Divyanshu	BA Eng Hons	3rd year
24) Akshat	History Hons	3rd year

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apsara

Date: _____

28	Yashu	Ba Philosophy	3rd
29	Nihal	Ba Hindi	3rd
30	Vipul	Ba eco	3rd
31	Vansh	Ba eco.	3rd
32	Vishal Shukla	BA prog	3rd
33	Monika	BA prog	3rd
34	Rohini	BA prog	3rd
35	Aanjan Charan	B.A Prog	3rd
36	Mu. Saad	B.A. Prog	III
37	Parth	B.A. Prog	III
38	AKSHIT	B.A. Eco	III
39	KRISHNA	B.A. Eco	III
40	Akhilesh	B-com	III
41	Avinash	BA(H) Philo.	III
42	Pooja	B-com	III
43	Sushil	B.A. prog	III
44	Sachin	Ba Eng II	II
45	Bisma	BA Eng III	3rd
46	Vedant Saini	BA Eco hons.	3rd
47	Ayan Das	BA Eco hons.	3rd
48	Sushant	BA Eng hons	3rd
49	Rohan	BA Eng hons	3rd
50	Vivek	BA Eco hons	3rd
51	Kastik Gupta	BA Eco hons	3rd
52	Tannu	BA Eng hons	3rd

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Date:			
53	Saanyh	BA (H) Eng	Third Yr
54	Saniya	BA (H) Eng	Third Yr
55	Sejal	BA (H) Eco	Third Yr
56	Shradha	BA (H) Eco	Third year
57	Anshul	BA (H) Eng	III
58	Harshvardhan	BA (H) Eng	III rd
59	Sanaa	BA Program	JJRD
60	Aarohi	B.A (H) Eng	Third Year
61	Aaryan	B.A (H) Eng	III rd Yr.
62	Kavyashree	B.A (H) Eng	III rd Year
63	Adhya	B.A (H) Eng	Third Year
64	Siddhi	B.com	3rd Year
65	Ashutosh	B.A Prog.	3rd Year
66	Anshu	B. COM	3rd Year
67	Akush	B.A Prog.	3rd Year
68	Praneeth	B.A (H) Eng	3rd year
69	Milvreet Kaur	B.A. (H) Eng	3rd year
70	Vaibhav	B.A. (H) Eng	3rd Year
71	Astha Sharma	BA (H) Eco	III rd year