



हंसराज कॉलेज  
— दिल्ली विश्वविद्यालय —



**HANSRAJ COLLEGE**  
**University of Delhi**  
**NAAC Grade A++ with CGPA 3.71**

## **NSS Unit**

**Name of the Event: Poster Making Competition on No Tobacco Day**

**Organised by: NSS**

**Date of the Event: 5th July, 2025**

**Duration/Event Timing: Online**

**Venue of the Event: Online**

**Name of Coordinator(s): Aarju**

**Name of Convener: Dr. Apoorva Gupta**

### **Event 1: Poster Making Competition:**

- On the occasion of **World No Tobacco Day**, the **National Service Scheme (NSS) unit of Hansraj College** organized an **online poster making competition on 5th July 2025**.
- The aim of the event was to **spread awareness about the harmful effects of tobacco consumption** and to encourage the youth to choose a healthier, tobacco-free lifestyle. The competition was held in an online mode, allowing maximum participation and inclusivity.
- Participants were invited to create original handmade posters on the theme “**Say No to Tobacco – Yes to Life**”. The posters could be made using A4 or chart paper, then scanned or photographed and submitted via Google Form. The submissions were judged on the basis of creativity, clarity, and strength of the message conveyed.
- The event received an **overwhelming response, with students from various departments showcasing their talent and social responsibility through art**. Their creations reflected powerful anti-tobacco messages, urging society to understand the health hazards of tobacco usage.



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- The top 3 entries were awarded appreciation certificates, and e-certificates were provided to all participants. The best posters were also featured on NSS Hansraj's official social media handles, helping amplify the cause to a wider audience.
- The event concluded with a strong message:  
**“Let your art speak against tobacco – Quit today, live tomorrow!”**

**Number of Participants: 37**

**Names of Participants:**

- TANVI
- HARSHITA GOYAL
- SIMRAN CHHABRA
- AVANEEK GUPTA
- HARISH KUMAR
- SHREESH AGRAWAL
- ROOPSHIKHA BISWAS
- GUDIYA KUMARI
- SUNITA YADAV
- SAGARIKA MOHANTY
- VAIDIK MANGAL
- KATYAYANI PARIHAR
- TUSHAR PANDEY
- SONI
- ADITYA YADAV
- SARAH MARIE DSOUZA
- PARAB DHOKA
- REENA DHOKA
- SANDEEP KUMAR
- SUNITA
- SANJANA BARIK
- KHYATI AGRAWAL
- LOKESH SEHRAWAT
- ANIKET SHARMA
- RAVINDRA
- UJJWAL OJHA
- SATHAU MARMA
- SIMRAN SUBHADARSHANI
- SHREYA PANDEY
- KAVYANSHI



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- ARPITA GANGADEB
- SRISHTI VERMA
- AKASHDEEP
- CHITRA SHEKHAWAT
- DISHA
- DIPTI SINGH
- ANUJ SHARMA

**Pictures of entries:**

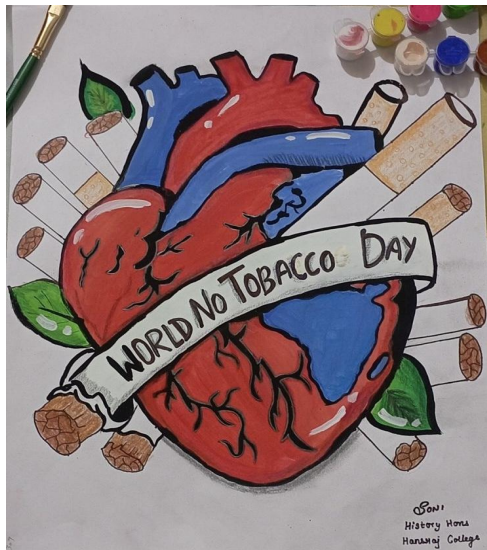
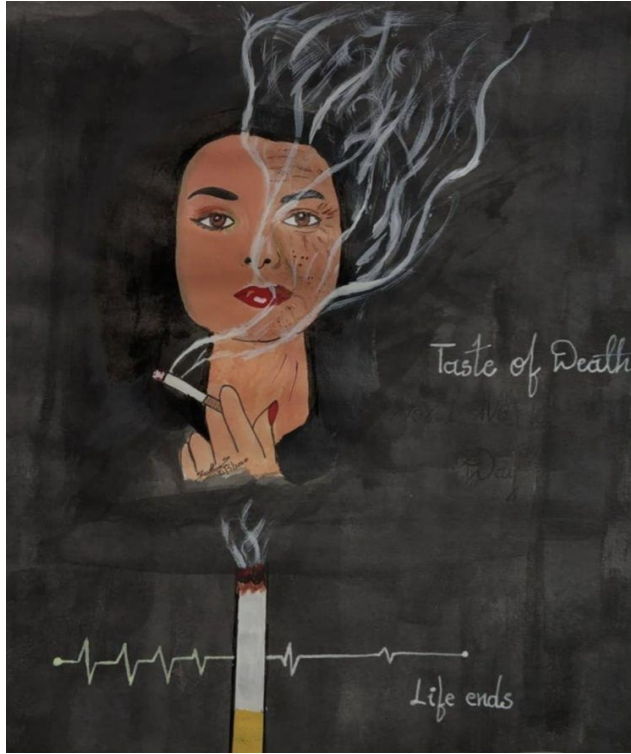




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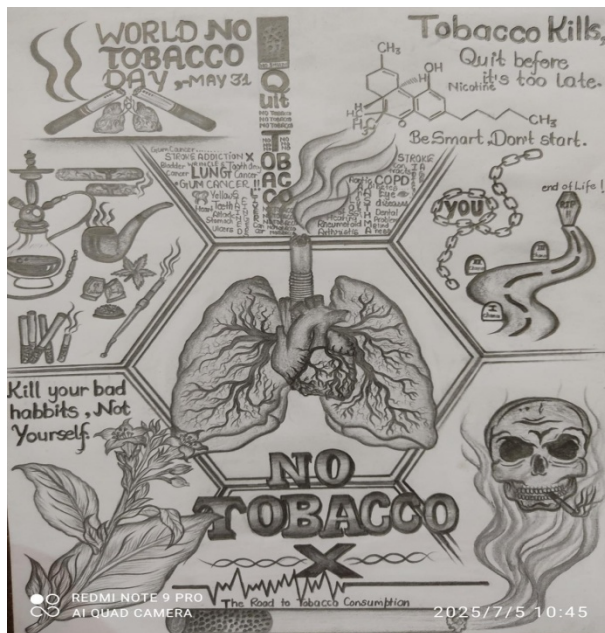




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**Event 2: Online Pledge on No Tobacco Day – 5th July**

- On 7th July, the NSS unit actively participated in an **online anti-Tobacco pledge** organized on the **gov.in portal** to mark **International Day Against Tobacco**. Volunteers and students took the pledge to stay away from smoking and alcohol and spread awareness about the ill effects of tobacco.

**Number of Participants: 24**

**PARTICIPANT NAMES:**

- Labh Goyal
- Dheerendra Singh
- Harish Kumar
- Shreesh Agrawal
- Ansh
- Ayush
- Arpit Joshi
- Suyash Kumar
- Nikita
- Naveen Kumar
- Harish Kumar Yadav
- Khyati
- Harshita Goyal
- Pratishtha
- Indrajeet Gupta
- Lakshay
- Khushi Luna



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- KUMARI Riya
- Nikita
- Swastik Choudhary
- Anuj
- Vaibhavi Awasthi
- Harshit Tanwar
- Aarju Choudhary

**Certificate Pictures:**

