



**HANSRAJ COLLEGE
(NAAC A++ CGPA 3.71)
UNIVERSITY OF DELHI**

**INTERNAL QUALITY ASSURANCE CELL
& COUNSELLING UNIT**

**3 MONTH
ONLINE
CERTIFICATE COURSE
ON**

TRAUMA INFORMED PSYCHOSOCIAL CARE

CONTACT US

To register or for queries, contact-
Rachel Alice (Course Convener)
+919450639462 (WhatsApp or call)
rachel@hrc.du.ac.in

ABOUT THE COURSE

The Certificate course on Trauma Informed Care aims to provide a comprehensive curriculum addressing the needs of medical professionals, psychologists, counsellors, social workers, mental health advocates and first responders. It focuses on a holistic approach to trauma-informed counseling and interventions, with an emphasis on scientific, cultural and contextual understanding and ethical considerations.

This knowledge can enhance one's understanding of human behavior, communication, and interpersonal dynamics, which are relevant in various fields. For instance, educators, HR professionals, or those in leadership roles can apply trauma-informed principles to create supportive environments. In addition to helping clinicians upskill themselves for effective work with individuals and organizations in their specific areas, it also equips people from non-psychology background with skills to navigate challenging situations and foster empathetic, understanding interactions in diverse contexts.

DETAILS

Duration: 3 Months (Feb 17 - May 25, 2024)
Class time: 7-8.30pm IST every Saturday
Breaks: 23.3.24(Holi) & 30.3.24(Easter Saturday)

Eligibility: Psychologists, Psychiatrists, Social Workers, Educators, College Students & Psychology Enthusiasts

Limited Seats.

Last Day to register: February 10, 2024

Fee Structure:

For Indian Students-INR 10,000/-
International Students- \$200 /-

Discounts & Scholarship:

Early bird Fee: INR 7500/- (for the first 10 students)
Group Discount (3 or more): 10% off
HRC students and staff: 50% off

1 Special Need-based Scholarship sponsored by Anjana Dayal Prewitt-Diaz & Dr. Joseph O Prewitt-Diaz: 40% off

Requirements for Certificate:

- Attendance in at least 10 out of 13 classes
- Active participation in discussions and activities
- Pre-class reading
- Reflective assignments to be submitted for each module
(would be assigned by the educator)



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DATE & TIME (IST)	TOPIC	SPEAKER	ABOUT THE SPEAKER
17.2.24	Orientation		Introduction of Speakers & Participants Welcome by Prof. (Dr.) Rama (Principal, Hansraj College) & Dr. Alka Kacker (Director, IQAC, Hansraj College)
24.2.24 7-8.30PM	Trauma Informed Counselling Skills	Ms. Rachel Alice	MA(Psychosocial Clinical Studies, B.Ed Counselling Psychologist & Educator, Hansraj College Psychotherapist & Qualitative Researcher QPR Certified Suicide Gatekeeper
2.3.24 7-8.30PM	Neurobiology of Trauma	Ms. Alisha Massey	MA, MSc. (Cognitive & Affective Neuroscience), Aston University, U.K. SEN Teaching Assistant, Dudley College, England, U.K. QPR Certified Suicide Gatekeeper
9.3.24 7-8.30PM	Understanding Trauma from a Clinical Lens	Ms. Mansi Sharma	MA, PhD Scholar Rehabilitation Psychologist & Psychotherapist (RCI Licensed) Founder, Mental Health Matters
16.3.24 7-8.30PM	Understanding Trauma from a Psychosocial Lens	Mr. Prateek Sharma	MA, MPhil (NIMHANS) Clinical Psychologist & Psychotherapist Psychoanalytic Fellow at Washington Baltimore Centre for Psychoanalysis
6.4.24 7-8.30PM	Psychosocial support in times of humanitarian crisis	Dr. Joseph O Prewitt Diaz	MA, MSc, PhD, Post-Doc Humanitarian Psychologist, Educator & Author Disaster MH Regional Advisor, American Red Cross Former Head of Programs- India, American Red Cross(2002-2008) Former Faculty, University of Puerto Rico, University of Connecticut, The Pennsylvania State University, University of Honduras Former U.S. Army
13.4.24 7-8.30PM	On grieving	Mr. Puneet Balayan	MA (Psychosocial Clinical Studies) Diploma(Guidance & Counselling, NCERT) Depth-oriented Psychotherapist & Educator Former Counselling Psychologist, Hansraj College
20.4.24 7-8.30PM	Community & Caste-based Trauma	Mr. John Fen	MA (Person Centred Experiential Counselling & Psychotherapy Practice), University of Nottingham Person Centred Therapist
27.4.24 7-8.30PM	Trauma related to the body	Ms. Nilanjana Parijat	MA (Psychosocial Clinical Studies) Depth-based & Holistic Wellness Counselling Therapist Trained Yoga & Meditation Teacher



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4.5.24 7-8.30PM	Trauma & Suicidality	Ms. Devika Khanna	MA(TISS) Mental Health Professional Trainer & Educator Transactional Analyst
11.5.24 7-8.30PM	Developmental & Childhood Trauma	Ms. Niru Sankhala	PhD Clin. Psy. Candidate, Duquesne University, Pennsylvania, U.S. MA (Psychosocial Clinical Studies) Child & Adolescence Mental Health(Cert.), Children First
18.5.24 7-8.30PM	Transgenerational Trauma	Ms. Reva Puri	MA (Psychosocial Clinical Studies) Psychoanalytic Psychotherapist & Qualitative Researcher Member, International Association of Relational Psychoanalysis & Psychotherapy
25.5.24 7-8.30PM	Peace Psychology	Ms. Anjana Dayal Prewitt-Diaz	MA (UPEACE) Director, DEI Consultation, American Red Cross Sr. Fellow, The Martin Luther King Jr. Centre for Non-Violent Social Change (The King Centre)
25.5.24 8.30-9PM	Reflections	Ms. Rachel Alice	Reflections & Feedback (30 mins post session)