

Lecture 1

For Life Sciences (EVS) (9:40am-10:40 am) Monday (23-03-2020)

Chapter 5: Environmental Pollution (Continued....)

Topics to cover

Nuclear hazards and Human health risks:

Nuclear energy can be both beneficial and harmful depending on the way in which it is used. We use X-rays to examine bones for fractures, treat cancer with radiation and diagnose diseases with the help of radioactive isotopes. The radioactive wastes from nuclear energy have caused serious environmental damage. Nuclear fission is the splitting of the nucleus of the atom. The first controlled fission of an atom was carried out in Germany in 1938. However the United States was the first country to develop an atomic bomb which was subsequently dropped on the Japanese cities of Hiroshima and Nagasaki. Several serious accidents have caused worldwide concern about safety and disposal of radioactive wastes. In order to appreciate the consequences of using nuclear fuels to generate energy it is important to understand how the fuel is processed.

Presently India does operate reprocessing plants to reprocess spent fuel as an alternative to storing them as nuclear waste. At each step in the cycle there is a danger of exposure and poses several health and environmental concerns.

Although nuclear power has significant benefits, an incident which changed people's attitudes towards nuclear power plants was the Chernobyl disaster that occurred in 1986.

The degree and the kind of damage from nuclear accidents vary with the kind of radiation, the amount of radiation, the duration of exposure and the types of cells irradiated. Radiation can also cause mutations which are changes in the genetic makeup of the cells. Mutations can occur in the ovaries or the testes

leading to the formation of mutated eggs or sperms which in turn can lead to abnormal offspring. Mutations can also occur in the tissues of the body and may manifest themselves as abnormal tissue growths known as cancer. Two common cancers that are linked to increased radiation exposure are leukaemia and breast cancer.

Solid waste Management

In ancient cities, food scraps and other wastes were simply thrown into the unpaved streets where they accumulated. Around 320 B.C. in Athens, the first known law forbidding this practice was established and a system of waste removal began to evolve in several eastern Mediterranean cities. Disposal methods were very crude and often were just open pits outside the city walls. As populations increased, efforts were made to transport the wastes out further thus creating city dumps. Until recently the disposal of municipal solid waste did not attract much public attention. The favoured means of disposal was to dump solid wastes outside the city or village limits. Around most towns and cities in India the approach roads are littered with multi-coloured plastic bags and other garbage. Waste is also burnt to reduce its volume. Modern methods of disposal such as incineration and the development of sanitary landfills, etc. are now attempting to solve these problems. Lack of space for dumping solid waste has become a serious problem in several cities and towns all over the world. Dumping and burning wastes is not an acceptable practice today from either an environmental or a health perspective. Today disposal of solid waste should be part of an integrated waste management plan. The method of collection, processing, resource recovery and the final disposal should mesh with one another to achieve a common objective.

Sources of Urban and Industrial Wastes:

Urban waste consists of medical waste from hospitals; municipal solid wastes from homes, offices, markets (commercial waste) small cottage units, and horticulture waste from parks, gardens, orchards etc.

Waste from homes (Domestic waste)

It contains a variety of discarded materials like polyethylene bags, empty metal and aluminium cans, scrap metals, glass bottles, waste paper, diapers, cloth/rags, food waste, electronic waste (e-waste).

Waste from shops mainly consists of waste paper, packaging material, cans, bottles, polyethylene bags, peanut shells, egg shells, tea leaves etc.

Biomedical waste includes anatomical wastes, pathological wastes, infectious wastes etc.

Construction/demolition waste includes debris and rubbles, wood, concrete etc.

Horticulture waste and waste from slaughter houses include vegetable parts, residues and remains of slaughtered animals, respectively.

Industrial waste: Industrial waste consists of a large number of materials including factory rubbish, packaging material, organic wastes, acids, alkalis and metals etc. During some industrial processing large quantities of hazardous and toxic materials are also produced. The main sources of industrial wastes are chemical industries, metal and mineral processing industries. Radioactive wastes are generated by nuclear power plants. Thermal power plants produce fly ash in large quantities. Solid wastes from other types of industries include scrap metal, rubber, plastic, paper, glass, wood, oils, paints, asphalt, tars, dyes, scrap leather, ceramics, abrasives, slag, heavy metals, asbestos, batteries.

Lecture 2

For Life Sciences (EVS) (10:40am-11:40 am) Tuesday (24-03-2020)

Chapter 5: Environmental Pollution (Continued...)

Topics to Cover

Control measures of urban and industrial wastes:

An integrated waste management strategy includes three main components:

1. Source reduction
2. Recycling
3. Disposal

Reduction in use of raw materials: Reduction in the use of raw materials will correspondingly decrease the production of waste. Reduced demand for any metallic product will decrease the mining of their metal and cause less production of waste.

Reuse of waste materials: The refillable containers which are discarded after use can be reused. Villagers make casseroles and silos from waste paper and other waste materials. Making rubber rings from the discarded cycle tubes which are used by the newspaper vendors, instead of rubber bands, reduces the waste generation during manufacturing of rubber bands. Because of financial constraints poor people reuse their materials to the maximum.

Recycling of materials: Recycling is the reprocessing of discarded materials into new useful products. For e.g. formation of some old type products *e.g.* old aluminium cans and glass bottles are melted and recast into new cans and bottles. Formation of new products: Preparation of cellulose insulation from paper, preparation of fuel pellets from kitchen waste. Preparation of automobiles and construction materials from steel cans.

The process of reducing, reusing and recycling saves money, energy, raw materials, land space and also reduces pollution. Recycling of paper will reduce

cutting of trees for making fresh paper. Reuse of metals will reduce mining and melting of ores for recovery of metals from ores and prevent pollution.

Waste segregation and disposal

Sanitary landfill: In a sanitary landfill, garbage is spread out in thin layers, compacted and covered with clay or plastic foam. In the modern landfills the bottom is covered with an impermeable liner, usually several layers of clay, thick plastic and sand. The liner protects the ground water from being contaminated due to percolation of leachate. Leachate from bottom is pumped and sent for treatment. When landfill is full it is covered with clay, sand, gravel and top soil to prevent seepage of water. Several wells are drilled near the landfill site to monitor if any leakage is contaminating ground water. Methane produced by anaerobic decomposition is collected and burnt to produce electricity or heat.

Composting: Due to shortage of space for landfill in bigger cities, the biodegradable yard waste (kept separate from the municipal waste) is allowed to degrade or decompose in an oxygen rich medium. A good quality nutrient rich and environmental friendly manure is formed which improves the soil conditions and fertility.

Incineration: Incinerators are burning plants capable of burning a large amount of materials at high temperature generally more than 900°C. The required heat comes from oxidation of organically bound carbon and hydrogen present in the waste material or the added fuel. During incineration high levels of dioxins, furans, lead and cadmium may be emitted with the fly ash of incinerator. Dioxin level may reach many times more than in the ambient environment. For

incineration of materials, it is better to remove batteries containing heavy metals and plastic containing chlorine before burning the material. Prior removal of plastics will reduce emissions of dioxins and polychlorinated biphenyls (PCBs).

Hazardous waste

Modern society produces large quantities of hazardous waste which are generated by chemical manufacturing companies, petroleum refineries, paper mills, smelters and other industries. Hazardous wastes are those that can cause harm to humans or the environment.

Characteristics of hazardous wastes

A waste is classified as a hazardous waste if it exhibits any of the four primary characteristics based on the physical or chemical properties of toxicity, reactivity, ignitability and corrosivity. In addition to these waste products that are either infectious or radioactive are also classified as hazardous Toxic wastes are those substances that are poisonous even in very small or trace amounts. Some may have an acute or immediate effect on humans or animals causing death or violent illness. Others may have a chronic or long term effect slowly causing irreparable harm to exposed persons. Acute toxicity is readily apparent because organisms respond to the toxin shortly after being exposed. Chronic toxicity is much more difficult to determine because the effects may not be seen for years. Certain toxic wastes are known to be carcinogenic, causing cancer and others may be mutagenic causing biological changes in the children of exposed people and animals. Reactive wastes are those that have a tendency to react vigorously with air or water, are unstable to shock or heat, generate toxic gases or explode during routine management. For example, gunpowder, nitro glycerine, etc. Ignitable wastes are those that burn at relatively low temperatures (less than 60 C) and are capable of spontaneous combustion during storage, transport or disposal. For example, gasoline, paint thinners, and alcohol.

Corrosive wastes are those that destroy materials and living tissue by chemical reaction. For example, acids and bases. Infectious wastes include human tissue from surgery, used bandages and hypodermic needles, microbiological materials, etc. Radioactive waste is basically an output from the nuclear power plants and can persist in the environment for thousands of years before it decays appreciably.

Environmental problems and health risks caused by hazardous wastes.

As most of the hazardous wastes are disposed in land the most serious environmental effect is contaminated groundwater. Once groundwater is polluted with hazardous wastes it is very often not possible to reverse the damage. Pesticides are used increasingly to protect and increase food production. They form residues in the soil which are washed into streams which then carry them forwards. The residues may persist in the soil or in the bottom of lakes and rivers. Exposure can occur through ingestion, inhalation and skin contact resulting in acute or chronic poisoning. Lead, mercury and arsenic are hazardous substances which are often referred to as heavy metals. Lead is an abundant heavy metal and is relatively easy to obtain. It is used in batteries, fuel, pesticides, paints, pipes and other places where resistance to corrosion is required. Most of the lead taken up by people and wildlife is stored in bones. Lead can affect red blood cells by reducing their ability to carry oxygen and shortening their life span. Lead may also damage nerve tissue which can result in brain disease. Mercury occurs in several different forms. Mercury is used in the production of chlorine. It is also used as a catalyst in the production of some plastics. Our body has a limited ability to eliminate mercury. In the food web mercury becomes more concentrated as it is taken up by various organisms. PCBs (Polychlorinated biphenyls) are resistant to fire and do not conduct electricity very well which makes them excellent materials for several industrial

Purposes. Rainwater can wash PCBs out of disposal areas in dumps and landfills thus contaminating water. They cause long term exposure problems to both humans and wildlife. PCBs are concentrated in the kidneys and liver and thus cause damage. They cause reproductive failure in birds and mammals.