# **CURRICULUM VITAE**

### Dr. GAURAV KUMAR



### Address:

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# Career Objective: -

Dedicated to the creation and nurturing of a lifelong passion for the health and fitness that will enhance individuals' wellbeing and wellness.

# Professional Qualification:

- Oualified UGC NET
- > Ph.D from D.A.V.V. Indore.
- ➤ M.PHIL (Sports Psychology) with 70.93% from LNIPE, Gwalior.
- M.P.E. (Master of Physical Education) with 66.3% from D.A.V.V. Indore.
- ➤ B.P.Ed with 73.75% from Nagpur University.
- ➤ B.sc. (Physical Education) with 63.81% from Delhi University.

# Academic Qualification:

- > 10th from CBSE board, (Delhi)
- > 12th from CBSE board, (Delhi)

#### Research Work:-

- > Ph.D Dissertation on "Construction of Computer based Programme for the Assessment and Interpretation of Competitive State Anxiety of National Players".
- > M.Phil Dissertation on "Construction of State Anxiety Questionnaire for Sports Officials" (Published).
- Master Degree Dissertation on "Construction of Knowledge Test on Track and Field Marking" (Published).

### Publications:-

- ➤ Paper Published on "Sports Management Approach to Professional Preparation" in the International Journal, "NSB Management Review", Volume 1, February 2009, ISSN 0974-3286
- ➤ Paper Published on "Construction of State Anxiety Questionnaire for Sports Officials" in the International Journal, "The Eternity", Volume II, January 2011, ISSN 09758690
- ➤ Paper Published on **"Burnout in Sports"** in the International Journal, <u>"The</u> Eternity", Volume II, January 2011, ISSN- 09758690
- ➤ Paper Presented on "Exercise Addiction Myth and Truth" in International Refereed Research Journal, "Chintan", Issue -12, October- December 2012, ISSN 2229-7227
- Paper Published and Presented on "The Indigenous Sports and Games; "An Approach Towards Holistic Development" in the International Conference/Proceedings on "<u>Futuristic Trends in Physical Education</u>", UGC Sponsored organized by Department of Physical Education; Punjabi University, Patiala, Punjab, Volume II, November 2012, ISBN 978-93-80144-71-9
- Paper Published on "Comparative Study of Emotional Intelligence of Deferent Team Game Plays" in the National Journal, "Indian Journal of Physical Education and Sports Sciences", Volume-1, published by the Department of Physical Education and Sports Sciences, University of Delhi, July 2013, ISSN- 2320-7981
- Paper Published on "Construction of Knowledge Test o Track and Field Marking for Physical Education Students" in the International Refereed Research Journal, "Hindu", Volume- II, January 2014, ISSN- 2348-0114
- Paper Published on "Analysis of Knee Injuries in Different Sports by Using 3T. MRI Technique in India" in the <u>International Journal of Physical Education and Sports Sciences</u> (Internationally Indexed Peer Reviewed and Refereed Journal, IMPACT FACTOR: 0.908) Vol. VII, January 2015, ISSN 2231-3745

### Conferences, Seminars and Workshops Attended:-

- ➤ International Conference on Futuristic Trends in Physical Education, "UGC Sponsored" at Department of Physical Education, Panjabi University, Patiala, Punjab (India).
- > Participated in Workshop in Hansraj College, University of Delhi on Shooting.
- Participated in Sports Management A Capacity Building Workshop
   Organized by Australian Trade Commission and Confederation of Industries.

- ➤ International Conference on Sports Economics and Vision of London

  Olympics 2012 organized by Delhi University Sports Council, University of Delhi.
- > Participated in one day Seminar on "Role of Physical Education and Sports in Nation Building" organized by IGIPESS, University of Delhi.

# Work Experience :-

- Working with Hansraj College, University of Delhi as an Assistant Professor since 25<sup>th</sup> August 2015
- ➤ Worked as an Assistant Professor Physical Education and Sports Sciences in GARGI COLLEGE (University of Delhi) July from 2012 to July 2015.
- ➤ Worked as **Sports Officer with New Delhi YMCA from** 2008 to 2012.

### -: Declaration:-

I hereby declare that all the statement made in the curriculum vita are true complete and correct to best of my knowledge and belief.

Date:

Place: Delhi (Dr. GAURAV KUMAR)