

# हंसराज महाविद्यालय

दिल्ली विश्वविद्यालय

महात्मा हंसराज मार्ग,

मलकागंज, दिल्ली - 110007

दूरभाष : 011-27667458, 27667747

ई-मेल : principal\_hrc@yahoo.com

वेबसाइट : www.hansrajcollege.ac.in



# HANSRAJ COLLEGE

UNIVERSITY OF DELHI

Mahatma Hansraj Marg

Malkaganj, Delhi – 110007

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**NAAC ACCREDITED 'A++' GRADE COLLEGE**

**2024-2025**

**Name of the Event: Speaker Session on "The Soulful Hustle: Hustle in Harmony"**

**Organised by: Ethiccraft: Hansraj Chapter**

**Date of the Event: 18.02.2025**

**Duration/Event Timing: 1 PM to 4 PM**

**Venue of the Event: Old Seminar Room**

**Name of Coordinator(s): Mr Atul (Ethiccraft)**

**Student Coordinator(s): Mr Vivek and Mr Manik**

**Name of Convener (s): Dr Pooja Jha Maity and Dr Parul Pant**

## **Event Description (About 250 Words)**

The **Ethiccraft: Hansraj Chapter** organized an insightful **Speaker Session** on **18th February 2025** at the **Old Seminar Room, Hansraj College**. The event featured **HG Amogh Lila Prabhu**, a senior preacher of ISKCON, as the guest speaker. HG Madhav Prabhu Ji graced the event as the **Guest of Honour**. The session revolved around the theme **"The Soulful Hustle: Hustle in Harmony"**, emphasizing balance between personal growth and spiritual well-being.

HG Amogh Lila Prabhu shared profound insights on **procrastination**, identifying its root causes as attachment to comfort zones, lack of clarity, fear of failure, absence of a conducive environment, and negative interpretation of life events. He advised overcoming procrastination by **tracking progress, taking small yet consistent steps, seeking guidance, and creating a positive environment**. He emphasized the importance of learning from failures, cultivating an action-oriented mindset, and **transforming jealousy into inspiration**.

The session also highlighted the need for **daily self-improvement by at least 1%**, maintaining flexibility in attitude, avoiding distractions, and reinforcing positive thoughts. He suggested that for relaxation, students should engage in physical activities

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like brisk walking and playing badminton. His words, "Efforts and prayers make everything possible," deeply resonated with the audience.

The event also included engaging elements such as a **live quiz, Mantra Rock performance, and return gifts** for participants. The session successfully provided valuable takeaways for students, encouraging them to cultivate discipline, resilience, and a growth-oriented mindset in their daily lives.

### Pictures:



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### Attach Attendance Sheet

Name	My Event Pass	ID
Aahana, Arora	My Event Pass	H46bn2Y
Addula, Vishalakshi	My Event Pass	nX9At6k
Aditi, Nigam	My Event Pass	7G6p2cv
Aditya, Bharti	My Event Pass	uN9BKxY
Akanksha, Roy	My Event Pass	gu2qs2A
Akshita, Rawat	My Event Pass	aU4Lzgu
Alok, Mishra	My Event Pass	2N8K6n5
Aman, .	My Event Pass	c2758Q8
Aman, Singh	My Event Pass	dX1Zf6e
Amit, Shrivastava	My Event Pass	fA2hdcJ
Amitesh, kasturiya	My Event Pass	Z62Eg5S
Anamika, Kumari	My Event Pass	dN5XCWq
Ananya, Gupta	My Event Pass	Za2LusT
Aniket, Yadav	My Event Pass	kn9Qpbs
Anish, Kumar	My Event Pass	AK7a2cy
anjali, jha	My Event Pass	AD4N26t
Anjali, kumari	My Event Pass	fJ2J4LW
Ankit, Mishra	My Event Pass	wp87B8R
Ankit, Sharma	My Event Pass	AE1TJF3
Ankit, Yadav	My Event Pass	kq6cBNN
Annu, Annu	My Event Pass	jf5YFbf
Anshu, Priya	My Event Pass	Tt644bA

Name	My Event Pass	ID
Anshu, Priya	My Event Pass	Tt644bA
Anuj, Saini	My Event Pass	6b78v65
Anupam, Chaurasiya	My Event Pass	9V6xyDa
Aradhya, Pal	My Event Pass	a849AtK
Archie, Meena	My Event Pass	ge9HzUr
Aryesh, Pandey	My Event Pass	C87GSts
Ashutosh, Srivastava	My Event Pass	a94qdYr
Atharv, Sharma	My Event Pass	n92Zbrk
Ayush, Aman	My Event Pass	f71Rdjj
Ayush, Anand	My Event Pass	Xb1GcZu
Ayush, Pratap Singh	My Event Pass	TF63bxS
Ayushi, Anand	My Event Pass	tb2bHyh
Ayushi, Kushwah	My Event Pass	VX4CfPb
bharat bhushan, rath	My Event Pass	cU2jHPU
Bhuvi, Chugh	My Event Pass	4774qav
Boby, .	My Event Pass	n56nsnS
Chandani, Kumari	My Event Pass	gR7FHGn
Chayan, Baghel	My Event Pass	4j8WKY8
chetanya, tugnait	My Event Pass	LD8bjEs
Deenak, Tomar	My Event Pass	

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## NAAC ACCREDITED 'A++' GRADE COLLEGE

11:43 AM • 192 B/s • 87%		
The Soulful Hustle		
Tue 18 Feb 2025 1:00 PM - 4:0...		
38 / 200		
✓	Deepak, Tomar My Event Pass	jy8KUKJ
✓	Deepak, Yadav My Event Pass	JQ12xBf
✓	Dev Nandan, Sharma My Event Pass	HQ3AQUv
✓	Diksha, Pallavi My Event Pass	L37aZRs
✓	Dinesh, Choudhary My Event Pass	Rn4ch2v
✓	Dipali, K My Event Pass	hE2cKJ5
✓	Disha, Rajak My Event Pass	wy6u4vj
✓	DIVYA, KUMARI My Event Pass	e55FdY4
✓	DIVYA, KUMARI My Event Pass	e55FdY4
✓	Diyakshi, Sharma My Event Pass	ZR2APcg
✓	Dolly, Sharma My Event Pass	Pu6Vrer
✓	Gaje, Singh Rathore My Event Pass	Xr17RRr
✓	Gaurav, Kumar My Event Pass	GX5KSEa
✓	Gaurav, Kumar My Event Pass	p32bYW9
✓	Ghanish, meena My Event Pass	pj7WvBN
✓	Harshit, Tanwar My Event Pass	ba4Yqgp
✓	Harshita, Goyal My Event Pass	Bb8kxNb
✓	Harshita, Goyal My Event Pass	Vn8yxhB
✓	Heena, Choudhary My Event Pass	qw8kq5s
✓	Hemant, Mishra My Event Pass	Zb4egy

11:43 AM • 1.59 KB/s • 87%		
The Soulful Hustle		
Tue 18 Feb 2025 1:00 PM - 4:0...		
38 / 200		
✓	Himani, Kumari My Event Pass	585KzUY
✓	Himanshi, . My Event Pass	g94z624
✓	Himanshi, Vyas My Event Pass	fK7Wgqd
✓	Hitesh, Purohit My Event Pass	X98pThL
✓	Ilma, Khan My Event Pass	2W8dJcG
✓	Ilma, Khan My Event Pass	gG2za8P
✓	Ishika, Sharma My Event Pass	DB5czk2
✓	Ishika, Trivedi My Event Pass	xJ1t3xw
✓	Jagriti, Pandey My Event Pass	hp2keeR
✓	Jahanvi, Khandelwal My Event Pass	Ka2kYyr
✓	Jatin, Kumar My Event Pass	HS7b7JG
✓	Jayanti, Preyashi My Event Pass	RX3nneS
✓	Jeet, Sahu My Event Pass	cf5BTAr
✓	JYOTI, MISHRA My Event Pass	h25JNaa
✓	Kajal, Kumari My Event Pass	rd1LGwJ
✓	Kajal, Kumari My Event Pass	rd1LGwJ
✓	Kanchan, Chauhan My Event Pass	678warE
✓	Kanika, . My Event Pass	HG2LXLC
✓	Karina, Sharma My Event Pass	bv8TU8F
✓	Kashish, Jain My Event Pass	8s8xWHG
✓	Katyayani, Parihar My Event Pass	xv7cFEs

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11:43 AM • 4.03 KB/s • 87%		
The Soulful Hustle		
Tue 18 Feb 2025 1:00 PM - 4:0...		
38 / 200		
✓	Katyayani, Parihar My Event Pass	xv7cFEs
✓	Kavya, Bharadwaj My Event Pass	RB18aEG
✓	Kavya, Giri My Event Pass	Kf19ZAv
✓	KESAR, MISHRA My Event Pass	Rt4hfS5
✓	Khushi, Tanwar My Event Pass	uY1LUjk
✓	Khushi, Yadav My Event Pass	Bd8CqtP
✓	Khyati, Khanna My Event Pass	GN8xkBE
✓	Kritika, Singh My Event Pass	3y2sLSG
✓	Kshitij, Tiwari My Event Pass	HJ8qBzk
✓	Kshitiz, Kainthola My Event Pass	EE593pQ
✓	Lakshya, Verma My Event Pass	an3rfru
✓	Lovendra, Singh Rathore My Event Pass	KY8Xppz
✓	Lucky, Kumar My Event Pass	W26qZdL
✓	Manasvi, Sharma My Event Pass	bu5R9ph
✓	Manik, Kumar My Event Pass	8J6pShU
✓	Manish, Rana My Event Pass	TJ8PfZA
✓	Manoj, Patel My Event Pass	6h5bPrg
✓	Mansi, Babool My Event Pass	PP5GZyH
✓	Mansi, Gahlawat My Event Pass	Ae8LuGD
✓	Manvi, Aggarwal My Event Pass	P942ndn

11:43 AM • 0 B/s • 87%		
The Soulful Hustle		
Tue 18 Feb 2025 1:00 PM - 4:0...		
38 / 200		
✓	Manvi, Aggarwal My Event Pass	P942pdp
✓	Manvi, raj My Event Pass	aX9sEzD
✓	Manwesh, Kumar My Event Pass	C42RXRj
✓	Mohammad, Arsalan My Event Pass	vp9gSSW
✓	Mousumi, Biswas My Event Pass	H79aj9s
✓	Mukesh, prabhuj My Event Pass	DP2PCBS
✓	Naman, Chawla My Event Pass	cZ1GyBJ
✓	Naman, Gupta My Event Pass	yG5CJ2k
✓	Naman, Pahuja My Event Pass	Ga1Tc9U
✓	Navdeep, Kaur My Event Pass	Wk4qeZF
✓	Nikesh, Gurjar My Event Pass	sD7Sghd
✓	Nikhil, Gupta My Event Pass	k65Qvvy
✓	Ninyanjali, Patel My Event Pass	4b9x6xA
✓	Nitish kumar, Varma My Event Pass	4b7Czv6
✓	Nupur, Kapoor My Event Pass	CQ3E5GP
✓	Nupur, Kapoor My Event Pass	CQ3E5GP
✓	OJASHWA, KUMAR My Event Pass	W83sfdx
✓	om prakash, verma My Event Pass	GF886Ar
✓	Palak, Agarwal My Event Pass	xc7uwQe
✓	Palak, Pandey My Event Pass	fT8tPrs
✓	Pawan, Rav	



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11:44 AM • 144 B/s • 87%		
The Soulful Hustle		
Tue 18 Feb 2025 1:00 PM - 4:00 PM		
38 / 200		
✓	Pawan, Ray My Event Pass	Kx1UFuZ
✓	Pawan, Yadav My Event Pass	au9Qsqd
✓	Piyush, singhal My Event Pass	sx6pBzK
✓	Prachi, Kushwaha My Event Pass	B9699tX
✓	Pradeep, Gurjar My Event Pass	SB3ydd3
✓	Pragya, Lamba My Event Pass	353nhjr
✓	Pragya, Sharma My Event Pass	SL5Y5jc
✓	Pranjal, Gupta A My Event Pass	bU79cRP
✓	Pranjal, Gupta A My Event Pass	bU79cRP
✓	Praveen, Kumar My Event Pass	Fs1Y8Lt
✓	Prince, Kumar My Event Pass	v56VZdb
✓	PRINKESH, Yadav My Event Pass	Vy2R59s
✓	Priyanka, Chouhan My Event Pass	uF5Bqfy
✓	Priyanshu, Dubey My Event Pass	Bp1SLGV
✓	Pushpanjali, Kumari My Event Pass	XV9PwqJ
✓	RAMCHANDRA, . My Event Pass	cf6nnFb
✓	Ratnika, Shukla My Event Pass	ju9fK7A
✓	Rawal, Singh My Event Pass	aF8jPf9
✓	Reena, Reena My Event Pass	9B67AN9
✓	Rekha, Moond My Event Pass	6U5xvvv
✓	Rijul, Dev My Event Pass	yK1KUQr
✓	Rishabh, Rishabh My Event Pass	Xq1SKZ2

11:44 AM • 0 B/s • 87%		
The Soulful Hustle		
Tue 18 Feb 2025 1:00 PM - 4:00 PM		
38 / 200		
✓	Rishabh, Rishabh My Event Pass	Xq1SKZ2
✓	Riya, beniwal My Event Pass	nF582zp
✓	Rocky, kumar My Event Pass	924Zbnh
✓	Rohit, Kumar My Event Pass	5V7xzPb
✓	Sachin, . My Event Pass	WQ8kuPg
✓	Sahil, Gairi My Event Pass	kh5zTTj
✓	Saloni, Vishwakarma My Event Pass	Rh3HP7P
✓	Samar, Pratap Singh My Event Pass	fp3Sttj
✓	Samar, Pratap Singh My Event Pass	fp3Sttj
✓	Sanjana, Rawat My Event Pass	JR7yQWA
✓	Satyajit, Singh My Event Pass	pn14TK5
✓	Saurabh, kumar My Event Pass	bC5T3yA
✓	Saurav, Yadav My Event Pass	we5en9A
✓	Sejal, Bhadauriya My Event Pass	DQ3qZ9r
✓	Sejal, Bhadauriya My Event Pass	ps7BH2v
✓	Shambhavi, Tyagi My Event Pass	Jp3DspP
✓	Shanka, Wayam My Event Pass	U31Wb6B
✓	Shanka, Wayam My Event Pass	4a7be3w
✓	Shaurya, Shri hari My Event Pass	ZA5QACT
✓	Shilpa, Jha My Event Pass	Yu5qvTQ
✓	Shivraj, Singh My Event Pass	Zv16tPQ

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Tue 18 Feb 2025 1:00 PM - 4:0...		
38 / 200		
✓	Shreya, Chinnar My Event Pass	EA6KqUF
⊖	Shreya, Dubey My Event Pass	SN1NkGF
⊖	Shriyanshu Kumar, Chaudhary My Event Pass	kw5P7Cr
⊖	Shubham, Suman My Event Pass	YV6v2SA
✓	shweta, kumari My Event Pass	ra9PS85
⊖	SIDDHANT, PATEL My Event Pass	GR1R3zk
✓	Soni, . My Event Pass	US7uR5B
⊖	Stuti, Singh My Event Pass	U67cCeD
✓	suhani, garg My Event Pass	qq85FYy
⊖	Sukhwinder, M My Event Pass	TS3QX28
⊖	Sukhwinder, M My Event Pass	ZK3CnGD
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⊖	Swati, Kumari My Event Pass	7u7uj4C
✓	Sweety, Sagar My Event Pass	pJ2UDYW
✓	Tanisha, Raj My Event Pass	Du3K3zf
⊖	Tanisha, Ruhel My Event Pass	CN1tLj5
⊖	Tushar, Yadav My Event Pass	Sv9XDZD
⊖	Unnati, Singhal My Event Pass	KE1eSKk
⊖	Urmila, Urmila My Event Pass	uz42sKU
✓	vaibhav, raj My Event Pass	6U7xEVE
⊖	Vansh, Gagneja My Event Pass	3B3Qh4d
⊖	Vanshika, Malik My Event Pass	TQ5QjZj
⊖	VANSHIKA, VANSHIKA My Event Pass	ff2XQ5N
⊖	Vardhan harsh, Nigam My Event Pass	kL8X4kG

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Tue 18 Feb 2025 1:00 PM - 4:0...		
38 / 200		
⊖	Vardhan harsh, Nigam My Event Pass	kL8X4kG
⊖	Varsha, Baghel My Event Pass	GF6K5cQ
⊖	Varun, Aggarwal My Event Pass	Kv3EEzy
⊖	Veena, Manogna My Event Pass	he2ar2Z
⊖	Veena, Manogna My Event Pass	GF8bR2X
⊖	Versha, Sah My Event Pass	Ad3sz6r
✓	Vidyanshu, Gautam My Event Pass	GR7chqV
⊖	Vikram, Singh My Event Pass	6k5RtFW
⊖	Vinamrata, Kashyap My Event Pass	pb9fdaq
✓	Vindhya, Bagri My Event Pass	xv8kDD6
⊖	Vishakha, Saroliya My Event Pass	Gp6P8Fv
⊖	Vishisht, Dubey My Event Pass	pE4YnLf
⊖	Vivek, Kumar My Event Pass	WU8zxve
✓	Vivek, Lodhi My Event Pass	pT1HgwR
⊖	Yagvi, Gaur My Event Pass	pE7Rj8v
⊖	Yash, Bhardwaj My Event Pass	kv2Kruc
⊖	Yash, Garg My Event Pass	nb4P7Lf
⊖	Yash, Solanki My Event Pass	3F1fLea
⊖	Yashasvi, Mittal My Event Pass	jn8RGKJ
⊖	Yashika, K My Event Pass	3d3JYaW
⊖	Yashobanta, Behera My Event Pass	LZ6RB9Y
⊖	Yukti, Singh My Event Pass	Rx429Rg