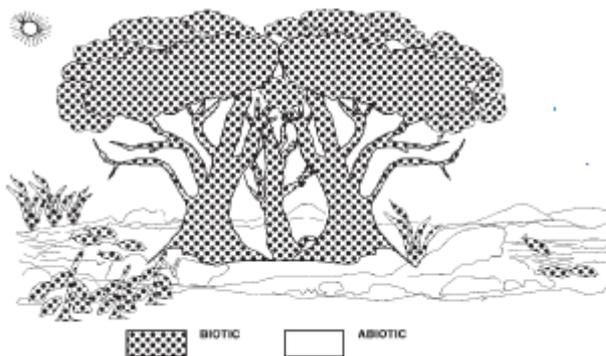


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## INTRODUCTION

Our environment provides us with a variety of goods and services necessary for our day to day lives. These natural resources include, air, water, soil, minerals, along with the climate and solar energy, which form the non-living or 'abiotic' part of nature. The 'biotic' or living parts of nature consists of plants and animals, including microbes. Plants and animals can only survive as communities of different organisms, all closely linked to each in their own habitat, and requiring specific abiotic conditions. Thus, forests, grasslands, deserts, mountains, rivers, lakes and the marine environment all form habitats for specialised communities of plants and animals to live in. Interactions between the abiotic aspects of nature and specific living organisms together form ecosystems of various types. Many of these living organisms are used as our food resources. Others are linked to our food less directly, such as pollinators and dispersers of plants, soil animals like worms, which recycle nutrients for plant growth, and fungi and termites that break up dead plant material so that micro-organisms can act on the detritus to reform soil nutrients.



**History of our global environment:** About ten thousand years ago, when mankind changed from a hunter-gatherer, living in wilderness areas such as forests and grasslands, into an agriculturalist and pastoralist, we began to change the environment to suit our own requirements. As our ability to grow food and use domestic animals grew, these 'natural' ecosystems were developed into agricultural land. Most traditional agriculturists depended extensively on rain, streams and rivers for water. Later they began to use wells to tap underground water sources and to impound water and created irrigated land by building dams. Recently we began to use fertilizers and pesticides to further boost the production of food from the same amount of land. However we now realize that all this has led to several undesirable changes in our environment. Mankind has been overusing and depleting natural resources. The over-intensive use of land has been found to exhaust the capability of the ecosystem to support the growing demands of more and more people, all requiring more intensive use of resources. Industrial growth, urbanisation, population growth and the enormous increase in the use of consumer goods, have all put further stresses on the environment. They create great quantities of solid waste. Pollution of air, water and soil have begun to seriously affect human health.

### **Changes in land and resource use:**

During the last 100 years, a better health care delivery system and an improved nutritional status has led to rapid population growth, especially in the developing countries. This phenomenal rise in human numbers has, in the recent past, placed great demands on the

earth's natural resources. Large stretches of land such as forests, grasslands and wetlands have been converted into intensive agriculture. Land has been taken for industry and the urban sectors. These changes have brought about dramatic alterations in land-use patterns and rapid disappearance of valuable natural ecosystems. The need for more water, more food, more energy, more consumer goods, is not only the result of a greater population, but also the result of over-utilization of resources by people from the more affluent societies, and the affluent sections of our own.

Industrial development is aimed at meeting growing demands for all consumer items. However, these consumer goods also generate waste in ever larger quantities. The growth of industrial complexes has led to a shift of people from their traditional, sustainable, rural way of life to urban centers that developed around industry. During the last few decades, several small urban centers have become large cities, some have even become giant mega-cities. This has increased the disparity between what the surrounding land can produce and what the large number of increasingly consumer-oriented people in these areas of high population density consume. Urban centers cannot exist without resources such as water from rivers and lakes, food from agricultural areas, domestic animals from pasture lands and timber, fuel wood, construction material and other resources from forests. Rural agricultural systems are dependent on forests, wetlands, grasslands, rivers and lakes. The result is a movement of natural resources from the wilderness ecosystems and agricultural sector to the urban user. The magnitude of the shift of resources has been increasing in parallel with the growth of industry and urbanisation, and has changed natural landscapes all over the world. In many cases, this has led to the rapid development of the urban economy, but to a far slower economic development for rural people and serious impoverishment of the lives of wilderness dwellers. The result is a serious inequality in the distribution of resources among human beings, which is both unfair and unsustainable.

**Earth's Resources and Man:** The resources on which mankind is dependent are provided by various sources or 'spheres'.

#### 1) **Atmosphere**

- Oxygen for human respiration (metabolic requirements).
- Oxygen for wild fauna in natural ecosystems and domestic animals used by man as food.
- Oxygen as a part of carbon dioxide, used for the growth of plants (in turn are used by man).

The atmosphere forms a protective shell over the earth. The lowest layer, the troposphere, the only part warm enough for us to survive in, is only 12 kilometers thick. The stratosphere is 50 kilometers thick and contains a layer of sulphates which is important for the formation of rain. It also contains a layer of ozone, which absorbs ultra-violet light known to cause cancer and without which, no life could exist on earth. The atmosphere is not uniformly warmed by the sun. This leads to air flows and variations in climate, temperature and rainfall in different parts of the earth. It is a complex dynamic system. If its nature is disrupted it affects all mankind. Most air pollutants have both global and regional effects.

Living creatures cannot survive without air even for a span of a few minutes. To continue to support life, air must be kept clean. Major pollutants of air are created by industrial units that release various gases such as carbon dioxide, carbon monoxide and toxic fumes into the air. Air is also polluted by burning fossil fuels. The buildup of carbon dioxide which is known as 'greenhouse effect' in the atmosphere is leading to current global warming. The growing number of scooters, motorcycles, cars, buses and trucks which run on fossil fuel (petrol and diesel) is a major cause of air pollution in cities and along highways. Air pollution leads to

acute and chronic respiratory diseases such as various lung infections, asthma and even cancer.

## 2) Hydrosphere

- Clean water for drinking (a metabolic requirement for living processes).
- Water for washing and cooking.
- Water used in agriculture and industry.
- Food resources from the sea, including fish, crustacea, sea weed, etc.
- Food from fresh water sources, including fish, crustacea and aquatic plants.
- Water flowing down from mountain ranges harnessed to generate electricity in hydroelectric projects.

The hydrosphere covers three quarters of the earth's surface. A major part of the hydrosphere is the marine ecosystem in the ocean, while only a small part occurs in fresh water. Fresh water in rivers, lakes and glaciers, is perpetually being renewed by a process of evaporation and rainfall. Some of this fresh water lies in underground aquifers. Human activities such as deforestation create serious changes in the hydrosphere. Once land is denuded of vegetation, the rain erodes the soil which is washed into the sea. Chemicals from industry and sewage find their way into rivers and into the sea. Water pollution thus threatens the health of communities as all our lives depend on the availability of clean water. This once plentiful resource is now becoming rare and expensive due to pollution.



## 3) Lithosphere

- Soil, the basis for agriculture to provide us with food.
- Stone, sand and gravel, used for construction.
- Micronutrients in soil, essential for plant growth.
- Microscopic flora, small soil fauna and fungi in soil, important living organisms of the lithosphere, which break down plant litter as well as animal wastes to provide nutrients for plants.
- A large number of minerals on which our industries are based.
- Oil, coal and gas, extracted from underground sources. It provides power for vehicles, agricultural machinery, industry, and for our homes.

The lithosphere began as a hot ball of matter which formed the earth about 4.6 billion years ago. About 3.2 billion years ago, the earth cooled down considerably and a very special event took place - life began on our planet. The crust of the earth is 6 or 7 kilometers thick and lies under the continents. Of the 92 elements in the lithosphere only eight are common

constituents of crustal rocks. Of these constituents, 47% is oxygen, 28% is silicon, 8% is aluminium, 5% is iron, while sodium, magnesium, potassium and calcium constitute 4% each. Together, these elements form about 200 common mineral compounds. Rocks, when broken down, form soil on which man is dependent for his agriculture. Their minerals are also the raw material used in various industries.

#### 4) **Biosphere**

- Food, from crops and domestic animals, providing human metabolic requirements.
- Food, for all forms of life which live as interdependent species in a community and form food chains in nature on which man is dependent.
- Energy needs: Biomass fuel wood collected from forests and plantations, along with other forms of organic matter, used as a source of energy.
- Timber and other construction materials.

This is the relatively thin layer on the earth in which life can exist. Within it the air, water, rocks and soil and the living creatures, form structural and functional ecological units, which together can be considered as one giant global living system, that of our Earth itself. Within this framework, those characterised by broadly similar geography and climate, as well as communities of plant and animal life can be divided for convenience into different biogeographical realms. These occur on different continents. Within these, smaller biogeographical units can be identified on the basis of structural differences and functional aspects into distinctive recognizable ecosystems, which give a distinctive character to a landscape or waterscape. Their easily visible and identifiable characteristics can be described at different scales such as those of a country, a state, a district or even an individual valley, hill range, river or lake. The simplest of these ecosystems to understand is a pond. It can be used as a model to understand the nature of any other ecosystem and to appreciate the changes over time that are seen in any ecosystem. The structural features of a pond include its size, depth and the quality of its water. The periphery, the shallow part and the deep part of the pond, each provide specific conditions for different plant and animal communities. Functionally, a variety of cycles such as the amount of water within the pond at different times of the year, the quantity of nutrients flowing into the pond from the surrounding terrestrial ecosystem, all affect the 'nature' of the pond.

**Natural cycles between the spheres:** All four spheres are closely inter-linked systems and are dependent on the integrity of each other. Disturbing one of these spheres in our environment affects all the others.

The linkages between them are mainly in the form of cycles. For instance, the atmosphere, hydrosphere and lithosphere are all connected through the hydrological cycle. Water evaporated from the hydrosphere (the seas and freshwater ecosystems), forms clouds in the atmosphere. This becomes rain, which provides moisture for the lithosphere, on which life depends. The rain also acts on rocks as an agent of erosion and over millions of years has created soil, on which plant life grows. Atmospheric movements in the form of wind, break down rocks into soil. The most sensitive and complex linkages are those between the atmosphere, the hydrosphere and the lithosphere on the one hand, with the millions of living organisms in the biosphere on the other. All living organisms which exist on earth live only in the relatively thin layer of the lithosphere and hydrosphere that is present on the surface of land and in the water. The biosphere which they form has countless associations with different parts of the three other 'spheres'.

It is therefore essential to understand the interrelationships of the separate entities soil, water, air and living organisms, and to appreciate the value of preserving intact ecosystems as a whole.

**Activity 1:**

**Observe a nearby pond in different seasons and document the seasonal changes in it. One can also observe changes in a river or the seasonal changes in a forest or grassland.**

**Activity 2:**

**Take a simple object in daily use and track its components back to each of its spheres.**

**Eg: this textbook: paper from wood – biosphere Water for pulping – hydrosphere Bleach to whiten paper – a mineral from lithosphere**

## **RENEWABLE AND NON-RENEWABLE RESOURCES**

Ecosystems act as resource producers and processors. Solar energy is the main driving force of ecological systems, providing energy for the growth of plants in forests, grasslands and aquatic ecosystems. A forest recycles its plant material slowly by continuously returning its dead material, leaves, branches, etc. to the soil. Grasslands recycle material much faster than forests as the grass dries up after the rains are over every year. All the aquatic ecosystems are also solar energy dependent and have cycles of growth when plant life spreads and aquatic animals breed. The sun also drives the water cycle.

Our food comes from both natural and agricultural ecosystems. Traditional agricultural ecosystems that depended on rainfall have been modified in recent times to produce more and more food by the addition of extra chemicals and water from irrigation systems but are still dependent on solar energy for the growth of crops. Moreover modern agriculture creates a variety of environmental problems, which ultimately lead to the formation of unproductive land. These include irrigation, which leads to the development of saline soil, and the use of artificial fertilizers eventually ruin soil quality, and pesticides, which are a health hazard for humans as well as destroying components vital to the long-term health of agricultural ecosystems.

To manufacture consumer products, industry requires raw materials from nature, including water, minerals and power. During the manufacturing process, the gases, chemicals and waste products pollute our environment, unless the industry is carefully managed to clean up this mess.

### **Natural resources and associated problems**

#### **The unequal consumption of natural resources:**

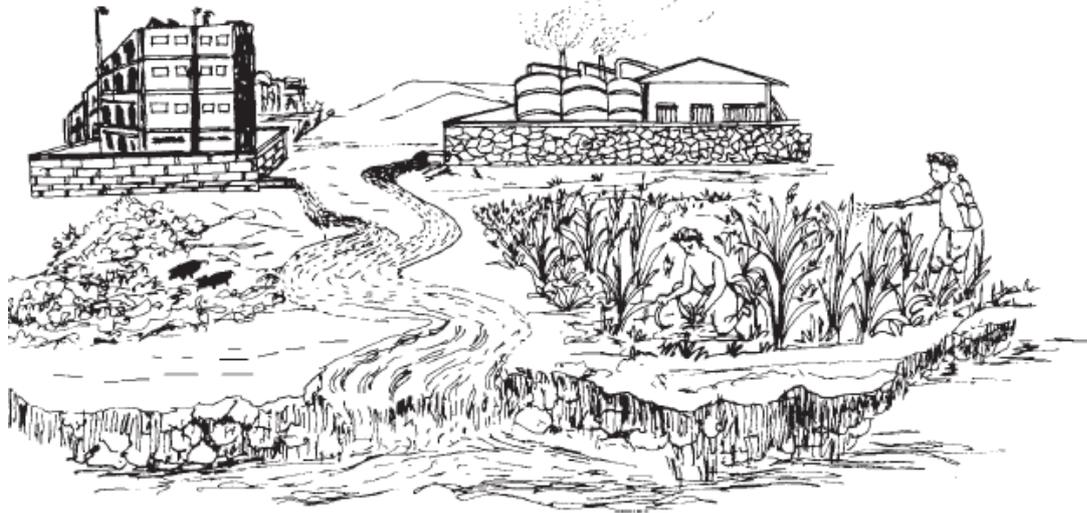
A major part of natural resources are today consumed in the technologically advanced or 'developed' world, usually termed 'the North'. The 'developing nations' of 'the South', including India and China, also over use many resources because of their greater human population. However, the consumption of resources per capita (per individual) of the developed countries is up to 50 times greater than in most developing countries. Advanced countries produce over 75% of global industrial waste and greenhouse gases.

Energy from fossil fuels is consumed in relatively much greater quantities in developed countries. Their per capita consumption of food too is much greater as well as their waste of enormous quantities of food and other products, such as packaging material, used in the food

industry. The USA for example with just 4% of the world's population consumes about 25% of the world's resources.

Producing animal food for human consumption requires more land than growing crops. Thus countries that are highly dependent on non-vegetarian diets need much larger areas for pastureland than those where the people are mainly vegetarian.

**Planning Landuse:** Land itself is a major resource, needed for food production, animal husbandry, industry, and for our growing human settlements. These forms of intensive landuse are frequently extended at the cost of 'wild lands', our remaining forests, grasslands, wetlands and deserts. Thus it is essential to evolve a rational land-use policy that examines how much land must be made available for different purposes and where it must be situated. For instance, there are usually alternate sites at which industrial complexes or dams can be built, but a natural wilderness cannot be recreated artificially. Scientists today believe that at least 10 percent of land and water bodies of each ecosystem must be kept as wilderness for the longterm needs of protecting nature and natural resources.



Land as a resource is now under serious pressure due to an increasing 'land hunger' - to produce sufficient quantities of food for an exploding human population. It is also affected by degradation due to misuse. Land and water resources are polluted by industrial waste and rural and urban sewage. They are increasingly being diverted for short-term economic gains to agriculture and industry. Natural wetlands of great value are being drained for agriculture and other purposes. Semi-arid land is being irrigated and overused.

The most damaging change in landuse is demonstrated by the rapidity with which forests have vanished during recent times, both in India and in the rest of the world. Forests provide us with a variety of services. These include processes such as maintaining oxygen levels in the atmosphere, removal of carbon dioxide, control over water regimes, and slowing down erosion and also produce products such as food, fuel, timber, fodder, medicinal plants, etc. In the long term, the loss of these is far greater than the short-term gains produced by converting forested lands to other uses.

**The need for sustainable lifestyles:** The quality of human life and the quality of ecosystems on earth are indicators of the sustainable use of resources. There are clear indicators of sustainable lifestyles in human life.

- Increased longevity

- An increase in knowledge
- An enhancement of income.

These three together are known as the 'Human development index'.

The quality of the ecosystems have indicators that are more difficult to assess.

- A stabilized population.
- The long term conservation of biodiversity.
- The careful long-term use of natural resources.
- The prevention of degradation and pollution of the environment.

### **Non-renewable resources**

These are minerals that have been formed in the lithosphere over millions of years and constitute a closed system. These non-renewable resources, once used, remain on earth in a different form and, unless recycled, become waste material.

Non-renewable resources include fossil fuels such as oil and coal, which if extracted at the present rate, will soon be totally used up. The end products of fossil fuels are in the form of heat and mechanical energy and chemical compounds, which cannot be reconstituted as a resource.

### **Renewable resources**

Though water and biological living resources are considered renewable. They are in fact renewable only within certain limits. They are linked to natural cycles such as the water cycle.

- Fresh water (even after being used) is evaporated by the sun's energy, forms water vapour and is reformed in clouds and falls to earth as rain. However, water sources can be overused or wasted to such an extent that they locally run dry. Water sources can be so heavily polluted by sewage and toxic substances that it becomes impossible to use the water.
- Forests, once destroyed take thousands of years to regrow into fully developed natural ecosystems with their full complement of species. Forests thus can be said to behave like non-renewable resources if overused.
- Fish are today being over-harvested until the catch has become a fraction of the original resource and the fish are incapable of breeding successfully to replenish the population.
- The output of agricultural land if mismanaged drops drastically.
- When the population of a species of plant or animal is reduced by human activities, until it cannot reproduce fast enough to maintain a viable number, the species becomes extinct.
- Many species are probably becoming extinct without us even knowing, and other linked species are affected by their loss.

The Dodo of Madagascar and the Cheetah in India are well known examples of extinct species. What is however not generally recognized is that thousands of extinctions of small plants and animals are occurring every year due to loss of their habitat. Over harvesting and poaching threaten the existence of many others.

**Activity 3: Utilisation of resources** The use of a resource begins with its collection, its processing into a useable product, and transport through a delivery system, to the consumer who uses it. It also involves disposal of the waste products produced at each step. Each step in resource use can affect the environment for better or worse. The

**control of these steps is known as environmental management. Think of a resource you use and track it through these steps.**

Eg. The cotton in the clothes you are wearing.

At each step note:

- What other resources are needed at this step to move the resource you chose to the next?
- What waste products are generated at that step?
- How are they likely to be disposed off?
- What pollutants are generated in the process?

### **a) Forest Resources**

**Use and overexploitation:** Scientists estimate that India should ideally have 33 percent of its land under forests. Today we have only about 12 percent. Thus we need not only to protect existing forests but also to increase our forest cover.

People who live in or near forests know the value of forest resources first hand because their lives and livelihoods depend directly on these resources. However, the rest of us also derive great benefits from the forests which we are rarely aware of. The water we use depends on the existence of forests on the watersheds around river valleys. Our homes, furniture and paper are made from wood from the forest. We use many medicines that are based on forest produce. And we depend on the oxygen that plants give out and the removal of carbon dioxide we breathe out from the air.

Forests once extended over large tracts of our country. People have used forests in our country for thousands of years. As agriculture spread the forests were left in patches which were controlled mostly by tribal people. They hunted animals and gathered plants and lived entirely on forest resources. Deforestation became a major concern in British times when a large amount of timber was extracted for building their ships. This led the British to develop scientific forestry in India. They however alienated local people by creating Reserved and Protected Forests which curtailed access to the resources. This led to a loss of stake in the conservation of the forests which led to a gradual degradation and fragmentation of forests across the length and breadth of the country.

Another period of overutilisation and forest degradation occurred in the early period following independence as people felt that now that the British had gone they had a right to using our forests in any way we pleased. The following years saw India's residual forest wealth dwindle sharply. Timber extraction continued to remain the Forest Department's main concern up to the 1970s. The fact that forest degradation and deforestation was creating a serious loss of the important functions of the forest began to override its utilisation as a source of revenue from timber.

## **FOREST FUNCTIONS**

### **Watershed protection:**

- Reduce the rate of surface run-off of water.
- Prevent flash floods and soil erosion.
- Produces prolonged gradual run-off and thus prevent effects of drought.

### **Atmospheric regulation:**

- Absorption of solar heat during evapo-transpiration.
- Maintaining carbon dioxide levels for plant growth.
- Maintaining the local climatic conditions.

### **Erosion control:**

- Holding soil (by preventing rain from directly washing soil away).

### **Land bank:**

- Maintenance of soil nutrients and structure.

**Local use** - Consumption of forest produce by local people who collect it for subsistence – (Consumptive use)

- Food - gathering plants, fishing, hunting from the forest.  
(In the past when wildlife was plentiful, people could hunt and kill animals for food. Now that populations of most wildlife species have diminished, continued hunting would lead to extinction.)
- Fodder - for cattle.
- Fuel wood and charcoal for cooking, heating.
- Poles - building homes especially in rural and wilderness areas.
- Timber – household articles and construction.
- Fiber - weaving of baskets, ropes, nets, string, etc.
- Sericulture – for silk.
- Apiculture - bees for honey, forest bees also pollinate crops.
- Medicinal plants - traditionally used medicines, investigating them as potential source for new modern drugs.

**Market use** - (Productive use)

- Most of the above products used for consumptive purposes are also sold as a source of income for supporting the livelihoods of forest dwelling people.
- Minor forest produce - (non-wood products): Fuelwood, fruit, gum, fiber, etc. which are collected and sold in local markets as a source of income for forest dwellers.
- Major timber extraction - construction, industrial uses, paper pulp, etc. Timber extraction is done in India by the Forest Department, but illegal logging continues in many of the forests of India and the world.

**Deforestation:** Where civilizations have looked after forests by using forest resources cautiously, they have prospered, where forests were destroyed, the people were gradually impoverished. Today logging and mining are serious causes of loss of forests in our country and all over the world. Dams built for hydroelectric power or irrigation have submerged forests and have displaced tribal people whose lives are closely knit to the forest. This has become a serious cause of concern in India.

One of India's serious environmental problems is forest degradation due to timber extraction and our dependence on fuelwood. A large number of poor rural people are still highly dependent on wood to cook their meals and heat their homes. We have not been able to plant enough trees to support the need for timber and fuelwood.

The National Forest Policy of 1988 now gives an added importance to JFM. Another resolution in 1990 provided a formal structure for community participation through the formation of Village Forest Committees. Based on these experiences, new JFM guidelines were issued in 2000. This stipulates that at least 25 per cent of the income from the area must go to the community. From the initiation of the program, until 2002, there were 63,618 JFM Committees managing over 140,953 sq. km of forest under JFM in 27 States in India.

The States have tried a variety of approaches to JFM. The share for village forest committees ranges from 25 per cent in Kerala to 100 per cent in Andhra Pradesh, 50 per cent in Gujarat, Maharashtra, Orissa and Tripura. In many States 25 per cent of the revenue is used for village development. In many States non-timber forest products (NTFPs) are available for people free of cost.

#### CASE STUDY

##### Joint Forest Management

The need to include local communities in Forest Management has become a growing concern. Local people will only support greening an area if they can see some economic benefit from conservation. An informal arrangement between local communities and the Forest Department began in 1972, in Midnapore District of West Bengal. JFM has now evolved into a formal agreement which identifies and respects the local community's rights and benefits that they need from forest resources. Under JFM schemes, Forest Protection Committees from local community members are formed. They participate in restoring green cover and protect the area from being over exploited.

Some States have stopped grazing completely; some have rotational grazing schemes which have helped in forest regeneration.

**Timber extraction, mining and dams** are invariably parts of the needs of a developing country. If timber is overharvested the ecological functions of the forest are lost. Unfortunately forests are located in areas where there are rich mineral resources. Forests also cover the steep embankments of river valleys, which are ideally suited to develop hydel and irrigation projects. Thus there is a constant conflict of interests between the conservation interests of environmental scientists and the Mining and Irrigation Departments. What needs to be understood is that long-term ecological gains cannot be sacrificed for short-term economic gains that unfortunately lead to deforestation. These forests where development projects are planned, can displace thousands of tribal people who lose their homes when these plans are executed. This leads to high levels of suffering for which there is rarely a satisfactory answer.

#### **b) Water resources**

The water cycle, through evaporation and precipitation, maintains hydrological systems which form rivers and lakes and support in a variety of aquatic ecosystems. Wetlands are intermediate forms between terrestrial and aquatic ecosystems and contain species of plants and animals that are highly moisture dependent. All aquatic ecosystems are used by a large number of people for their daily needs such as drinking water, washing, cooking, watering animals, and irrigating fields. The world depends on a limited quantity of fresh water. Water covers 70% of the earth's surface but only 3% of this is fresh water. Of this, 2% is in polar ice caps and only 1% is usable water in rivers, lakes and subsoil aquifers. Only a fraction of this can be actually used. At a global level 70% of water is used for agriculture about 25% for

industry and only 5% for domestic use. However this varies in different countries and industrialized countries use a greater percentage for industry. India uses 90% for agriculture, 7% for industry and 3% for domestic use.

One of the greatest challenges facing the world in this century is the need to rethink the overall management of water resources. The world population has passed the 6 billion mark. Based on the proportion of young people in developing countries, this will continue to increase significantly during the next few decades. This places enormous demands on the world's limited freshwater supply. The total annual freshwater withdrawals today are estimated at 3800 cubic kilometers, twice as much as just 50 years ago (World Commission on Dams, 2000). Studies indicate that a person needs a minimum of 20 to 40 liters of water per day for drinking and sanitation. More than one billion people worldwide have no access to clean water, and to many more, supplies are unreliable.

Local conflicts are already spreading to states. Eg. Karnataka and Tamil Nadu over the waters of the Krishna.

India is expected to face critical levels of water stress by 2025. At the global level 31 countries are already short of water and by 2025 there will be 48 countries facing serious water shortages. The UN has estimated that by the year 2050, 4 billion people will be seriously affected by water shortages. This will lead to multiple conflicts between countries over the sharing of water. Around 20 major cities in India face chronic or interrupted water shortages. There are 100 countries that share the waters of 13 large rivers and lakes. The upstream countries could starve the downstream nations leading to political unstable areas across the world. Examples are Ethiopia, which is upstream on the Nile and Egypt, which is downstream and highly dependent on the Nile. International accords that will look at a fair distribution of water in such areas will become critical to world peace. India and Bangladesh already have a negotiated agreement on the water use of the Ganges.

**Overutilization and pollution of surface and groundwater:** With the growth of human population there is an increasing need for larger amounts of water to fulfill a variety of basic needs. Today in many areas this requirement cannot be met. Overutilization of water occurs at various levels. Most people use more water than they really need. Most of us waste water during a bath by using a shower or during washing of clothes. Many agriculturists use more water than necessary to grow crops. There are many ways in which farmers can use less water without reducing yields such as the use of drip irrigation systems.

Agriculture also pollutes surface water and underground water stores by the excessive use of chemical fertilizers and pesticides. Methods such as the use of biomass as fertilizer and non toxic pesticides such as neem products and using integrated pest management systems reduces the agricultural pollution of surface and ground water.

Industry tends to maximise short-term economic gains by not bothering about its liquid waste and releasing it into streams, rivers and the sea. In the longer term, as people become more conscious of using 'green products' made by ecosensitive industries, the polluter's products may not be used. The polluting industry that does not care for the environment and pays off bribes to get away from the cost needed to use effluent treatment plants may eventually be caught, punished and even closed down. Public awareness may increasingly put pressures on industry to produce only eco-friendly products which are already gaining in popularity.

As people begin to learn about the serious health hazards caused by pesticides in their food, public awareness can begin putting pressures on farmers to reduce the use of chemicals that are injurious to health.

#### **CASE STUDY**

##### **Water pollution - Nepal**

The Narayani River of Nepal has been polluted by factories located on its bank. This has endangered fish, dolphins, crocodiles and other flora and fauna of the region.

**Global climate change:** Changes in climate at a global level caused by increasing air pollution have now begun to affect our climate. In some regions global warming and the El Nino winds have created unprecedented storms. In other areas, they lead to long droughts. Everywhere the 'greenhouse effect' due to atmospheric pollution is leading to increasingly erratic and unpredictable climatic effects. This has seriously affected regional hydrological conditions.

**Floods:** Floods have been a serious environmental hazard for centuries. However, the havoc raised by rivers overflowing their banks has become progressively more damaging, as people have deforested catchments and intensified use of river flood plains that once acted as safety valves. Wetlands in flood plains are nature's flood control systems into which overfilled rivers could spill and act like a temporary sponge holding the water, and preventing fast flowing water from damaging surrounding land.

Deforestation in the Himalayas causes floods that year after year kill people, damage crops and destroy homes in the Ganges and its tributaries and the Brahmaputra. Rivers change their course during floods and tons of valuable soil is lost to the sea. As the forests are degraded, rainwater no longer percolates slowly into the subsoil but runs off down the mountainside bearing large amounts of topsoil. This blocks rivers temporarily but gives way as the pressure mounts allowing enormous quantities of water to wash suddenly down into the plains below. There, rivers swell, burst their banks and flood waters spread to engulf peoples' farms and homes.

**Drought:** In most arid regions of the world the rains are unpredictable. This leads to periods when there is a serious scarcity of water to drink, use in farms, or provide for urban and industrial use. Drought prone areas are thus faced with irregular periods of famine. Agriculturists have no income in these bad years, and as they have no steady income, they have a constant fear of droughts. India has 'Drought Prone Areas Development', which are used in such areas to buffer the effects of droughts. Under these schemes, people are given wages in bad years to build roads, minor irrigation works and plantation programs.

Drought has been a major problem in our country especially in arid regions. It is an unpredictable climatic condition and occurs due to the failure of one or more monsoons. It varies in frequency in different parts of our country.

While it is not feasible to prevent the failure of the monsoon, good environmental management can reduce its ill effects. The scarcity of water during drought years affects homes, agriculture and industry. It also leads to food shortages and malnutrition which especially affects children.

Several measures can be taken to minimise the serious impacts of a drought. However this must be done as a preventive measure so that if the monsoons fail its impact on local people's lives is minimised.

In years when the monsoon is adequate, we use up the good supply of water without trying to conserve it and use the water judiciously. Thus during a year when the rains are poor, there is no water even for drinking in the drought area.

One of the factors that worsens the effect of drought is deforestation. Once hill slopes are denuded of forest cover the rainwater rushes down the rivers and is lost. Forest cover permits water to be held in the area permitting it to seep into the ground. This charges the underground stores of water in natural aquifers. This can be used in drought years if the stores have been filled during a good monsoon. If water from the underground stores is overused, the water table drops and vegetation suffers. This soil and water management and afforestation are long-term measures that reduce the impact of droughts.

irregular periods of famine. Agriculturists have no income in these bad years, and as they have no steady income, they have a constant fear of droughts. India has 'Drought Prone Areas Development Programs', which are used in such areas to buffer the effects of droughts. Under these schemes, people are given wages in bad years to build roads, minor irrigation works and plantation programs.

Drought has been a major problem in our country especially in arid regions. It is an unpredictable climatic condition and occurs due to the failure of one or more monsoons. It varies in frequency in different parts of our country.

While it is not feasible to prevent the failure of the monsoon, good environmental management can reduce its ill effects. The scarcity of water during drought years affects homes, agriculture and industry. It also leads to food shortages and malnutrition which especially affects children.

Several measures can be taken to minimise the serious impacts of a drought. However this must be done as a preventive measure so that if the monsoons fail its impact on local people's lives is minimised.

In years when the monsoon is adequate, we use up the good supply of water without trying to conserve it and use the water judiciously. Thus during a year when the rains are poor, there is no water even for drinking in the drought area.

One of the factors that worsens the effect of drought is deforestation. Once hill slopes are denuded of forest cover the rainwater rushes down the rivers and is lost. Forest cover permits water to be held in the area permitting it to seep into the ground. This charges the underground stores of water in natural aquifers. This can be used in drought years if the stores have been filled during a good monsoon. If water from the underground stores is overused, the water table drops and vegetation suffers. This soil and water management and afforestation are long-term measures that reduce the impact of droughts.

### **Water for Agriculture and Power Generation:**

India's increasing demand for water for intensive irrigated agriculture, for generating electricity, and for consumption in urban and industrial centers, has been met by creating

large dams. Irrigated areas increased from 40 million ha. in 1900 to 100 million ha. in 1950 and to 271 million ha. by 1998. Dams support 30 to 40% of this area.

Although dams ensure a year round supply of water for domestic use, provide extra water for agriculture, industry, hydropower generation, they have several serious environmental problems. They alter river flows, change nature's flood control mechanisms such as wetlands and flood plains, and destroy the lives of local people and the habitats of wild plant and animal species.

Irrigation to support cash crops like sugarcane produces an unequal distribution of water. Large landholders on the canals get the lion's share of water, while poor, small farmers get less and are seriously affected.

**Sustainable water management:** 'Save water' campaigns are essential to make people everywhere aware of the dangers of water scarcity. A number of measures need to be taken for the better management of the world's water resources. These include measures such as:

- Building several small reservoirs instead of few mega projects.
- Develop small catchment dams and protect wetlands.
- Soil management, micro catchment development and afforestation permits recharging of underground aquifers thus reducing the need for large dams.
- Treating and recycling municipal waste water for agricultural use.
- Preventing leakages from dams and canals.
- Preventing loss in Municipal pipes.
- Effective rain water harvesting in urban environments.
- Water conservation measures in agriculture such as using drip irrigation.
- Pricing water at its real value makes people use it more responsibly and efficiently and reduces water wasting.
- In deforested areas where land has been degraded, soil management by bunding along the hill slopes and making 'nala' plugs, can help retain moisture and make it possible to re-vegetate degraded areas.

Managing a river system is best done by leaving its course as undisturbed as possible. Dams and canals lead to major floods in the monsoon and the drainage of wetlands seriously affects areas that get flooded when there is high rainfall.

**Dams:** Today there are more than 45,000 large dams around the world, which play an important role in communities and economies that harness these water resources for their economic development. Current estimates suggest some 30-40% of irrigated land worldwide relies on dams. Hydropower, another contender for the use of stored water, currently supplies 19% of the world's total electric power supply and is used in over 150 countries. The world's two most populous countries – China and India – have built around 57% of the world's large dams.

### **Dams problems**

- Fragmentation and physical transformation of rivers.
- Serious impacts on riverine ecosystems.
- Social consequences of large dams due to displacement of people.
- Water logging and salinisation of surrounding lands.
- Dislodging animal populations, damaging their habitat and cutting off their migration

routes.

- Fishing and travel by boat disrupted.
- The emission of green house gases from reservoirs due to rotting vegetation and carbon inflows from the catchment is a recently identified impact.

Large dams have had serious impacts on the lives, livelihoods, cultures and spiritual existence of indigenous and tribal peoples. They have suffered disproportionately from the negative impacts of dams and often been excluded from sharing the benefits. In India, of the 16 to 18 million people displaced by dams, 40 to 50% were tribal people, who account for only 8% of our nation's one billion people.

Conflicts over dams have heightened in the last two decades because of their social and environmental impacts and failure to achieve targets for sticking to their costs as well as achieving promised benefits. Recent examples show how failure to provide a transparent process that includes effective participation of local people has prevented affected people from playing an active role in debating the pros and cons of the project and its alternatives. The loss of traditional, local controls over equitable distribution remains a major source of conflict.

In India, a national assessment of dam projects cleared in the 1980s and 90s shows that in 90% of cases the project authorities have not fulfilled the environmental conditions under which environmental clearance was given by the GOI under the EPA of 1986.

### **Sardar Sarovar Project**

The World Bank's withdrawal from the Sardar Sarovar Project in India in 1993 was a result of the demands of local people threatened with the loss of their livelihoods and homes in the submergence area. This dam in Gujarat on the Narmada has displaced thousands of tribal folk, whose lives and livelihoods were linked to the river, the forests and their agricultural lands. While they and the fishermen at the estuary, have lost their homeland, rich farmers downstream will get water for agriculture. The question is why should the local tribals be made homeless, displaced and relocated to benefit other people? Why should the less fortunate be made to bear the costs of development for better off farmers? It is a question of social and economic equity as well as the enormous environmental losses, including loss of the biological diversity of the inundated forests in the Narmada valley.

### **Activity 4:**

**How much water is needed by one person? Several international agencies and experts have proposed that 50 liters per person per day covers basic human water requirements for drinking, sanitation, bathing and food preparation. Estimate your average daily consumption.**

### **c) Mineral Resources**

A mineral is a naturally occurring substance of definite chemical composition and identifiable physical properties. An ore is a mineral or combination of minerals from which a useful substance, such as a metal, can be extracted and used to manufacture a useful product.

Minerals are formed over a period of millions of years in the earth's crust. Iron, aluminum, zinc, manganese and copper are important raw materials for industrial use. Important non-metal resources include coal, salt, clay, cement and silica. Stone used for building material, such as granite, marble, limestone, constitute another category of minerals. Minerals with special properties that humans value for their aesthetic and ornamental value are gems such as diamonds, emeralds, rubies. The luster of gold, silver and platinum is used for ornaments. Minerals in the form of oil, gas and coal were formed when ancient plants and animals were converted into underground fossil fuels.

Minerals and their ores need to be extracted from the earth's interior so that they can be used. This process is known as mining. Mining operations generally progress through four stages:

- (1) Prospecting: Searching for minerals.
- (2) Exploration: Assessing the size, shape, location, and economic value of the deposit.
- (3) Development: Work of preparing access to the deposit so that the minerals can be extracted from it.
- (4) Exploitation: Extracting the minerals from the mines.

In the past, mineral deposits were discovered by prospectors in areas where mineral deposits in the form of veins were exposed on the surface. Today, however, prospecting and exploration is done by teams of geologists, mining engineers, geophysicists, and geochemists who work together to discover new deposits. Modern prospecting methods include the use of sophisticated instruments like GIS to survey and study the geology of the area. The method of mining has to be determined depending on whether the ore or mineral deposit is nearer the surface or deep within the earth. The topography of the region and the physical nature of the ore deposit is studied.

Mines are of two types – surface (open cut or strip mines) or deep or shaft mines. Coal, metals and non-metalliferous minerals are all mined differently depending on the above criteria. The method chosen for mining will ultimately depend on how maximum yield may be obtained under existing conditions at a minimum cost, with the least danger to the mining personnel.

Most minerals need to be processed before they become usable. Thus 'technology' is dependent on both the presence of resources and the energy necessary to make them 'usable'.

**Mine safety:** Mining is a hazardous occupation, and the safety of mine workers is an important environmental consideration of the industry. Surface mining is less hazardous than underground mining. Metal mining is less hazardous than coal mining. In all underground mines, rock and roof falls, flooding, and inadequate ventilation are the greatest hazards. Large explosions have occurred in coal mines, killing many miners. More miners have suffered from disasters due to the use of explosives in metal mines.

#### **CASE STUDY**

**Sariska Tiger Reserve, Rajasthan** The Forest Department has leased land for mining in the Sariska Tiger Reserve area by denotifying forest areas. The local people have fought against the mining lobby, and have filed a Public Interest Litigation in the Supreme Court in 1991. Rajendra Singh, secretary of TBS, points out that as many as 70 mines operate in close proximity to the forest.

Mining poses several long-term occupational hazards to the miners. Dust produced during mining operations is injurious to health and causes a lung disease known as black lung, or pneumoconiosis. Fumes generated by incomplete dynamite explosions are extremely poisonous. Methane gas, emanating from coal strata, is hazardous to health although not poisonous in the concentrations usually encountered in mine air. Radiation is a hazard in uranium mines.

**Environmental problems:** Mining operations are considered one of the main sources of environmental degradation. The extraction of all these products from the lithosphere has a variety of side effects. Depletion of available land due to mining, waste from industries, conversion of land to industry and pollution of land, water and air by industrial wastes, are environmental side effects of the use of these non-renewable resources. Public awareness of this problem is of a global nature and government actions to stem the damage to the natural environment have led to numerous international agreements and laws directed toward the prevention of activities and events that may adversely affect the environment.

Today our food comes almost entirely from agriculture, animal husbandry and fishing. Although India is self-sufficient in food production, it is only because of modern patterns of agriculture that are unsustainable and which pollute our environment with excessive use of fertilizers and pesticides. The FAO defines sustainable agriculture as that which conserves land, water and plant and animal genetic resources, does not degrade the environment and is economically viable and socially acceptable. Most of our large farms grow single crops (monoculture). If this crop is hit by a pest, the entire crop can be devastated, leaving the farmer with no income during the year. On the other hand, if the farmer uses traditional varieties and grows several different crops, the chance of complete failure is lowered considerably. Many studies have shown that one can use alternatives to inorganic fertilizers and pesticides. This is known as **Integrated Crop Management**.

**World food problems:** In many developing countries where populations are expanding rapidly, the production of food is unable to keep pace with the growing demand. Food production in 64 of the 105 developing countries is lagging behind their population growth levels. These countries are unable to produce more food, or do not have the financial means to import it. India is one of the countries that have been able to produce enough food by cultivating a large proportion of its arable land through irrigation. The Green Revolution of the 60's reduced starvation in the country. However many of the technologies we have used to achieve this are now being questioned.

- Our fertile soils are being exploited faster than they can recuperate.
- Forests, grasslands and wetlands have been converted to agricultural use, which has led to serious ecological questions.
- Our fish resources, both marine and inland, show evidence of exhaustion.
- There are great disparities in the availability of nutritious food. Some communities such as tribal people still face serious food problems leading to malnutrition especially among women and children.

These issues bring in new questions as to how demands will be met in future even with a slowing of population growth. Today the world is seeing a changing trend in dietary habits. As living standards are improving, people are eating more non-vegetarian food. As people change from eating grain to meat, the world's demand for feed for livestock based on agriculture increases as well. This uses more land per unit of food produced and the result is that the world's poor do not get enough to eat.

Women play an extremely vital role in food production as well as cooking the meal and feeding children. In most rural communities they have the least exposure to technical training and to health workers trained in teaching/learning on issues related to nutritional aspects. Women and girls frequently receive less food than the men. These disparities need to be corrected.

In India there is a shortage of cultivable productive land. Thus farm sizes are too small to support a family on farm produce alone. With each generation, farms are being subdivided further.

Poor environmental agricultural practices such as slash and burn, shifting cultivation, or 'rab' (woodash) cultivation degrade forests.

Globally 5 to 7 million hectares of farmland is degraded each year. Loss of nutrients and overuse of agricultural chemicals are major factors in land degradation. Water scarcity is an important aspect of poor agricultural outputs. Salinization and water logging has affected a large amount of agricultural land worldwide.

Loss of genetic diversity in crop plants is another issue that is leading to a fall in agricultural produce. Rice, wheat and corn are the staple foods of two thirds of the world's people. As wild relatives of crop plants in the world's grasslands, wetlands and other natural habitats are being lost, the ability to enhance traits that are resistant to diseases, salinity, etc. is lost. Genetic engineering is an untried and risky alternative to traditional cross breeding.

**Food Security:** It is estimated that 18 million people worldwide, most of whom are children, die each year due to starvation or malnutrition, and many others suffer a variety of dietary deficiencies.

The earth can only supply a limited amount of food. If the world's carrying capacity to produce food cannot meet the needs of a growing population, anarchy and conflict will follow. Thus food security is closely linked with population control through the family welfare program. It is also linked to the availability of water for farming. Food security is only possible if food is equitably distributed to all. Many of us waste a large amount of food carelessly. This eventually places great stress on our environmental resources.

A major concern is the support needed for small farmers so that they remain farmers rather than shifting to urban centers as unskilled industrial workers. International trade policies in regard to an improved flow of food across national borders from those who have surplus to those who have a deficit in the developing world is another issue that is a concern for planners who deal with International trade concerns. 'Dumping' of underpriced foodstuffs produced in the developed world, onto markets in undeveloped countries undermines prices and forces farmers there to adopt unsustainable practices to compete.

**Fisheries:** Fish is an important protein food in many parts of the world. This includes marine and fresh water fish. While the supply of food from fisheries increased phenomenally between 1950 and 1990, in several parts of the world fish catch has since dropped due to overfishing. In 1995 FAO reported that 44% of the world's fisheries are fully or heavily exploited, 16% are already overexploited, 6% are depleted, and only 3% are gradually recovering. Canada had to virtually close down cod fishing in the 1990s due to depletion of fish reserves.

Modern fishing technologies using mechanized trawlers and small meshed nets lead directly to overexploitation, which is not sustainable. It is evident that fish have to breed successfully and need to have time to grow if the yield has to be used sustainably. The worst hit are the small traditional fishermen who are no match for organized trawlers.

**Loss of Genetic diversity:** There are 50,000 known edible plants documented worldwide. Of these only 15 varieties produce 90% of the world's food. Modern agricultural practices have resulted in a serious loss of genetic variability of crops. India's distinctive traditional varieties of rice alone are said to have numbered between 30 and 50 thousand. Most of these have been lost to the farmer during the last few decades as multinational seed companies push a few commercial types.

This creates a risk to our food security, as farmers can lose all their produce due to a rapidly spreading disease. A cereal that has multiple varieties growing in different locations does not permit the rapid spread of a disease.

The most effective method to introduce desirable traits into crops is by using characteristics found in the wild relatives of crop plants. As the wilderness shrinks, these varieties are rapidly disappearing. Once they are lost, their desirable characteristics cannot be introduced when found necessary in future. Ensuring long-term food security may depend on conserving wild relatives of crop plants in National Parks and Wildlife Sanctuaries.

If plant genetic losses worldwide are not slowed down, some estimates show that as many as 60,000 plant species, which accounts for 25% of the world's total, will be lost by the year 2025. The most economical way to prevent this is by expanding the network and coverage of our Protected Areas. Collections in germplasm, seed banks and tissue culture facilities, are other possible ways to prevent extinction but are extremely expensive.

Scientists now believe that the world will soon need a second green revolution to meet our future demands of food based on a new ethic of land and water management that must be based on values which include environmental sensitivity, equity, biodiversity conservation of cultivars and insitu preservation of wild relatives of crop plants. This must not only provide food for all, but also work out more equitable distribution of both food and water, reduce agricultural dependence on the use of fertilizers and pesticides (which have long term ill effects on human wellbeing) and provide an increasing support for preserving wild relatives of crop plants in Protected Areas. Pollution of water sources, land degradation and desertification must be rapidly reversed. Adopting soil conservation measures, using appropriate farming techniques, especially on hill slopes, enhancing the soil with organic matter, rotating crops and managing watersheds at the micro level are a key to agricultural production to meet future needs. Most importantly food supply is closely linked to the effectiveness of population control programs worldwide. The world needs better and sustainable methods of food production which is an important aspect of landuse management.

**Alternate food sources:** Food can be innovatively produced if we break out of the current agricultural patterns. This includes working on new avenues to produce food, such as using forests for their multiple non-wood forest products, which can be used for food if harvested sustainably. This includes fruit, mushrooms, sap, gum, etc. This takes time, as people must develop a taste for these new foods.

#### **CASE STUDY**

Israel began using drip irrigation systems as it is short of water. With this technique, farmers

have been able to improve the efficiency of irrigation by 95%. Over a 20-year period, Israel's food production doubled without an increase in the use of water for agriculture.

In India, some traditional communities in urban and semi urban towns used to grow their own vegetables in backyards on wastewater from their own homes. Calcutta releases its waste water into surrounding lagoons in which fish are reared and the water is used for growing vegetables.

Medicines, both traditional and modern, can be harvested sustainably from forests. Madagaskar's Rosy Periwinkle used for childhood leukemia's and Taxol from Western Yew from the American Northwest as an anticancer drug are examples of forest products used extensively in modern medicine. Without care, commercial exploitation can lead to early extinction of such plants. Using unfamiliar crops such as Nagli, which are grown on poor soil on hill slopes is another option.

This crop grown in the Western Ghats now has no market and is thus rarely grown. Only local people use this nutritious crop themselves. It is thus not as extensively cultivated as in the past. Popularising this crop could add to food availability from marginal lands. Several crops can be grown in urban settings, including vegetables and fruit which can be grown on waste household water and fertilizers from vermicomposting pits. Several foods can be popularized from yet unused seafood products such as seaweed as long as this is done at sustainable levels. Educating women about nutrition, who are more closely involved with feeding the family, is an important aspect of supporting the food needs of many developing countries. Integrated Pest Management includes preserving pest predators, using pest resistant seed varieties and reducing the use of chemical fertilizers.

#### **e) Energy resources**

Energy is defined by physicists as the capacity to do work. Energy is found on our planet in a variety of forms, some of which are immediately useful to do work, while others require a process of transformation. The sun is the primary energy source in our lives. We use it directly for its warmth and through various natural processes that provide us with food, water, fuel and shelter. The sun's rays power the growth of plants, which form our food material, give off oxygen which we breathe in and take up carbon dioxide that we breathe out. Energy from the sun evaporates water from oceans, rivers and lakes, to form clouds that turn into rain. Today's fossil fuels were once the forests that grew in prehistoric times due to the energy of the sun.

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