



**IQAC HANSRAJ COLLEGE
UNIVERSITY OF DELHI**

INVITES YOU TO THE WEBINAR ON

STRESS MANAGEMENT: TOWARDS RECOVERY, RESILIENCE & ADAPTATION



DR. VIKASNI KANNAN

CLINICAL PSYCHOLOGIST- RCI REGISTERED,
CERTIFIED SPECIAL EDUCATOR

— LAST DAY TO REGISTER: 30 AUGUST, MONDAY —



DATE

3rd September, 2021
Friday



SESSION DURATION

3:00 PM – 5:00 PM



PLATFORM

MS-TEAMS

Open for students, teaching and non-teaching staff
(E-certificate to all registered participants)

DR. REETIKA JAIN
Event Convener
Dept. of Commerce

DR. MONA BHATNAGAR
IQAC Director

Patron
PROF. (DR.) RAMA
Principal